

National Fall Prevention Week 2021



Join us to stay strong and prevent falls!

Virtual Event

Monday, September 20

Facebook Live Kickoff Event

11am-12pm

Link to event available at <https://www.mcfpc.net/eventsclasses>

Free From Falls Resource Fair

Socially distanced events held outdoors

Tuesday, September 21

10am-12pm

Hart Park Senior Center

7300 W Chestnut St

Fall screenings



Free snacks!



Thursday, September 23

10am-12pm

Clinton Rose Senior Center

3045 N Martin Luther King Dr

**Vision and hearing
screenings**



Giveaways!



For more information visit **www.mcfpc.net**

nco
national council on aging

FallsFree CheckUp
YOU CAN PREVENT A FALL