



MILWAUKEE COUNTY
Department on Aging

**Milwaukee County Commission on Aging
Nutrition Council
January 19, 2021**

The Milwaukee County Commission on Aging Nutrition Council held its quarterly meeting on Tuesday, January 19, 2021. Members and attendees joined the virtual meeting, which was hosted on Microsoft Teams by connecting via videoconference or conference call option (computer or telephone). Attendance was taken verbally.

Nutrition Council Representatives:

Sally Lindner - Chair
Barbara Bechtel - Vice Chair
Mary Dickens - Indian Council
Debbie Dietzel - Warnimont/Kelly
Karyn Folden - Washington Park
Christine Jacobson – Warnimont/Kelly
Willie Eva Knox – Washington Park
Pat Lewandowski - Franklin
Jim Sampson – Milwaukee LGBT
Cindy Van Vreede – Milwaukee LGBT
Emma Williams – Elks Lodge
Trudy Zauner – Hart Park

Site Supervisors:

Jeffrey Downs – Franklin
Sylvia London-Jenkins – Washington Park
Alice Love – Clinton Rose Park
Leticia Orozo – Wilson Park
Cheril Romero - UCC
Sonya Torres-Jackson - College Court
Song Xiong-Buck - MCC

Agency Representatives:

Shannon Downie – Wilson Park
Michelle Drouillard- Goodwill MOW
Lavelle Gill – Milwaukee Christian Center
Tom Gossett – Goodwill MOW
Kate Hayden - SOA
Vevette-Hill Nwagbaroacha – McGovern

Milwaukee County Staff Present:

Debra Horton
Dan Idzikowski
Lorie O'Connor
Gaylyn Reske
Bekki Schmitt

I. CALL TO ORDER

Chair Sally Lindner welcomed the meeting attendees. The meeting was called to order at 1:30 p.m.

The Council took a moment of silence to acknowledge the passing of Casper Green. He was a devoted advocate for the seniors. He will be truly missed.

II. REVIEW AND APPROVAL OF THE NUTRITION COUNCIL MEETING MINUTES FROM OCTOBER 27, 2020

MOTION: Approve the October 27, 2020 Nutrition Council minutes as written.

ACTION: Unanimously approved Bechtel Moved, Van-Vreede Second).

III. MCDA PROGRAM AND POLICY COORDINATOR: DAN IDZIKOWSKI

a. Advocacy Updates: Mr. Idzikowski provided a few advocacy updates.

- Dan informed the Nutrition Council that the Division on Aging must develop their 2022-2024 Area Plan; this is a requirement by the State. The plan consists of Demographic analysis, needs analysis, and plan goals. The State provides a template for the aging units to follow to ensure all areas meet the needs of seniors in the County.
- Congress passed a new federal COVID-19 relief package: Coronavirus Response and Relief Supplemental Appropriations, or CRRSA, Act.
- The integration plan with DHSS was effective as of January 1, 2021 and we are now the Milwaukee County - DHHS Division on Aging.

IV. MCDA COMMUNITY PROGRAM COORDINATOR: BEKKI SCHMITT

a. Wellness and Intergenerational Program Update

Bekki shared with the group they are recruiting facilitators for *Stepping On Fall Prevention* wellness workshop. Participants will receive training and support to provide strategies for adults to help them live healthier lives. Trainings available Spring 2021. For more information call 414-289-6352.

- Division on Aging is partnering with Starns Early Childhood School and Serving Older Adults to foster intergenerational relationships. The goal is to engage both young and old, bridge the gap between generations and enable elders to share their wisdom and experience to nurture the young.
During COVID these will be virtual activities.

V. MCDA SENIOR DINING PROGRAM COORDINATOR: GAYLYN RESKE

a. Online Reservation System Pilot

The online dining reservation pilot was made possible through a COVID Relief fund emergency response grant related to technology and access for older adults during the pandemic. The process is complete, and we will be starting a small pilot with the Kelly Senior Center within the next month.

b. Menu and Site Updates

Gaylyn discussed the need to continue cold meals during the time in which we will continue curbside pick-up from the dining sites. We are partnering with a few minority restaurants and they will be offering gluten free lunch. In response to a question about gluten free meals option. Gaylyn suggested that the new Restaurant Model might be able to accommodate special dietary requests like Gluten Free and Vegetarian that our current Catering model has not been able to address.

c. Introduction of Nutrition Council Chair and Co-Chair nominees and election process

2021 Elections-We have four nominees for the upcoming election. Sally Lindner, Barbara Bechtel, Mary Killins, and Emma Williams are on the ballot. The election process is online. The ballot has been created as a Google Doc. It is confidential. You will only be allowed one vote. ***You have until 4:00pm on Tuesday, February 16th to submit your vote.***

VI. MCDA NUTRITION OUTREACH COORDINATOR: LORIE O'CONNOR

a. Announcement of Site Representatives

Lorie had shared with the group that each site was provided a form to report their Nutrition Council elections results. According to the bylaws, each site must have minimally one representative, a diner/volunteer that frequents a dining site minimally one time per week. Representatives are the voice and ears for our Nutrition program, advocating for other seniors.

b. Recipe contest announcement/updates

We are having a recipe contest. If you have a favorite side dish, salad or dessert that get raves reviews. This is the opportunity to share and submit your favorite recipe. Recipe submissions deadline is February 28, 2021. Winning recipes will be revealed March 15, 2021. The winning recipes will be featured on upcoming Senior Dining menus.

VII. OTHER BUSINESS BY THE NUTRITION COUNCIL

No new business from the audience.

VIII. OTHER BUSINESS BY THE PUBLIC

No new business from the public.

IX. ADJOURN:

MOTION: Adjourn the meeting.

ACTION: Unanimous (Lewandowski, Jacobson)

The Nutrition Council meeting was adjourned at 2:44 p.m. The next Nutrition Council Meeting is scheduled for April 27, 2021 at 1:30 p.m. (Virtual and Audio) in Microsoft Teams and via teleconference.

Respectfully Submitted,

Debra Horton
Secretarial Assistant