



OFFICE OF THE COUNTY EXECUTIVE

Milwaukee County

CHRIS ABELE • COUNTY EXECUTIVE

DATE: November 29, 2011

TO: The Honorable Lee Holloway, Chairman, Milwaukee County Board of Supervisors

FROM: Chris Abele, County Executive

SUBJECT: **Appointment to the Commission for Persons with Disabilities**

Subject to the confirmation of your Honorable Body and pursuant to the provisions set forth in the General Ordinances of Milwaukee County, Chapter 73, I am hereby appointing Ms. Kathryn Zalewski to the Commission for Persons with Disabilities. Ms. Zalewski's term will expire on December 15, 2013. Her resume is attached for your review.

Your consideration and confirmation will be appreciated.

A handwritten signature in black ink, appearing to read "Chris Abele", written over a horizontal line.

Chris Abele
Milwaukee County Executive

cc: Supervisor Peggy West, Chairperson, Health and Human Needs Committee
Milwaukee County Board of Supervisors
Terry Cooley, Chief of Staff
Rich Ceschin, Research Analyst
Jodi Mapp, Committee Clerk
Don Natzke, Director, Commission for Persons with Disabilities
Kathryn Zalewski

CURRICULUM VITAE

KATHRYN ZALEWSKI

830 North 74th Street

PHONE: (414) 229-3367 office

(414) 795-4306 cell

E-MAIL: kzalewski@wi.rr.com

EDUCATION

University of Wisconsin - Milwaukee

Ph.D. – Motor Learning

2001

Dissertation: 'Age-Related Differences in Targeted Aiming'

University of San Francisco

1992

Master of Public Administration/Health Services Administration

University of Wisconsin - Madison

1986

Bachelor of Science - Physical Therapy

LICENSURE INFORMATION

Physical Therapy License Number 3086 (WI) - active

Physical Therapy License Number 15021 (CA) – active 1988-1998 (currently inactive)

EMPLOYMENT AND POSITIONS HELD: ACADEMIC EMPLOYMENT

2006 –
present

University of Wisconsin-Milwaukee, Milwaukee, WI

Assistant Professor – Human Movement Sciences/Physical Therapy
Program Director – Doctor of Physical Therapy Program

Inaugural Program Director for a new Doctor of Physical Therapy Program on a research intensive doctoral campus in the University of Wisconsin System. Full accreditation achieved from the Commission on Accreditation in Physical Therapy Education in 2010. This program represents the first professional doctorate on the UWM campus. To date the DPT at UWM has a 100% first time pass rate on the National Physical Therapy Licensing Examination.

2010 –
present

Commission on Accreditation in Physical Therapy Education

On-site reviewer for physical therapy program accreditation: Team Leader.

2002 – 2006

Concordia University Wisconsin, Mequon, WI

Associate Professor of Physical Therapy

Course instruction in physical therapy management of adults with primary neurologic dysfunction, motor control and skill acquisition, and statistics and research methodology in the entry level DPT and post-professional MS, PT and DPT programs. Participated in the development of the first post-professional Doctor of Physical Therapy program in Wisconsin.

2000 – 2002

Concordia University Wisconsin; Mequon, WI

Assistant Professor of Physical Therapy

1994 – 1999

Concordia University Wisconsin; Mequon, WI

Academic Coordinator of Clinical Education

Developed and implemented the clinical education curriculum for a new entry-level Doctor of Physical Therapy Program representing the first professional doctorate in this campus system. In conjunction with the Director of Physical Therapy,

established initial accreditation by the Commission on Accreditation in Physical Therapy Education and facilitated an expanded accreditation from the North Central Association of Colleges and Schools: Higher Learning Commission.

Spring 2001

University of Wisconsin – Milwaukee
Adjunct Assistant Professor – Human Kinetics

Course instructor for HK 478-461: Introduction to Motor Learning.

9/91 - 7/93

De Anza Community College PT Assistant Program: San Jose, CA
Adjunct Faculty

Course instructor for Introduction to Physical Therapy - PTHR 50

EMPLOYMENT AND POSITIONS HELD: CLINICAL EMPLOYMENT

1/2002 –
present

Kathryn Zalewski, PT, Ph.D. - LLC

Provider of home and community based rehabilitation services with an emphasis on wellness, health promotion, and exercise training for adults with central nervous system challenge including stroke, brain injury, multiple sclerosis and Parkinson's Disease.

