



MILWAUKEE COUNTY
Department on Aging

**Milwaukee County Commission on Aging
Nutrition Council
January 28, 2020**

The Milwaukee County Commission on Aging Nutrition Council held its quarterly meeting on Tuesday, January 28, 2020 at Washington Park Senior Center, 4420 West Vliet Street, Milwaukee, WI 53208.

Nutrition Council Representatives:

Sally Lindner – Chair
Barbara Bethel – Vice Chair
Pat Ceccato – Elks Lodge
Dennis Claas – Elks Lodge
Mary Dickens – Indian Council
John Hurley – Beulah Brinton
Sharon Johnson – College Court
Eva Knox – Washington Park
Will Newman, Jr. – Greater Life
Harold Oemig- Washington Park
Trudy Zauner – Hart Park

Agency Representatives:

Katherine Cochran – MCC Float
Michelle Drouillard – Goodwill
Lavelle Gill – Milwaukee Christian Center
Tom Gossett - Goodwill
Kate Hayden - SOA
Sharon Huizenga – MCC Float
Lorrie Pardo – SOA
Fauzia Qureshi – Muslim Health Center
Sonya Torres-Jackson, MCC Float
Cathy Wood – SOA
Susan Yee – Milwaukee Christian Center

Guest Present:

Gwendolyn Jackson

Site Supervisors:

Dianne Brown – St. Aloysius
Christie Carter – Milwaukee LGBT
Jeffery Downs -Franklin
Gloria Dupar – College Court
Ashley Falkins – Fernwood Court
Evelyn Fayne – Hart Park
Sylvia London-Jenkins – Washington Park
Alice Love – Clinton Rose Park
Ruth Mack - Elks Lodge
Debra McHatten - Dolan
Tina Moore – Convent Hill
Nettie Moss – Lapham Park
Cheril Romero – United Community Center
Delois Taylor – West Allis
Frank Schulz – Oasis
Song, Xiong-Buck– MCC

Milwaukee County Staff Present:

Andy Bethke
Debra Horton
Dan Idzikowski
Jill Knight
Lorie O'Connor
Gaylyn Reske
Bekki Schmitt

I. CALL TO ORDER

Chair Sally Lindner welcomed the meeting attendees. The meeting was called to order at 1:30 p.m.

II. REVIEW AND APPROVAL OF THE MEETING MINUTES FROM NOVEMBER 19, 2019

Minutes from November 19, 2019 were distributed, review, and approved as written with no further discussion.

III. MCDA PROGRAM COORDINATOR: GAYLYN RESKE

Mrs. Reske shared with the group the new changes on the menu.

a. Menu Updates

There will be new entrées items at the meal sites.

- Meatless Monday
- Taco Tuesday

b. Volunteer Recognition

There will not be a Volunteer Recognition dinner in May 2020. We will be recognizing the seniors that volunteer at the dining sites with a variety of gift cards to let them know how much we appreciate them and their service within Milwaukee County.

IV. CHAIR DISCUSSION: SALLY LINDNER

Ms. Lindner mentioned to the group we need Nutrition Council Representatives.

a. Nutrition Council Representatives

- Need a nutrition council rep from each site...If representative cannot attend, send alternative.

Reps are the voice and ears for our Nutrition program, advocating for other seniors. The duties of the Nutrition Council representatives are noted in the bylaws.

b. Additional Menu Suggestions

- Meat Lasagna
- Pub Burger
- Liver

V. MCDA NUTRITION OUTREACH COORDINATOR: LORIE O'CONNOR

a. Updates

Ms. O'Connor gave an update of outreach efforts at the dining sites:

Supplies:

- Brochures
- Diner Cards
- Lunch Tickets

Handout & Flyers:

- April Nutrition Council Report
- Survey One Pager
- Survey Comments: Site Specific
- Laminated Portions
- Laminated Foods
- New Transportation Flyer
- Memory Café

There were flyers that were shared with the group (please refer to the handouts that was provided at the meeting).

Diner's Feedback:

- 11 a.m. cut off time for reservations are too early.

Call Log Activity:

Ms. O'Connor gave an update since November meeting. She has received 382 calls from customers asking about the senior meal program and what services are provided. Total for the year is 1584 calls.

- Ms. O'Connor shared with the group some of her recent outreach events including:
 - **Outreach Tables and Presentations**
 - December 4th – Share the Love
 - December 17th – Meals on Wheels Ride-A-Long

VI. PRESENTATION: AGING RESOURCE CENTER – BEKKI SCHMITT, MCDA INFORMATION AND OUTREACH COORDINATOR

Mrs. Schmitt shared with the group the Milwaukee County Department on Aging provides a single point of access to services for people aged 60 and over. We offer a wide range of programs and services to meet the diverse needs of the older adults in our community.

- Senior Centers
- Seniors Dining
- Transportation
- Wellness programs
- Dementia Care
- Elder Abuse

- Information and Assistance
- Long term Care
- Meals on Wheels

VII. MCDA PROGRAM AND POLICY COORDINATOR: DAN IDZIKOWSKI

Mr. Idzikowski gave advocacy updates on Spring Primary Election and Senior Statesman program.

- The Spring Primary Election is Tuesday, February 18, 2020 for the Wisconsin State Supreme Court, and for local races such as Circuit Court Judge, County Executive, Municipal offices, and School Board.
- To find out where to vote, polling information or what is on your ballot, visit <https://myvote.wi.gov/en-us/>
- **Senior Statesman Program**
Mr. Idzikowski shared with the group; MCDA will be hosting the statesman program again to engage new advocates for county government. The event provides a unique opportunity for seniors to witness County government in action, meet with members of the Milwaukee County Board of Supervisors, observe a County Board Meeting. The program begins Wednesday, March 25, 2020 through Friday, March 27, 2020, and it is free of charge. Space is limited to 25 attendees.

VIII. OTHER BUSINESS BY THE NUTRITION COUNCIL

No new business from the audience.

IX. OTHER BUSINESS BY THE PUBLIC

No new business from the public.

X. ADJOURNMENT: The meeting was adjourned at 2:30 p.m.

The next Nutrition Council meeting is scheduled for Tuesday, April 28, 2020 at Washington Park Senior Center, 4420 West Vliet Street, Milwaukee, WI 53208.

Respectfully Submitted,

Debra Horton

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Secretarial Assistant

