



Milwaukee County Department on Aging Nutrition Council November 27, 2018

The Milwaukee County Commission on Aging Nutrition Council held its quarterly meeting on November 27, 2018 at Washington Park Senior Center, 4420 West Vliet Street, Milwaukee, WI 53208.

Nutrition Council Representatives:

Sally Lindner – Council Chair
Barbara Bechtel - Vice Chair
Gene Benjamin – South Milwaukee
Pat Ceccato – Elks Lodge
Dennis Claas – Elks Lodge
John Lee - Asian American Center
Nancy Mess - Dolan
Gordon Mineau – Beulah Brinton
Harold Oemig- Washington Park
Herbert Olson –Washington Park
Julie Rasman – Beulah Brinton

Commissioners Present

Patsy Delgado

Agency Representatives:

Rudy Baumann - Aramark
Michelle Drouillard - Goodwill
Tom Gossett - Goodwill
Sharon Huizenga - Unison
Laura Mecha - Aramark
Eric Pampuch – Unison
Sandy Smith-Dill - Unison
Anna Wong - Asian American Center
Susan Yee – Set Ministry

Site Supervisors:

Colleen Benjamin – South Milwaukee
Ashley Falkins – Fernwood Court
Evelyn Fayne – St. Aloysius
Terrance Gage – Arlington Court
Glenda Greenhill-Salinas – Beulah Brinton
Sylvia London-Jenkins – Washington Park
Ruth Mack - Elks Lodge
Debra McHatten - Dolan
Michael Nichols – Lapham Park
Delois Taylor – West Allis
Maryanne Trenier – Warnimont/Kelly
Denise Washington – College Court
Song Xiong- Buck - Milwaukee Christian Center

Milwaukee County Staff Present:

Andrew Bethke
Jill Knight
Beth Monrial Zatarski
Lorie O'Connor

I. CALL TO ORDER

Chair Sally Lindner called the meeting to order at 1:34 p.m.

II. REVIEW AND APPROVAL OF MEETING MINUTES FROM TUESDAY, August 28, 2018

Minutes from August 28, 2018 were distributed, reviewed, and approved as written with no further discussion.

III. MILWAUKEE COUNTY DEPARTMENT ON AGING - "SENIOR MEAL PROGRAM UPDATES" DIRECTOR'S REPORT - BETH MONRIAL ZATARSKI

a. New Initiatives

We will be opening a new dining site in December known as Muslim Community Center. Dine at Five will still continue from March 2019 through December 2019.

b. Nutrition Council Elections

Each site was provided a form to report their Nutrition Council elections results. According to the bylaws, each site must have minimally one representative, a diner/volunteer that frequents a dining site minimally one time per week. Site supervisors cannot be a nutrition council rep though they are expected to attend council meeting. Meal site supervisor follow the bylaw election rules and forward the names, addresses and phone numbers to their supervisor. Once recorded, this information should be sent to Senior Meal Program by December 31, 2018. Reps are the voice and ears for our Nutrition program, advocating for other seniors. The duties of the Nutrition Council representatives are noted in the bylaws.

c. Hall of Fame Nominations

Milwaukee County Department of Aging is now taking applications for the MCDA's Senior Citizen Hall of Fame. This event celebrates and honors one adult in Milwaukee County who have made significant volunteer contributions in the community. This event takes place annually in the month of May. Applications are available at the meeting. Deadline for submission is March 1, 2019.

d. December 6th - Nutrition Program Assessment

The state requires an assessment of the nutrition program every three years. It is a very thorough review that we are meeting Program Requirements. Paperwork is monitored for agencies we contract with. The State dietitian will visit one of the dining sites for lunch during her visit.

e. Share the Love - Each year Subaru of America sponsors a share the love event during the Christmas season. It starts November 15, 2018 through January 2, 2019. Milwaukee County Department on Aging ensures 1,400 meals on wheels are served daily to our homebound seniors. For every new Subaru vehicle sold or leased,

\$250.00 is donated by Subaru America to the charity of the buyer's choice. MCDA encourages buyers to select Meals on Wheels America.

f. Re-Registration Process Update

Mrs. Monrial-Zatarski gave an update on the diner reregistration process. Reregistration will start October 1, 2018, targeting the bigger meal sites. It is imperative to have the nutrition assessment completed. The Federal and State government provides the majority of funding for our meals and activities, therefore, we are required to collect annual participant data about who is benefitting from our program.

g. Survey Results

Survey results for 2018 have been compiled by the State. Over 803 people participated. Overall, the diners are very satisfied with the quality of the food and having a well-balanced meal. Majority said they eat better and it helps maintain and improve their health condition. Attending the program helps them live independently in their own homes. Most diners participate in the nutrition education opportunities offered at the meal site, a program requirement four times a year.

h. Reference flyers

There were reference flyers that was share with the group (*please refer to the handouts that was provided at the meeting*).

IV. UDATES - LORIE O'CONNOR – NUTRITION OUTREACH COORIDINATOR

Ms. O'Connor shared with the group some of her recent outreach events including:

- August 31st – Senior Celebration at the zoo
- September 7th – Project Concern
- September 13th – Open Door Café (812 North Jackson Cathedral of St. John)
- September 26th – Franklin Health Fair
- September 28th – Kelly Health Fair
- September 29th – Energy Assistance (6900 West Brown Deer Road)
- October – Absentee Ballot Deliveries
- October 4th – Oak Creek Health Fair
- October 25th – Fifty Plus
- November 9th – National Conference: Acute Care for the Elderly; Crown Plaza
- November 10th – South Milwaukee Holiday Bazaar
- November 14th – Milwaukee Pre-Retirement Event
- November 17th – Housing Resource Fair North Division

Upcoming Events:

- December – Share the Love
- State Assessment

- Getting our forms ready for 2019
- Phone Call Activity
- 331 calls from our August meeting to today

V. CATERER DISCUSSION; BARBARA BECHTEL, VICE CHAIR

In the interest of time, this was eliminated so there was sufficient time for group discussion.

VI. GROUP DISCUSSION FUTURE MEETINGS – SALLY LINDNER, CHAIR

The group broke into small groups for a discussion on three key questions. A summary of these discussions is listed below:

1. How can we improve the meetings?

- Shorter meetings
- Start and end on time
- Perhaps have nutrition outreach on handout

2. What would you like to see on future agendas?

- Samples of vendor's food.
- Input on menus
- More focus on the meal program
- Continue to have caterers at meetings
- Agenda topics: Space for notes
- Clarity on concerns and topics

3. What can we do to get better attendance of Nutrition Council Reps?

- Provide transportation if Nutrition Council Reps. do not have a way to get to meeting.
- Provide incentives (gas cards, gift cards, etc.) to nutrition council reps to attend.
- Need a nutrition council rep from each site...If representative cannot attend, send alternative.
- Explain council by-laws to diners and Nutrition Council Reps.
- Nutrition council reps are to advocate on behalf of their diners.
- Rotate site meetings. Diners for that site, who otherwise might not attend, will attend.
- Site managers should know when the Nutrition Council meetings are and inform their nutrition council representatives of the meetings.

VII. OTHER BUSINESS BY NUTRITION COUNCIL REPRESENTATIVES

No new business from the audience.

VIII. OTHER BUSINESS BY THE PUBLIC – No new Business from the public.

IX. ADJOURNMENT: The meeting was adjourned at 3:12 p.m.

The next Nutrition Council meeting is scheduled for Tuesday, February 19, 2019 at Washington Park Auditorium, 4420 West Vliet Street, Milwaukee, WI 53208.

Respectfully Submitted,

Debra Horton

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Secretarial Assistant