9/95 – 2000

Healthreach; Milwaukee, WI

Independent contractor of Physical Therapy services for a provider of rehabilitation services to home health and skilled nursing facilities in the greater Milwaukee area.

4/92 - 12/93

Learning Services/Northern California; San Jose', CA
Lead Clinician

Responsible for staff development (Physical Therapy, Occupational Therapy, Speech Pathology, and non-licensed staff), budget development, program development and direct client care provision for the 3 Northern California Campuses: Berkeley, San Jose, and South Valley. The clinics specialize in post-acute rehabilitation for the client with acquired brain injury patient through providing inpatient residential, home centered, and outpatient therapies.

6/91 - 4/92

San Jose' Healthcare Center; San Jose', CA
Director of Rehabilitation

Responsible for the organization, development, marketing, and management of the Physical Therapy, Occupational Therapy, and Speech Therapy departments in a 152 bed Skilled Nursing Facility with 26 Medicare licensed rehabilitation beds.

1/88 - 6/91

San Jose' Medical Center; San Jose', CA
Center Coordinator of Clinical Education

Responsible for organization of Physical Therapist and Physical Therapist Assistant student internship programs at a 200 bed acute care medical center with 22 acute rehabilitation beds. Program responsibilities included staff development, staffing for the student program, and communication with academic institutions. Patient care responsibilities include the evaluation and treatment of patients in the medical center and on the rehabilitation unit with an emphasis in physical therapy management of clients with neurologic dysfunction.

11/86 – 12/87

St. Mary's Hospital; Milwaukee, WI
Staff Physical Therapist/Center Coordinator of Clinical Education

Responsible for the development of the Physical Therapist student internship program in addition to patient care responsibilities.

PEER REVIEWED PUBLICATIONS

- Zalewski K**, and Alt C (in review). Differential Diagnosis of Activity Barriers in Outpatient Physical Therapy. *Physical Therapy*.
- Zalewski, K** and Malzahn J (in review). Functional descriptors of intensity guide self-selected walking pace in older adults. *Journal of Geriatric Physical Therapy*.
- Zalewski, K** and Dvorak L (in press). Activity participation and barriers to activity participation for adults with and without stroke. *Topics in Stroke Rehabilitation*.
- Smith JC, **Zalewski K**, Motl R, VanHart M, Malzahn J (2010). The contributions of self-efficacy, trait anxiety, and fear of falling to physical activity behavior among residents of continuing care retirement communities. *Ageing Research (2)*:e3. doi:10.4081/ar2010.e3.
- Zalewski K**, Kerk J, Laundre K, Wacek A, Wiedmeyer M (2010). A case report exploring activity intensity in inpatient rehabilitation after stroke. *Case Reports in Medicine, 2010*. Electronic journal available at: doi:10.1155/2010/507476.
- Zalewski K**, Smith JC, Malzahn J, O'Connell D (2009). Measures of physical ability are unrelated to objectively measured physical activity behavior in older adults residing in continuing care retirement communities *Archives of Physical Medicine and Rehabilitation, 90(6)*: 982-986.
- Zalewski, K.** (2007). Revisiting outcomes in Multiple Sclerosis: A case report. *Journal of Neurologic Physical Therapy, 31(1)*, 40-45.
- Brusse, K., **Zalewski, K.**, Steffen T. S. (2005). Functional testing in persons with Parkinson's Disease. *Physical Therapy, 85(2)*, 134-141.
- Zalewski, K.**, Smith, P., Hart, B., Schot, P., Edejan, M. (1999). Modeling skill acquisition using time series analysis. *Measurement in Physical Education and Exercise Science, 2(6)*, pp. 107-123.

