



MILWAUKEE COUNTY
Department on Aging

**Milwaukee County Commission on Aging
Nutrition Council
July 27, 2021**

The Milwaukee County Commission on Aging Nutrition Council held its quarterly meeting on Tuesday, July 27, 2021. Members and attendees joined the virtual meeting, which was hosted on Microsoft Teams by connecting via videoconference or conference call option (computer or telephone). Attendance was taken verbally.

Nutrition Council Representatives:

Sally Lindner - Chair
Karyn Folden - Washington Park
Christine Jacobson – Warnimont/Kelly
Willie Eva Knox – Washington Park
Pat Lewandowski - Franklin
Jim Sampson – Milwaukee LGBT
Cindy Van Vreede – Milwaukee LGBT

Site Supervisors:

Jeffrey Downs – Franklin
Evelyn Fayne – Hart Park
Alice Love – Clinton Rose Park
Leticia Orozco – Wilson Park
Cheril Romero - UCC
Sonya Torres-Jackson - College Court
Song Xiong-Buck – MCC

Agency Representatives:

Lavelle Gill – Milwaukee Christian Center
Tom Gossett – Goodwill MOW

Guest Present:

Judy Roth – Wilson Park
SaRah Stinson

Milwaukee County Staff Present:

Michelle Allison
Debra Horton
Dan Idzikowski
Lorie O'Connor
Gaylyn Reske
Bekki Schmitt

I. CALL TO ORDER

Chair Sally Lindner welcomed the meeting attendees. The meeting was called to order at 1:30 p.m.

II. REVIEW AND APPROVAL OF THE NUTRITION COUNCIL MEETING MINUTES FROM APRIL 27, 2021

MOTION: Approve the April 27, 2021 Nutrition Council minutes as written.

ACTION: Unanimously approved Sampson Moved, Folden Second).

III. PROGRAM AND POLICY COORDINATOR: DAN IDZIKOWSKI

a. Advocacy Update:

Dan gave advocacy update on the Wisconsin State Budget. The budget was signed by the Governor with minor modifications. Some favorable action regarding Aging Network:

- ❖ Dementia Care Specialist expansion approved
- ❖ Medicaid Rates for Personal Care Workers & CNAs increase
- ❖ Increase in Alzheimer's Family and Caregiver Support Program
- ❖ Increase in Specialized Transportation Program

IV. COMMUNITY PROGRAM COORDINATOR: BEKKI SCHMITT

a. Wellness Program Update

Bekki shared with the group her team has been doing outreach events. Expanding their reach and awareness of services in the community. They are still looking for trained facilitators for *Stepping On Fall Prevention* wellness workshop. Participants will receive training and support to provide strategies for adults to help them live healthier lives. For more information call 414-289-6352.

Bekki announced to the group that she has a new Outreach and Information Coordinator that join her team. Her name is Michelle Allison, and she comes with a wealth of experience.

V. SENIOR DINING PROGRAM COORDINATOR: GAYLYN RESKE

a. Site Updates

Gaylyn introduce the new Dine Out program. This exciting program expansion adds local restaurants to enhance our list of Senior Dining offerings. Diners can choose from delicious and culturally diverse options while supporting minority-owned restaurants. It is a curbside pickup. We have four locations:

- ❖ Daddy's Soul Food & Grille serve lunch on Tuesdays and Thursdays.
- ❖ Orenda serve breakfast on Wednesdays.
- ❖ Antigua serve lunch on Wednesdays.
- ❖ Vientiane Noodle Shop serve lunch Thursdays.

Unfortunately, we received word that because of labor shortage Vientiane Noodle Shop will not continue with the program after August 12th.

b. Reopening Plans

Gaylyn shared with the group. All the vendors were provided with a checklist in July, in which they each needed to evaluate whether they could meet the guidelines for reopening. Most sites at that time indicated they would wait.

c. 2022-2024 Area Agency Plan Discussion: SMART Goal Formulation

A discussion was led by Gaylyn. There were handouts email to the nutrition council to get feedback on how to develop a plan to improve Milwaukee county for older adults. She is asking for input from the council to formulate goals for the three-year plan for Area Agency.

The OAA Nutrition Programs include the Congregate Nutrition Program and the Home-Delivered Nutrition Program. The purposes of these programs are to:

- Reduce hunger and food insecurity
- Promote socialization
- Promote health and well-being
- Delay adverse health conditions.

The intent is to make community-based nutrition services available to older adults who may be at risk of losing their independence and their ability to remain in the community. The OAA Nutrition Programs also provide a range of related services including nutrition screening, assessment, education, and counseling.

VI. OTHER BUSINESS BY THE NUTRITION COUNCIL

No new business from the audience.

VII. ADJOURN:

MOTION: Adjourn the meeting.

ACTION: Unanimous (Sampson, Van Vreed)

The Nutrition Council meeting was adjourned at 2:39 p.m. The next Nutrition Council Meeting is scheduled for October 26, 2021 at 1:30 p.m. (Virtual and Audio) in Microsoft Teams and via teleconference.

Respectfully Submitted,

Debra Horton
Secretarial Assistant