



Milwaukee County Department on Aging Nutrition Council February 19, 2019

The Milwaukee County Commission on Aging Nutrition Council held its quarterly meeting on February 19, 2019 at Washington Park Senior Center, 4420 West Vliet Street, Milwaukee, WI 53208.

Nutrition Council Representatives:

Sally Lindner – Council Chair
Gene Benjamin – South Milwaukee
Diane Brown – Beulah Brinton
John Lee - Asian American Center
Nancy Mess - Dolan
Harold Oemig- Washington Park
Julie Rasman – Beulah Brinton
Inez Rembert – Oasis
Mary Williams – College Court

Agency Representatives:

Michelle Drouillard - Goodwill
Karen Higgins – Milwaukee Christian Center
Vevette Hill-Nwagbaroacha- SOA
Sharon Huizenga - Unison
Eric Pampuch – Serving Older Adults
Jone Stromberg – Indian Council
Anna Wong - Asian American Center
Susan Yee – Set Ministry

Milwaukee County Staff Present:

Andrew Bethke
Debra Horton
Dan Idzikowski
Jill Knight
Beth Monrial Zatarski
Lorie O'Connor
Bekki Schmitt

Site Supervisors:

Sarah Bartram – Franklin
Colleen Benjamin – South Milwaukee
Jeffery Downs - Oasis
Gloria Dupar – College Court
Ashley Falkins – Fernwood Court
Evelyn Fayne – St. Aloysius
Terrance Gage – Arlington Court
Glenda Greenhill-Salinas – Beulah Brinton
Julia Guyton – Rose Park
Sylvia London-Jenkins – Washington Park
Ruth Mack - Elks Lodge
Brenda McCord – Greater Life
Debra McHatten – Dolan
Tina Moore – Convent Hill
Nettie Moss – Lapham Park
Trudy Ranallo – Wauwatosa/Hart
Cheril Romero – United Community Center
Frank Schultz – Oasis
Delois Taylor – West Allis
Maryanne Trenier – Warnimont/Kelly
Song Xiong- Buck - Milwaukee Christian Center

I. CALL TO ORDER

Chair Sally Lindner called the meeting to order at 1:34 p.m.

II. REVIEW AND APPROVAL OF MEETING MINUTES FROM TUESDAY, November 27, 2018

Minutes from November 27, 2018 were distributed, reviewed, and approved as written with no further discussion.

III. MILWAUKEE COUNTY DEPARTMENT ON AGING - "SENIOR MEAL PROGRAM UPDATES" DIRECTOR'S REPORT – BETH MONRIAL ZATARSKI

a. Nutrition Council Elections

Each site was provided a form to report their Nutrition Council elections results. According to the bylaws, each site must have minimally one representative, a diner/volunteer that frequents a dining site minimally one time per week. Site supervisors cannot be a nutrition council rep though they are expected to attend council meeting. Meal site supervisor follow the bylaw election rules and forward the names, addresses and phone numbers to their supervisor. Once recorded, this information should be sent to Senior Meal Program by March 5, 2019. Reps are the voice and ears for our Nutrition program, advocating for other seniors. The duties of the Nutrition Council representatives are noted in the bylaws.

b. Hall of Fame Nominations

Milwaukee County Department of Aging is now taking applications for the MCDA's Senior Citizen Hall of Fame. This event celebrates and honors one adult in Milwaukee County who have made significant volunteer contributions in the community. This event will take place May 30, 2019. Applications are available at the meeting. Deadline for submission is March 1, 2019.

c. Clarification of Policies; Groups Homes Coffee

Milwaukee County Department on Aging has taken the position that coffee served at the Senior Dining sites is intended only for seniors participating in the dining program. Participants attending other Senior Centers activities, not lunch need to seek coffee elsewhere.

There are no federal regulations, state laws or policies that require the elderly nutrition program to subsidize meals provided to residents of a group living home. If a group living home wants its residents to attend a dining center, the group home director and the nutrition director should attempt to work out an arrangement which may include supervision of clients while at dining centers, reservations, contributions toward cost of meal by residents, number of residents to attend dining center, etc.

The nutrition program may charge the group living home facility for the **total cost** of providing meals or other nutrition services to its residents and may set the

circumstances under which residents of a group living home may attend the dining center.

d. Volunteer Dinner May 30, 2019

Milwaukee County Department on Aging is hosting the Hall of Fame and the Volunteer Recognition Dinner which recognizes and highlights volunteer contributions from seniors within Milwaukee County. One person will be inducted into the Hall of Fame in 2019, along with volunteers from all 24 meal sites being invited to the event. The VRD will be held at Davians Conference Center on Thursday, May 30, 2019 at 4 p.m.

e. Site Supervision Contract – Karen Higgins

Karen Higgins gave an update that the 13 dining sites that were contracted by Unison will be under site supervision with Milwaukee Christian Center starting on March 1, 2019.

IV. UPDATES - LORIE O'CONNOR – NUTRITION OUTREACH COORDINATOR

Ms. O'Connor gave an update of outreaching for the dining sites:

Brochures

- New printing is being updated to reflect our new logo. Different size –no longer a tri-fold. May need a new display holder.