PEER REVIEWED SCIENTIFIC AND PROFESSIONAL PRESENTATION

- Duffy S, **Zalewski K** (in review). Physical Activity Intensity of Inpatient Stroke Rehabilitation is Related to Functional Outcome. Submitted to the American Physical Therapy Association Combined Sections meeting (February 2012).
- Zalewski K**, Meyer B, Alt C (in review). Promoting Physical Activity in the Older Adult after Discharge from Physical Therapy: Lessons Learned from Elite Performance. Submitted to the American Physical Therapy Association Combined Sections meeting (February 2012).
- Hornung N, Blackman S, **Zalewski K** (2011). Changes in Impairment and Functional Measures During Rehabilitation Following Unilateral Vestibular Loss: Investigation of the Gaze Stabilization Test. Wisconsin Physical Therapy Association Spring Conference.
This poster received first place in the juried competition for best original research.
- Zalewski K** (2011). I just want to make a sandwich: Experiences in stroke recovery. International Conference on Health Wellness and Society.
- Fruin A, **Zalewski K**, Snyder A (2010). Residential and community environments in physical activity in older adults. *American College of Sports Medicine Annual Conference, Poster Session, 2010*.
- Zalewski, K**, Johnson, S (2009). Differences in autonomous practice values and the practice environment for physical therapists. *International Conference on Direct Access, October 24, 2009*.
- Kuhn J, Mueller M, Tully R, Miles L, **Zalewski K.** (2009). Results of a brief intense bout of physical therapy intervention in a person with vestibular dysfunction: A case report. Wisconsin Physical Therapy Association Spring Conference.
This poster received first place in the juried competition for best case report.
- Deja J, Steinhorst C, VanderBloomen K, Wagner K, Malzahn J, **Zalewski K.** (2009). Perception of activity intensity in older adults. Wisconsin Physical Therapy Association Spring Conference.
This poster received first place in the juried competition for best research poster.
- Zalewski, K** (2009). Using the Environment to Increase Physical Activity Participation for Seniors in Community Care Retirement Facilities: Development and Use of the CCRC Health Index for Physical Activity Behaviors. *PT 2009 Annual Conference and Exposition for Physical Therapy*.
- Zalewski K**, Rud A, Johnson S (2009). Reimbursement priorities of the Wisconsin Physical Therapy Association. *American Physical Therapy Association, Combined Sections Meeting, 2009*.
- Smith, J C, **Zalewski, K**, Motl RW, O'Connell DL, Malzahn J. (2008) Relationships between self-efficacy and physical activity behavior among elders in an assisted living environment. Scientific abstract submitted for presentation at the Annual Meeting of the American College of Sports Medicine, 2008.

- Zalewski, K.,** Brown, E., Hanson, J., Fischer, L., Spector, A., (6/2006). Predictors of physical activity in adults with and without stroke. Submitted as a poster abstract to the APTA Annual Conference and Exposition: PT 2006.
- Zalewski, K.,** Kokott, W. (2005). The impact of exercise on quality of life in persons with disability: A pilot study. Presented at 2005 Combined Sections Meeting of the American Physical Therapy Association. Health Policy and Administration Section, New Orleans, LA.
- Wheeler A, **Zalewski, K.,** Nelson, R., Dvorak, L. (2005). Accuracy Of An Electronic Pedometer At Three Different Self-selected Walking Speeds. Presented at the 2005 American College of Sports Medicine Annual Conference. Abstract Number: 05-SA-1984-ACSM.
- Zalewski K,** Nelson R, Rimmer J (2004). The effects of aerobic conditioning in motor recovery post-stroke: a review of the evidence. *PT 2004 Annual Conference and Exposition for Physical Therapy.*
- Zalewski K,** Dvorak L (2004). Differential diagnosis in neurologic rehabilitation: Implications for practicing clinicians. *PT 2004 Annual Conference and Exposition for Physical Therapy.*
- Zalewski, K.** (10/2001). Motor control of aiming movements: Challenges to Modeling. Motor Development Research Consortium, Ann Arbor, MI.
- Schaidt, D, Petersen, C., and **Zalewski, K** (2004) Evidence in practice: The effect of strength training on muscle strength and disease activity in persons with rheumatoid arthritis. (Abstract). *Physical Therapy*, 84(9), PO-SI-59-TH.
- Schaidt, D, Falkenberg, S, Heller, P, and **Zalewski, K** (2004) Evidence in practice: Use of a systematic methodology for evaluating the current literature on the effect of passive stretching in adults with CNS dysfunction. *Physical Therapy*, 84(9), PO-SI-54-TH.
- Zalewski, K.** (6/98) "An Analysis of Collaborative Learning Models to Enhance Critical Thinking in Physical Therapy Students". Platform presentation, 1998 American Physical Therapy Association Scientific Exposition and Conference; Orlando, FL.
- Zalewski, K.** (6/98). Statistical Analysis of Individual Difference in Skill Acquisition. Poster presentation at NASPSPA National Conference, St. Charles, IL.
- Gerke, D., Langendorf, C., Timm, K., Koles, A., Mollinger, L., **Zalewski, K.** (2000). Forefoot measurements: Prone versus standing and rater reliability (Abstract). *Physical Therapy*, 80(5), PO-RR-30-TH.
- Wohlers, C., Kontney, L., **Zalewski, K.** (2000). A comparison of two clinical teaching models: The effect on the disposition toward critical thinking (Abstract). *Physical Therapy*, 80(5), PO-RR-13-TH.
- Zalewski, K.,** Smith, P., Hart, B., Schot, P., Edejan, M. (1998). Statistical analysis of individual differences in skill acquisition (Abstract). *Journal of Sport and Exercise Psychology (Supplement)*, 20, S98.

