



Milwaukee County Department on Aging

Commission on Aging

September 28, 2018

I. CALL TO ORDER & ROLL CALL:

Chair, Barbara Wyatt Sibley, welcomed the Commissioners and meeting attendees. The meeting was called to order at 9:00 am at the Marcia Coggs Human Services Center, 1220 West Vliet Street, Milwaukee WI 53205.

Commissioners Present

Barbara Wyatt Sibley, *Chair*
Fred Knueppel, *Vice Chair*
Ronald Byington
Patsy J. Delgado
Debra Jupka
Jordan Luhr
Cesar Pabon
Charles Vang
Pastor Johnny C. White, Jr.

Commissioners Excused

Maria Castrejon-Pérez
Elizabeth Meyer-Arnold, R.N., M.S.
Bettie A. Rodgers, J.D.

Commissioners Not Present

Gladys M. Carroll-Weathersby

Milwaukee County Staff Present

Jon Janowski

Continued.....Milwaukee County Staff Present

Bekki Schmitt
Jill Klecha
Vonda Nyang

Guests Present

Neil Minogue, *State Office on Aging*
Thomas Gossett, *Goodwill*
Barbara Bechtel, *Advocacy Committee*
Casper Green, *Advocacy Committee*
James Kimble, *Advocacy Committee*
Gary Mikolajczyk
David Hoffman, *Wellness Committee*
Babette Honore, *Molina Healthcare*
Song Xiong-Buck, *Milwaukee Christian Center*
Matt Hayes, *Senior Law*
Tyler Kroll, *Community Care*
Patti Logsdon
Mary Till, *Life Navigators*
Judith Troestler
Jesse Barnes

II. APPROVAL OF THE AUGUST 24, 2018, MEETING MINUTES:

MOTION: To approve the August 24, 2018, COA meeting minutes

ACTION: Motion carried unanimously (Luhr **Moved**, Jupka **Second**).

III. REFLECTION – COMMISSIONER FRED KNUEPPEL

Commissioner Knueppel provided a reflection on his sister who he wanted to remember that was very helpful to the community, had passed away from a preventable disease. Only if his sister went to the doctor for regular check-ups, the disease could have been found and treated in the early stage.

IV. INFORMATIONAL ITEM: “WHIA Campaign – Help Yourself to Better Health, Bekki Schmitt, information & Outreach Coordinator, Milwaukee County Department on Aging:

- The “Help Yourself to Better Health” campaign’s purpose is to highlight the Wisconsin Institute of Healthy Aging, WIHA’s evidence-based programs. WIHA’s programs are designed to help adults take control in managing their health by utilizing education, participating in physical fitness, and socialization with others who are working towards the same goals.

- WIHA's research has shown that aging adults who are confident and proactive with their health live on the average of 7.5 years longer. WIHA's programs are Healthy Living with Diabetes, Powerful Tools for Caregivers, Living Well with Chronic Diseases, Walk with Ease, and Stepping On.
- MCDA has been promoting the "Help yourself to Better Health" campaign through MCDA's website and Facebook page, through 23 Senior Center dining sites, and mostly through County-owned Senior Centers. The promotion will end on May 29, 2019; however, the programs will continue as they are a part of MCDA's programming for seniors.

V. CONSENT AGENDA COMMITTEE/COUNCIL REPORTS:

- A. NUTRITIONAL COUNCIL (August 28, 2018)** *See Nutritional Council meeting minutes for August 28, 2018, (mailed and distributed) for a comprehensive explanation of topic/issue discussions.*
- B. EXECUTIVE COMMITTEE (September 10, 2018)** *See Executive Committee meeting minutes for September 10, 2018, (mailed and distributed) for a comprehensive explanation of topic/issue discussions.*

MOTION: To approve the Consent Agenda Committees and Councils meeting minutes.

ACTION: Motion carried unanimously (Luhr **Moved**, Jupka **Second**).

VI. EXECUTIVE DIRECTOR'S REPORT: Jon Janowski, Director of Administration

- **2019 County Budget:** The County Executive will be presenting the 2019 County Budget to the County Board on Monday. The proposed 2019 County Budget can be found under several areas of the County's website, and those areas are the County Legislative Information Center (CLIC), the County Executive's website, and or the County's Budget Office website. The County Board's reviewing schedule of the proposed 2019 Budget will take place throughout October. There will be a public hearing on October 29, 2018, that the public is invited to attend, and budget adoption will take place on November 5, 2018.
- **MCDA's Pilot Project Titled "Connecting Our Generations:** MCDA has an intergenerational project with Clinton Rose Senior Center and MPS's Brown Street Academy students titled "Connecting Our Generations." Once a month, starting in July 2018 thru May 2019, students visit the Clinton Rose Center to engage in activities with the seniors. Last month the seniors and children learned about history, discussed their similarities and differences, and cooked together.
- **"Better Aging Expo" a Benefits event:** In May 2019, MCDA will hold a "Better Aging Expo" event that will focus on housing and transportation resources for seniors. Bekki Schmitt, MCDA's Information and Outreach Coordinator, is the lead planner of this event. More information will be provided on this event at a later date.
- **Volunteer Recognition Event:** MCDA has started planning the 2019 Volunteer Recognition Event scheduled for May 30, 2019. This event is a combination of the Department's Senior Hall of Fame and efforts to recognize its senior dining volunteers. More information will be provided on this event at a later date.
- **Department vacancies:** MCDA has a few Human Service Worker vacancies, plus one Access Unit Supervisor vacancy and soon it will have one Information & Assistance (I & A) Coordinator vacancy. All of these positions are important for the operations of the Aging Resource Center. The I & A Coordinator will be retiring next week, so the department hopes to find a replacement soon.
- **Acknowledgement:** Steven Peterson, Information & Assistance Coordinator, will be retiring next week. On behalf of the Executive Director and Director of Administration and all MCDA staff,

Mr. Peterson was thanked for his exceptional 18 years of service to the Department and to the county as a whole.

