

I'm Sick or Hurt

Where do I go for care?



BadgerCare Plus

If you are sick and need care that day...

Call your Doctor's Office



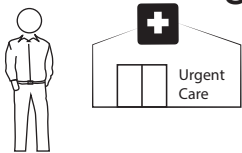
Many clinics have openings for patients who need care that day. Doctors are also on-call at night. Unless it is an emergency, this is the best place to get care.

Call the 24-Hour Nurseline at 1-877-257-5861



Talk directly to a nurse for free, 24 hours a day. Ask what to do for treatment or where to go for care.

Go to an Urgent Care Clinic

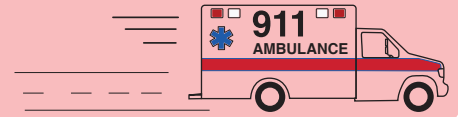


Urgent care clinics treat people the **same day**. They usually take **less time** than the emergency room.

You don't need an appointment. Call CCHP to find a clinic near you.

Make sure the clinic takes CCHP insurance before you get care.

If you have a medical emergency, Call 9-1-1.



Don't have any way to get to same day care?



You can get a ride for:

• Urgent Care



• Doctor appointments



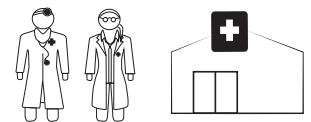
Call Medical Transportation Management at **1-866-907-1493**. You will be picked up in 3 hours or less.

You will need your ForwardHealth card number.



Urgent care clinics or your doctor can help with these:

- Earaches
- Back Pain
- Cough
- Sore Throat
- Sprains
- Migraines or Other Headaches
- Minor Eye Injuries
- Minor Injuries
- Minor Cuts
- Minor Burns
- Rashes
- Fevers



If you have a medical emergency, or your life is in danger:

Call 911

--OR--

Go to the
Emergency
Room



Some examples of an emergency:

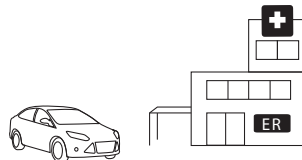
Call 911:

- Seizures
- Choking and turning blue
- Severe shortness of breath
- Bleeding a lot and won't stop
- Can't breathe, speak, move or see
- Feeling pressure on chest or left arm
- Part of body is suddenly weak or droops
- Someone will not wake up
- Severe neck, back or head injury
- Thinking of suicide or hurting someone
- Drug overdose and won't wake up
- Severe burn



Go to Emergency Room:


- Vomiting that won't stop
- Poison or drug overdose and still awake
- Throwing up blood



Only go to the Emergency Room if it is an emergency. It's the most expensive place to go when you're sick and usually takes the most time.

Important Contacts



 Put these numbers into your phone.

Insurance **Children's Community Health Plan**

Number: **800-482-8012**

Hours: **Monday - Friday, 8am - 5pm**

CCHP On-Call Nurseline



Number: **1-877-257-5861**

Medical Transportation Management (MTM, Inc.):



1-866-907-1493



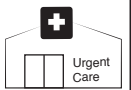
My Doctor: _____



Number: _____

Address: _____

Urgent Care: _____



Number: _____

Address: _____

My Pharmacy: _____



Number: _____

Address: _____