



Milwaukee County Department on Aging Advisory Council May 10, 2018

The Milwaukee County Commission on Aging Advisory Council held its quarterly meeting on May 10, 2018 at the Coggs Building, 1220 W. Vliet St., Room 104, Milwaukee, WI 53205

Commissioners Present

Bettie Rodgers- Chair

Virginia Zerpa

Council Members Present

Barbara Bechtel

David Hoffman

Karen Jackson

James Kimble

Krystina Kohler

George Liberatore

Milwaukee County Staff Present

Andy Bethke

Jill Klecha

Ayame Metzger

Carmen Pangilinan

Bekki Schmitt

Council Members Excused

Laura Engel

Ruth Bevenue

Vevette Hill

Tony Jones

Mary Till

Judith Troestler –Vice-Chair

Guests Present

Amy Crumble

Tony Jones

INFORMATIONAL ITEMS

I. CALL TO ORDER

Chair Bettie Rodgers called the meeting to order at 1:30 PM. Ms. Rodgers provided an introduction as the new Chair and shared that she is excited to move forward with the group. Everyone went around the room and provided a brief introduction. Ms. Pangilinan and Council members expressed thanks to Ms. Rocille McConnell for her many years of service to the Council and MCDA.

II. REVIEW AND APPROVAL OF MEETING MINUTES FROM THURSDAY, FEBRUARY 8, 2018

MOTION: Approve the minutes from February, 2018

ACTION: Motion carried unanimously

III. ACTION ITEM: ELECTION OF VICE-CHAIR

Ms. Pangilinan shared with the group that Judy Troestler was excused from the meeting today, however she expressed interest in the position of vice-chair and wanted to be considered for nomination. Ms. Troestler received a nomination from Mr. Hoffman and Mr. Liberatore and the group elected her as Vice-Chair.

MOTION: Approve the nomination of Ms. Judy Troestler as Vice-Chair of the Advisory Council (Hoffman moved, Liberatore seconded)

ACTION: Motion carried unanimously

IV. DISCUSSION ITEM: COMMUNICATION AND AWARENESS WORKGROUP UPDATE, GEORGE LIBERATORE, CHAIR

Mr. Liberatore reviewed the purpose of the Communication and Awareness Workgroup by explaining how the group helps Department staff work on and complete Area Plan goals which are related to communication, outreach and awareness with the goal of reaching all of the constituents who may benefit from MCDA services and programs.

Mr. Liberatore updated the group about his efforts to work with Brown Street Academy to connect older adults and young children to promote intergenerational understanding. There was a meeting in April and another in May and they were successful in bringing the groups together to work on projects together and spark conversation. The goal is to have the groups meet on a regular basis starting in fall. Mr. Liberatore's report led to a discussion related to the Intergenerational Council. There was a question of whether the group was still active and whether his initiative may fit into the goals of the Intergenerational Council. Ms. Rodgers informed the group that she heard the Intergenerational Council has been disbanded due to lack of participation. A discussion took place where several members of the group stated they would like to see Intergenerational Council start up again and shared that they felt less informed of Council and Committee activities since the Commission has moved to the consent agenda format. The group discussed making a motion for Ms. Rodgers to discuss reinstating the Intergenerational Council with the Chair of the Commission, but due to the fact it was not an action item on the agenda, this action was not allowable. Mr. Liberatore shared his opinion that he does not wish to do his project under the auspices of another committee or council, he likes how things are working at the present time and feels the structure of a committee or council would slow down the progress he has made. It was decided that Ms. Rodgers will follow up with the Chair of the Commission to verify the exact status of the Intergenerational Council and will share at the next meeting.

V. DISCUSSION AND ACTION ITEM: REVIEW OF APRIL 30 AREA PLAN PUBLIC HEARING AND 2019-2021 AREA PLAN DRAFT GOALS

Ms. Pangilinan provided an overview of the public input and planning that has gone into the development of the 2019-2021 Area Plan so far:

- Listening Sessions- 10
- In Person Interview of Older Adult- 1
- General Survey- 400 responses
- Caregiver Survey- administered at 2 caregiver appreciation events

- AARP Free Coffee Friday data was shared
- April 30 Public Hearing at Wilson Park Senior Center

Ms. Pangilinan reminded the group that there is another public hearing coming up on May 22 at Clinton Rose Senior Center at 9:30am and encouraged all to attend.

The group then went through the draft goals and discussed the responses received at the first public hearing as well as shared their input (please see copies with more detail). Highlights included:

- **Advocacy Related Activities-** the group would like to see the yearly training go beyond one day if at all possible.
- **Services in Support of Caregivers-** Ms. Jackson suggested that the proposed caregiver resource guide include some training in the area of resilience. Ms. Jackson also noted that she has information she can share related to this topic.
- **Services to People with Dementia-** Members suggested potential partners in putting together a summit including: Board on Aging and Long Term Care/Ombudsman Program and Wisconsin Alzheimer's Institute. Ms. Jackson also suggested that for the goal to train hospital staff to be dementia capable, it will be important to train auxiliary staff (social workers, discharge planners) in addition to medical staff.
- **Healthy Aging-** Mr. Hoffman proposed an alternate goal in the area of Healthy Aging: *"In order to increase the physical activity of older adults which has been proven to be essential for healthy aging, MCDA will staff a Coalition of physical activity programs and volunteers to increase and promote physical activities for seniors throughout Milwaukee County. The Coalition will utilize evidence based motivation strategies to maximize participation."* Mr. Hoffman stated that he sees staying physically active and socially engaged as the keys to staying healthy. He suggested using evidence based motivation techniques to get more people to participate.
- **Elder Justice-** Ms. Jackson offered her expertise and assistance with training for older adults on the topic of avoiding financial exploitation. The group suggested involving AARP as well.
- **Transportation-** Ms. Metzger shared some ideas of potential transportation models such as "one door, one call" and shared ride services. Ms. Kohler shared an initiative called Find a Ride that is similar to "one door, one call" and offered to discuss it further with Ms. Metzger. Ms. Metzger also discussed getting insurance companies to subsidize rides as a way to ensure patients get to appointments and thereby reducing likelihood of readmission and complications.

VI. ANNOUNCEMENTS

- Remember that the August and November meetings will be held at Washington Park Senior Center, not at the Coggs Center.

VII. ADJOURN

The meeting was adjourned at 3:01 PM. **The next quarterly Advisory Council meeting is scheduled for August 9, 2018, at 1:30 PM, at Washington Park Senior Center, Meeting**

Room 1, located at 4420 W. Vliet Street, Milwaukee, WI. PLEASE NOTE LOCATION CHANGE.

Respectfully submitted,

A handwritten signature in black ink that reads "Carmen Pangilinan". The script is cursive and fluid.

Carmen Pangilinan
Program and Policy Coordinator