Handouts & Flyers:

- Holiday closures please be sure to remove the older version.
- Dine @ Five schedule every third Wednesday of the month.
- Aramark delivery times for Aramark sites only.
- New Window Clings –Signage for sites with new department logo.
- Food for Thought – Tri-fold board: Replace 2017 with 2018 site specific flyer
- Contact numbers for phone removed old one, out of date.
- Nutrition Council Report
- Comment cards

Monthly menus:

- Our goal is to have menus ready for print the first week of the month.

Call Log Activity:

- Compared to this time last year. Total calls in to the Senior Dining office are up 24 percent:
 - 2016: 212
 - 2017: 215
 - 2018: 266
 - 2019: 317

Upcoming events: Outreach Tables and Presentations

- Outreach table: Congregation Sinai on North Port Washington Road
- February 28th - Senior Olympics kickoff event
- March 15th – Super Senior Friday at Clinton Rose

V. INFORMATION AND OUTREACH COORDINATOR – BEKKI SCHMITT

Ms. Schmitt gave an update of transportation options:

a. Transportation Options

GoPass

- Financially eligible seniors (65 years or older) and persons with disabilities.
- Unlimited rides on the bus for \$2/day. With a multitude of routes, the Milwaukee County transit buses can take you throughout the county.
- Contact the Aging and Disability Resource Centers at (414)289-5800.

Able Transportation

- Individuals 60 years or older who are unable to ride the bus but still able to get on the van.
- Transit vans provide rides for medical and dental appointments for a fee of \$3 each way. Free rides to Senior Dining sites and for groceries.
- If you are a new rider, call the Aging Resource Center to enroll at (414)289-6874. Once you are enrolled, call (414)536-5800 to schedule your rides.

Transit Plus

- Individuals with a disabling illness or condition that prevents them from using the bus or Transit Express service. Must be verified by a doctor.
- Transit Plus vans have a lift feature which allows them to assist those with walkers or wheelchairs. Rides cost \$4 each way and must be scheduled in advance.
- To register call (414)343-1700.

b. Able Update

Milwaukee County Department on Aging has a new Transportation service. Able Access Transportation commenced services on January 1, 2019.

VI. PROGRAM POLICY COORDINATOR – DANIEL IDZIKOWSKI

Mr. Idzikowski introduced himself to the group as the Program Policy Coordinator and gave advocacy updates.

a. Public Policy Priorities

- **Direct Care Workforce Support** – Workers access to paid family and medical leave. To address workforce shortages in home and residential service setting and help agencies/providers to stay in business so older adults and people with disabilities have quality options to receive care where they want and need it.

- **Alzheimer family support program** – To support and recognize people caring for friends and family members as valued members of the care team and essential components of our health and long-term care systems.
- **Transportation funding** – To provide reliable, accessible, affordable transportation to help people stay independent.
- **Elderly benefit specialist** – To avoid further reductions in services and meet the increased demands for access to these highly trained experts helping older persons with the extensive and complicated paperwork that is often required in benefits programs.
- **Medicaid program expansion**- Increase the Medicaid reimbursement rate for personal care services, family care providers and residential services to direct additional resources to support increase wages for direct care work.

b. Advocacy Alerts

Will notified the group with emails on advocacy updates.

c. SNAP Elderly Simplified Application Program

The snap program is a federal nutrition program that helps you stretch your food budget and buy healthy food. The SNAP is Elderly Simplified Application Process (ESAP). It is a collection of policy and process changes that are attempting to dramatically streamline the SNAP enrollment process for households with no earned income or those that contain only senior and/or disabled individuals.

d. Newsletter article

There were newsletter articles that were shared with the group (please refer to the handouts that was provided at the meeting).

Senior Statesman Program

Mr. Idzikowski shared with the group, MCDA will be hosting the statesman program again to engage new advocates for county government. The event provides a unique opportunity for senior's to witness County government in action, meet with members of the Milwaukee County Board of Supervisors, observe a County Board Meeting. The program begin Wednesday, April 24, 2019 through Friday, April 26, 2019, and it is free of charge. Space is limited to 25 attendees.

VII. CHAIRPERSON'S REPORT – SALLY LINDNER

a. Group discussion results

Overall, the group discussion results is to have productive meetings by:

- Having shorter meetings.
- Provide nutrition outreach on handouts.

- Samples of vendor's food.
- Have input on menus, continue to have caterers at the meetings.
- Provide transportation if nutrition council representatives who do not have a way to the meetings.
- Provide incentives (gas cards, gift cards, etc.) to nutrition council reps to attend.
- Rotate site meetings. Diners for that site, who otherwise might not attend, will attend.
- Need a nutrition council rep from each site...If representative cannot attend, send alternative.

b. Future meeting proposals

Ms. Linder mentioned to the group having nutrition council meetings at different sites. We tried it in the past but it was not a big turnout.

VIII. OTHER BUSINESS BY NUTRITION COUNCIL REPRESENTATIVES

No new business from the audience.

IX. OTHER BUSINESS BY THE PUBLIC

No new business from the public.

X. ADJOURNMENT: The meeting was adjourned at 2:45 p.m.

➤ **Please note location change.**

The next Nutrition Council meeting is scheduled for Tuesday, May 21, 2019 at Clinton Rose Center, 3045 North Martin Luther King Jr. Drive, Milwaukee, WI 53212.

Respectfully Submitted,

Debra Horton

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Secretarial Assistant