- **MOTION:** Send a Letter of recognition and congratulations to Steven Peterson for his 18 years of service in the Department on Aging
ACTION: Motion carried unanimously (Jupka **Moved**, Vang **Second**).
- **MCDA Area Agency Plan Update:** On Thursday, September 27, 2018, MCDA's Area Agency Plan was submitted to the State Aging Office for review. The final draft of this plan will be forwarded to the Advisory Council for their final review and approval.

VII. COUNTY SUPERVISOR REPORT: No Supervisors Report

VIII. STATE UPDATES: NEIL MINOGUE

- **National Family Caregivers Work Program** money allocations have been issued to Counties throughout the state as there was an increase for this Title III program. The National Family Caregivers Work Program was modeled by Wisconsin and a few other states Alzheimer's Family Caregiver Support program. The state Office on Aging hopes these two programs will continue to receive an increase in Federal Funding.
- **No Wrong Door Return on Investment grant:** The State Office on Aging's sister office, the Office for Resource Center Development, received a \$1.173 Million grant from the Administration on Community Living for the No Wrong Door Return on Investment grant.
- **MCDA Area Agency Plan:** MCDA's Area Agency Plan is currently being reviewed by the State. Mr. Minogue will receive feedback from his staff by October 12, 2018 and then forward feedback and comments to MCDA's Executive Director and Director of Administration.

IX. CHAIRPERSON'S REPORT: BARBARA WYATT SIBLEY, CHAIR

- a) **Reflections Calendar for 2019:** Commissioner Jupka will pass around a sign-up sheet at the November COA meeting for Commissioners to commit to providing a reflection at the 2019 Commission meetings. The Commissioners discussed various possible presentations that could possibly take place in 2019. The reflection/presentation calendar will be finalized in January 2019.
- b) **Purple folders:** The Executive Assistant will hand out purple folders to the Commissioners at the beginning of every COA meeting. These purple folders will have the meeting materials in the left side pocket which the Commissioners will take home with them, and the right-side pocket of the folder will hold reference materials that should remain in the folders after every meeting. The purple folders are to be returned to the Executive Assistant after the COA meetings.
- c) **Councils & Committees:** The Chair will be reviewing the committees and Councils member attendance, and request Committees and Councils Chairs to ensure there is diversity on their Committees/Councils.
- d) **Meeting Attendance expectations for 2019:** Chair Wyatt Sibley acknowledged Patsy Delgado for her outstanding attendance as she has attended every meeting this year so far. The Chair encouraged Commissioners to be present at all meetings. Commissioners should attend two-thirds (7-meetings) of the Commission meetings.

X. COUNTY EXECUTIVE UPDATE: Evans Gant, Director of Community Relations.

- **County Executive's Office:** There were two candidates that were being considered for Commission appointments. One candidate, Dr. Mitchell, has rescinded her appointment due to her schedule that will not allow her to commit at this time.

XI. COMMISSION ON AGING ANNOUNCEMENTS REGARDING UPCOMING EVENTS, ACTIVITIES, AND OPPORTUNITIES FOR SENIORS:

Public comment regarding upcoming events, activities, and opportunities for older adults:

- **Commissioner Cesar Pabon** will receive the Roberto Hernandez Center Hispanic Heritage award on Friday, October 5, 2018, from 6:00pm-8:00pm.

Molina Healthcare Events: Babette Honore, Director of Community Engagement at Molina Healthcare of Wisconsin, announced a few upcoming partner events that they have with Milwaukee Health Services, Inc. (Flyers were distributed).

- **Silent Memories:** Friday, October 12, 2018, at MLK Heritage Health Center, 2555 N. MLK Drive, Milwaukee, WI 53212
- **Milwaukee Health Services, Inc., Seventh Annual Thanksgiving Dinner Giveaway & Health Screenings:** On Tuesday, November 20, 2018, from 2:00pm – 5:00pm., at 2555 N. MLK Jr. Dr., Milwaukee, WI.
- **Milwaukee Health Services, Inc., Holiday Dinner Giveaway:** On Thursday, December 20, 2018: from 1:00pm – 4:00pm, at the Isaac Coggs Heritage Health Center, 8200 W. Silver Spring Dr., 53218, Milwaukee, WI
- **Potawatomi Campus/Bingo:** The Indian Council of the Elderly provides a free meal on the first Friday of every month starting at 5:00pm.

Department comment regarding upcoming events, activities, and opportunities for older adults:

Milwaukee County Events:

- **Dine at Five:** Dine at Five is a new monthly dinner for seniors. The next dinner will be held on Wednesday, October 17, 2018, at the Elks Lodge located at 5555 W. Good Hope Rd. Those who want to attend must RSVP by calling (414) 760-3195. Dine at Five flyers will be posted in the County Senior Centers and on MCDA's website.
- **"Let's Talk Medicare"** event: The Let's Talk Medicare" event will take place on October 16, 2018, at Wilson Park Senior Center, from 9:00am – 11:00am (flyers were provided).

XII. ADJOURNMENT: Meeting Adjourned at 10:11 am

The next Commission on Aging meeting will take place on Friday, October 26, 2018, at 9:00 am at the Marcia Coggs Human Services Building, Conference Room 104, 1220 W. Vliet St., Milwaukee, WI 53205.

Respectfully submitted,



Vonda Nyang
MCDA Executive Assistant