NON-PEER REVIEWED PUBLICATIONS

- Zalewski, K** (2006). Book review. Traumatic Brain Injury: Rehabilitative Treatment and Case Management, 2nd Edition, Ashley MJ (editor). *Physical Therapy*, 86:1173.

NON-PEER REVIEWED PRESENTATIONS

- Zalewski, K** (2006). Evidence in Pediatric Physical Therapy. Presented November 16, 2005 in conjunction with DPT 621 at Concordia University Wisconsin.
- Zalewski, K** (2005). Evidence Based Practice: Tools for Clinicians. Wisconsin Physical Therapy Association 2005 Spring Conference.
- Zalewski, K,** Baum JB, and Steffen, T (2000). Collaborative teaching: A model developed in teaching statistics in an entry-level Physical Therapy program. Presented to the faculty and staff of the Concordia University System (CUS) at Focus 2000; Minneapolis, MN.
- Zalewski, K.,** Dvorak, L, and Franks, C. (10/98). Motor Learning and Control. Wisconsin Physical Therapy Association 1998 Fall Conference.

FUNDED/IN REVIEW GRANT ACTIVITY

In Review Research Support

U. S. Department of Education – Investing in Innovation Scale Up Grant (84.411A)

Zalewski (PI) in review

This project begins to address issues of limited diversity of the physical therapy by supporting

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undergraduate pre-professional students of high need through community partnership to provide academic mentoring and purposeful development of professional identity formation.

Ongoing Research Support

American Physical Therapy Association - Health Policy and Administration Section

Zalewski (PI) 2009-2010

Recovery of physical abilities after stroke is strongly related to other health outcomes including risk of second events, additional comorbidities due to disuse and deconditioning, and infections. This project explores the impact of physical activity during early stages of inpatient rehabilitation after stroke.

University of Milwaukee-Graduate School Research Award

Zalewski (PI) 2009-2010

Stroke recovery is influenced by the goals and objectives of the survivor, his or her family, and the rehabilitation team. This project explores the values, beliefs, and hopes of each member of the recovery team through three phases of stroke recovery: inpatient rehabilitation, day treatment/outpatient therapy, and discharge from rehabilitation services.

Wisconsin Physical Therapy Association - Lynne Phillippi Geriatric Advocacy Fund

Zalewski (PI), Alt 2009-2010

The central goal of this project is to validate a tool to be used by physical therapists to assist in supporting exercise adherence.

Completed Research Support

Concordia University Wisconsin: Concordia Intramural Research Grant

Zalewski (PI) 2004-2005

Nature of project: To describe physical characteristics and perceived barriers to physical activity in 20 persons with stroke and 20 age-matched healthy counterparts.

Concordia University Wisconsin: Concordia Intramural Research Grant

Zalewski (PI) 2004-2005

Nature of project: To pilot test a pedometer designed to evaluate functional walking distance in persons with CVA.

Research Support Completed During the Last 3 Years

Center for Urban Population Health, Milwaukee, WI

Zalewski, Neighbors (Co-I) 2008-2009

The project objective was to develop and evaluate a tool to explore the health promoting behaviors of the Continuing Care Retirement Community. The tool will be used as a collaborative assessment process to facilitate continuous improvement in the residential living environment.

