

Second Half 2023 Report to the  
Service Delivery Committee of the  
Commission on Aging  
Serving Older Adults  
Programming at the 5 County-  
Owned Senior Centers



# Please share a success from 2023.

## From Evidence -Based Training to Evidence -Based Trainer

After struggling with a knee injury, Mary attended PALS (Physical Activity for Lifelong Success) classes. She enjoyed the classes and saw such improvement with her knee, she was eager to become a facilitator in an effort to help others. She now facilitates both “Stand Up for Your Health” and “Stepping On” evidence-based classes at the centers.



# Please share a success from 2023.

## Technology Training at HACM

Thanks to funding from Milwaukee County DHHS Aging & Disability Services, we were able to provide technology training and iPads through SOA's Tech Connect for Older Adults program to 85 residents at Housing Authority City of Milwaukee (HACM) sites. The program continues in 2024 with additional participants being trained.



# Please share a challenge from 2023.

Due to the age and the condition of the senior center buildings, an increasing amount of SOA staff time is spent working with County Facilities Management and County Aging and Disabilities Services (ADS) staff to ensure the buildings are safe, warm and/or cool, and operational for participants, volunteers, staff, and visitors. We also work closely with the County Parks Department to help ensure parking lots and surrounding areas are safe and free from obstacles that may cause injury or harm to those who use the centers. This, although necessary and important, impacts time dedicated to programming.



# Report on 2023 Performance Objectives

Objective	Goal/Actual
SOA will host a minimum of 90 programs/workshops throughout 2023 that encompass the Eight Dimensions of Wellness.	90 / 91
SOA will report a minimum of 400 community outreach events in an effort to connect seniors to community resources.	400 / 506
SOA will create and disburse 20 publications to participants and the community at large to promote the senior centers and its activities.	20 /27



# Report on 2023 Performance Objectives

Objective	Goal/Actual
SOA will collaborate or partner with 10 new organizations across the 5 senior centers.	10 / 17
SOA will increase their number of unduplicated participants by 5% as compared to previous year-end statistics. This outcome will be tracked using ADS004 Demographics report and the increase will be reflected in the "Total New Participants" column on the ADS004 form.	6,085 / 3,481





# Report on 2023 Performance Objectives

Objective	Goal/Actual
SOA will host 5 evidence-based classes across the 5 senior centers. (Stepping On x3, Stand Up for your Health x5 and Boost Your Brain and Memory x5)	5 / 13
By December 2023, at least 85% of participants surveyed will respond that they believe that SOA activities have had a positive impact on their life during COVID-19.	85% / 86%
By December 2023, at least 85% of participants surveyed who engaged in at least one form of SOA's technology program will indicate they feel more comfortable using modern technology and have a sense of connection.	85% / 94%





# Report on 2023 Performance Objectives

Objective	Goal/Actual
By December 2023, at least 85% of participants surveyed will state that SOA provides relevant and quality outdoor, virtual and in-person programming.	85% / 95%
By December 2023, at least 85% of participants surveyed who have received some form of SOA's communications via newsletters, wellness calls, informational flyers, monthly magazines, social media, or email will state that they feel more informed about community resources and more connected to their senior center activities and programs.	85% / 90%
By December 2023, at least 85% of participants surveyed will state that SOA program activities help them combat isolation and maintain connection with other participants.	85% / 97%



# Funding Summary

• Total Agency Budget	\$1,723,517
• ADS original funding amount	\$ 892,867
• Percentage of agency budget	51.8%
• Contract spending	\$ 892,867
• Add'l ADS funding 6/23 for HACM project	\$ 100,000
• HACM contract spending	\$ 58,318



**Please share one service improvement or planned change for 2024.**

Our plan for 2024 is to analytically review programming at all five senior centers against the eight dimensions of wellness (emotional, occupational, intellectual, environmental, financial, social, physical, and spiritual) to ensure that all centers continue to offer programs that align with all 8 dimensions of wellness, making adjustments where needed.

