



## **NUTRITION ADVISORY COUNCIL MEETING MINUTES JULY 23, 2024**

The Nutrition Advisory Council members convened virtually on July 23, 2024. Members and attendees joined the virtual meeting, which was hosted on Microsoft Teams by video and conference call.

### **Members Present:**

Commissioner Cindy Van Vreede, Chair  
Jenice Kling – West Allis  
Dan Lagerman - Franklin  
Sally Lindner – Co-Chair  
Jim Sampson – Mke LGBT  
Douglas Tadeyeske - Kelly  
Gloria Webster – Washington Park  
Edith Whitten – Elks Lodge

### **Members Excused:**

Jeff Majchrzak – South Milwaukee

### **Staff Present:**

Debra Horton, DHHS  
Bailey Knutson, DHHS  
Lorie O'Connor, DHHS  
Gaylyn Reske, DHHS

### **Attendees from the Public**

Inadelle Crawford  
Michelle Drouillard (Goodwill)

## **MINUTES**

### **I. CALL TO ORDER AND ROLL CALL**

Chair Cindy Van Vreede welcomed the meeting attendees. The meeting was called to order at 1:30 p.m. DHHS – Aging Unit, Gaylyn Reske, Senior Meal Coordinator, took roll call.

### **II. REVIEW AND APPROVAL OF THE NUTRITION ADVISORY COUNCIL MEETING MINUTES FROM JANUARY 23, 2024, and April 23, 2024.**

MOTION: To accept the January 23, 2024, Nutrition Advisory Council meeting minutes.

ACTION: Motion prevailed by unanimous consent (Moved Lagerman, Second Sampson)

MOTION: To accept the April 23, 2024, Nutrition Advisory Council meeting minutes.

ACTION: Motion prevailed by unanimous consent (Moved Sampson, Second Tadeyeske)

### III. ACTION/ INFORMATIONAL/ DISCUSSION ITEMS

A. Action Item: Election of Nutrition Advisory Council Co-Chair, Chair Cindy Van Vreede

- Election was held for Nutrition Advisory Council Co-Chair and Sally Lindner was nominated for Co-Chair by Chair Cindy Van-Vreede. There were no other nominations for Co-Chair. Sally Lindner was confirmed as Co-Chair of the Nutrition Advisory Council by acclamation.

B. Discussion/ Action Item: Request by Goodwill Industries to raise suggested contribution rate from \$3.00 to \$4.00.

- Gaylyn Reske led the discussion with the group that there has been a request by our Meals on Wheels vendor Goodwill to consider raising the suggested contribution rate from \$3.00 to \$4.00 per meal.
- Gaylyn shared information with the group, stated after the end of this year, all of our supplementary COVID money will be spent out and we are not seeing increases in our funding.
- Our program is supported by Federal, State, and Older American Act dollars and Nutrition Supplemental program contributions.
- The Nutrition Advisory Chairperson Cindy Van Vreede and the Nutrition Members voted on increasing the Meals on Wheels suggested contribution rate from \$3.00 to \$4.00. The meal rate has not been increased since 2017.

MOTION: To raise the suggested Meals on Wheels contribution to \$4.00

ACTION: Motion prevailed by unanimous consent (Moved Sampson, Second Tadeyeske)

C. Discussion Item: Area Agency on Aging Plan Nutrition Goals for 2025 – 2027

- Every three years the Area Agency on Aging (AAA) comes up with an area plan that we submit to the state. The next AAA plan is for 2025 - 2027. We are required by the state to get feedback from the community. There were digital and paper surveys that were mail out to the Nutrition Council members and the seniors in the community.
  - There have been listening sessions, focus groups, and public hearings. The Council has gathered feedback from the surveys.

- We want to hear from you developing its 2025-2027 Aging Area Plan and we need your input. The plan will address services, opportunities, and goals to help all older adults live better lives. Help us make this plan the best for all Milwaukee County seniors. Share what we are doing well, what we could improve on, and what programs and services are present. Use your voice to shape the future for older adults in Milwaukee County!

**IV. Senior Dining Program Coordinator Report” Gaylyn Reske, RDN, CDN (Informational)**

- Gaylyn gave an update that Washington Park kitchen was scheduled to be remodeled at the end of July to include a cooking demonstration area. The participants would still receive meals, but in the Meals on Wheels packets. Also, the RFP for Zone 2 catering was scheduled to be released in August.

**V. NUTRTION ADVISORY COUNCIL MEMBER COMMENTS**

Menu items of concerned were discussed.

**VI. NUTRTION ADVISORY COUNCIL PUBLIC COMMENTS**

*No New Comments from Public*

**VII. ADJOURNMENT:** Meeting adjourned at **2:45 p.m.**

**Motion to Adjourn** (Moved Lindner /Lagerman Second).

The next Nutrition Advisory Council meeting is scheduled for October 22, 2024, at 1:30 p.m. a virtual meeting.

Respectfully submitted,

Debra Horton  
Secretarial Assistant