OTHER SCHOLARLY PRODUCTS:

Gennusco, KP (2010). Efficacy of the current guidelines for resistance training to improve physical function in older adults. Master's Thesis written to satisfy requirements for a Master of Science in Kinesiology – University of Wisconsin-Milwaukee. (committee member)

Wohlers, CA (2000). A comparison of two clinical teaching models: The effect on the disposition toward critical thinking. Supervised Master's Thesis written to satisfy requirements for a Master of Science in Physical Therapy from Concordia University Wisconsin. (committee chair)

MEMBERSHIP IN SCIENTIFIC AND PROFESSIONAL ORGANIZATIONS

Memberships and positions held:

American Physical Therapy Association/Wisconsin Physical Therapy Association: member 1986 - present

Vice President: Wisconsin Physical Therapy Association: 2007-2009

Secretary: Wisconsin Physical Therapy Association: 2003 – 2007

Member of the Section on Neurology

Member of the Section on Research
Member of the Section on Health Policy and Administration
Member of the Section on Education
Delegate to the House of Delegates: 2008-2009 (elected position, 2 year term)
*Nominated for Delegate beginning 2011 term. Elections 11/2010.
Society for Neuroscience: Member 2006 – 2010
Wisconsin Clinical Education Consortium: member 1994 - 2000
Chair: 1994 - 1997
Chair: 1997 National Clinical Education Conference Planning Committee: 1995 - 1997

CONSULTATIVE AND ADVISORY POSITIONS HELD

Agency: Commission on Education in Physical Therapy Education (CAPTE)
Role: On-site reviewer (Team Leader)
Duration: September 2010-present

Agency: The Ability Center/AFAR, Inc.
Role: Board Member
Duration: 2011- present

Agency: Federation for State Boards of Physical Therapy (FSBPT)
Role: Item bank writer
Duration: 2003-2004

COMMUNITY SERVICE

Agency: Children's Hospital Foundation, Wauwatosa, WI
Role: Co-chair of the Zalewski Family Endowed Fund for Neurology Care. Establish and provide ongoing fund-raising for the care and research of children with developmental disabilities affecting central nervous system development.
Duration: Fund established in 2003. Ongoing distributions to community researchers at Children's Hospital in excess of \$10,000.

Agency: Children's Hospital of Wisconsin, Wauwatosa, WI – advisory board informing the CHW Board of Directors
Role: Member Parent Advisory Council
Duration: September 2004 – 2006

Agency: Children's Hospital of Wisconsin, Wauwatosa, WI – advisory board informing the Children's Hospital Foundation, a fund-raising arm of CHW. Those with endowed funds are automatic members of this Society.
Role: Lamplighter Society Member
Duration: September 2004 – 2006

SERVICE TO THE UNIVERSITY/COLLEGE/SCHOOL ON COMMITTEES/COUNCILS/COMMISSIONS

Service to University of Wisconsin-Milwaukee

Department of Human Movement Sciences:

Search and Screen Committees:

Assistant/Associate Professor: Clinical Orthopedics (2010)
Clinical Assistant/Associate Professor (biomechanics/kinesiology) - 2008
Assistant/Associate Professor (exercise physiology/cardiopulmonary/health promotion): - 2007 (chair)
Director of Clinical Education: Physical Therapy – 2006 (co-chair)
Assistant/Associate Professor (neuroanatomist/anatomist) – 2006 (co-chair)

Department/College Committee Service (last 5 years)

Planning Committee: 2007-present

DPT Admissions Committee: 2008-2010

Consortial Administrative Committee: 2006 – present (co-chair)

HONORS AND AWARDS

Dean's Award for Service

College of Health Sciences – University of Wisconsin-Milwaukee

This award is given to recognize the ongoing service contributions of a member of the College of Health Sciences.

May 2011

Alumnus Honoris Award

Clintonville School District, Clintonville, WI

This award is given to an honored graduate of Clintonville Senior High School and represents the highest award a graduate from Clintonville High School. As part of this honor, I was able to be the commencement speaker for the graduating class of 2008.

June 2008

Mary Pay Murray Award for Clinical Excellence

Southeast District of the Wisconsin Physical Therapy Association

November 8, 2005