



## **Milwaukee County Department on Aging Nutrition Council May 22, 2018**

The Milwaukee County Commission on Aging Nutrition Council held its quarterly meeting on May 22, 2018 at Wilson Park Senior Center, 2601 West Howard Avenue, Milwaukee, WI 53221.

### **Nutrition Council Representatives:**

Sally Lindner -Council Chair  
Barbara Bechtel -Vice Chair  
Gene Benjamin - South Milwaukee  
Pat Ceccato - Elks Lodge  
Dennis Claas - Elks Lodge  
Stephanie Jones - Arlington Court  
John Lee - Asian American Center  
Gordon Mineau - Beulah Brinton  
Inez Rembert - Oasis  
Arlene Washington - Arlington Court

### **Commissioners Present:**

Patsy Delgado

### **Agency Representatives:**

Michelle Drouillard - Goodwill  
Tom Gossett - Goodwill  
Eric Pampuch - Unison  
Anna Wong - Asian American Center  
Susan Yee - Set Ministry

### **Guest Present:**

Frank Salinas

### **Site Supervisors:**

Donna Arndt - Warnimont/Kelly  
Colleen Benjamin - South Milwaukee  
Anita Carter - Oasis  
Lula Chambers - Lapham Park  
Gloria Dupar - College Court  
Evelyn Fayne - St. Aloysius  
Terrance Gage - Arlington Court  
Glenda Greenhill-Salinas - Beulah Brinton  
Julia Guyton - Clinton Rose Park  
Ruth Mack - Elks Lodge  
Debra McHatten - Dolan  
Tina Moore - Convent Hill  
Mark Mulder - Hart Park  
Leticia Orozco - Wilson Park  
Cheril Romero - United Community Center  
Andrea Samuels-Scruggs - Lapham Park  
Delois Taylor - West Allis  
Denise Washington - College Court  
Song Xiong - Milwaukee Christian Center

### **Milwaukee County Staff Present:**

Andy Bethke  
Debra Horton  
Jill Klecha  
Beth Monrial-Zatarski  
Lorie O'Connor  
Carmen Pangilinan  
Bekki Schmitt

**I. CALL TO ORDER**

Chair Sally Lindner called the meeting to order at 1:35 p.m.

**II. REVIEW AND APPROVAL OF MEETING MINUTES FROM TUESDAY, FEBRUARY 27, 2018.**

Minutes from February 27, 2018 were distributed, reviewed, and approved as written with no further discussion.

**III. UPDATES - BEKKI SCHMITT - INFORMATION AND OUTREACH COORDINATOR**

**a. Website and Communication Workgroup**

Ms. Schmitt shared with the group that she is redesigning a new website for Milwaukee County Department on Aging and it will be easier to navigate, find information and resources. She will send out announcement when it goes live. She is currently looking for members for Communications and Awareness Workshop group.

**b. UPDATES -ADVOCACY - CARMEN PANGILINAN - PROGRAM POLICY COORDINATOR**

Ms. Pangilinan provided an update on the Farm Bill which was recently passed by the House of Representatives Agriculture Committee. This bill will effect older Americans who receive Foodshare benefits and it will bring on a hardship.

Ms. Pangilinan provided an update on the MCDA Area Plan 2019-2021 for the Nutrition Program.

- **Goal 1** - To investigate meal site improvement and sustainability, MCDA will assess meal site data from the past three years and produce a report with recommendations for future site improvement. Report will be shared with COA and Nutrition Council to provide review and to guide departmental decision making. Will be completed by March 31, 2019.
- **Goal 2**- To ensure improvement and sustainability of the home delivered meal program. MCDA will assess Home Delivered Meal data from the past three years and make recommendations to the COA and Nutrition Council by March 31, 2020.
- **Goal 3** - To improve the nutritional status of participants and to adopt a more holistic approach MCDA will educate participants on the eight dimensions of wellness on a monthly basis.

**c. OUTREACH UPDATES- LORIE O'CONNOR- NUTRITION OUTREACH COORDINATOR**

Ms. O'Connor shared with the group some of her recent outreach events including:

- Attended a party at Beulah Brinton for Marie Polaski who celebrated her 104<sup>th</sup> birthday.

- National Senior Fitness Day
- Age of Love presentation at UWM
- Stock box and Mobile Market at Washington Park Senior Center
- Midwest Food Service Expo.
- Super Senior Friday Health Fair
- Health Resource Fair at Wilson Park
- Outreach fair for Refugee
- Pre-Retirement session at the Zoo

Ms. O'Connor shared with the group some of the opportunities that are coming up:

- Dine at Five – Monthly, every third Wednesday at Elks Lodge beginning June 20
- June 13<sup>th</sup> – National Senior Fest Day
- July 3<sup>rd</sup> - Senior Fest Day at Summerfest
- Meal sites are in need of greeters to welcome new diners
- Update registration forms
- Need volunteers for pictures for website
- Redesigned gift certificates
- The results are in for 2017 surveys, one pager provided to group
- Last quarter, 325 calls were received from customers calling about the senior meal program asking what services are provided.

#### **IV. MILWAUKEE COUNTY DEPARTMENT ON AGING - "SENIOR MEAL PROGRAM UPDATES" DIRECTOR'S REPORT - BETH MONRIAL ZATARSKI**

- a. Review of dining policies** - The reservation policy was discussed with the group reminding them that reservations can only be made one day in advance. Too many diners are booking reservations up to a week in advance, often not showing up. This is an additional expense to the program when meals are ordered and left over. Diners are also responsible for bringing in their own containers from home for leftovers or extra food. The catering contract does not include the provision of containers by the caterer for this purpose, an additional expense which could potentially affect our meal cost. If you have questions or concerns refer to the diner manual.
- b. Van Riders** - We now have a process in place to track Transit Express Riders. Weekly, meal sites will need to track which diners use the van in addition to how often. A form is available for this purpose which should be submitted with weekly paperwork to MCDA. The eligibility for a rider must:
  - Be a resident of Milwaukee County
  - Be 60 years-of-age or older
  - Be able to walk, but unable to drive
  - Have difficulty using public transit

**c. Upcoming Events:**

- May 24th -Volunteer Recognition Dinner, fun and door prizes
- Christmas in July on the 25th
- Commissioners will be visiting dining sites

**d. Contributions; Gift Certificates**

- Mrs. Monrial-Zatarski informed the group contributions are down. She asked the group for help generating higher contributions to improve our averages and provide money that is reinvested in the program to keep the program at current service levels.
- Each year Subaru of America sponsors the share the love event during the Christmas season. This year the meals on wheels program received a **\$7,100** grant from Meals on Wheels of America as a result of the 2017- 2018 campaign.
- We are back to selling gift certificates at the discounted rate of four for \$10.00. Monthly donations were higher with this perk! When certificates are sold, it is imperative that the site where purchased is noted and date of sale. These certificates can be used at any of the dining sites, not just where purchased.

**V. CHAIRPERSON'S REPORT - SALLY LINDNER**

Sally held a moment of silence for Sieg Hausmann who died in April 2018. He was a previous site supervisor at Ascension Church, along with being a long-time volunteer for the dining program at many congregated dining sites. He will be greatly missed.

**VI. NUTRITION COUNCIL REPORTS - BARBARA BECHTEL, VICE CHAIR**

Ms. Bechtel provided highlights of the Senior Stateman program which was held on April 24th. The all day event provided 12 seniors the opportunity to meet with members of the Milwaukee County Board of Supervisors, observe a County Board meeting, and learn more about the legislative process in Milwaukee County along with how to become an effective advocate for our seniors.

**VII. OTHER BUSINESS BY NUTRITION COUNCIL REPRESENTATIVES**

No new business from the audience.

**VIII. OTHER BUSINESS BY THE PUBLIC**

Jill Klecha, Program Coordinator from MCDA shared with the group that the Milwaukee County Department on Aging will be honoring one individual at the Volunteer Recognition Dinner as the 2018 Hall of Fame recipient for their exemplary volunteer contributions to the community. This year recipient is James McCarty. The event will be held at Davian's Conference Center on Thursday, May 24, 2018 at 4 p.m.

IX. **ADJOURNMENT:** The meeting was adjourned at 3 p.m.

**Please Note Location: The next Nutrition Council meeting is scheduled for Tuesday, August 28, 2018 at 1:30 p.m. at Washington Park Senior Center, 4420 West Vliet Street, Milwaukee, WI 53208.**

Respectfully Submitted,

*Debra Horton*

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Secretarial Assistant