COUNTY OF MILWAUKEE

Inter-Office Communication

Date: November 7, 2022

To: Marcelia Nicholson, Chairwoman, Milwaukee County Board of Supervisors

From: Shakita LaGrant-McClain, Director, Department of Health and Human Services

Subject: A report from the Director, Department of Health and Human Services,

requesting authorization to execute a 2023 professional service contract totaling \$78,000 with Jennifer Lefeber to coordinate and facilitate Evidence-Based Disease Prevention and Health Promotion Programs (EBPP) for

older adults age 60 and older in Milwaukee County

File Type: Action Report

REQUEST

The Director, Department of Health and Human Services (DHHS) is requesting authorization to execute a \$78,000 contract with Jennifer Lefeber to coordinate and facilitate Evidence-Based Prevention Programs (EBPP) for older adults in Milwaukee County.

POLICY

Per Wisconsin Statutes, the Director of the Department of Health and Human Services is requesting authorization to execute these purchase of service contracts.

Wisconsin State Statutes:	59.52(31)
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BACKGROUND

The Older Americans Act funds a variety of programs to support services for older adults aged 60 and older. Title III-D of the Older Americans Act provides funding for programs that support healthy lifestyles and promote healthy behaviors among older adults through activities that address disease management, deliver evidence-7based health promotion and chronic disease and pain prevention. In Milwaukee County, a variety of evidence-based health promotion programs certified by the Wisconsin Institute for Healthy Aging (WIHA) are provided by local facilitators who are trained and supported by Jennifer Lefeber.

These WIHA programs include:

Healthy Living with Diabetes

- Healthy Living with Chronic Pain
- Living Well with Chronic Conditions
- Mind Over Matter
- Physical Activity for Lifelong Success
- Powerful Tools for Caregivers
- Stand Up & Move More
- Stepping On
- Walk With Ease

Goals for Wellness programs have been included in the 2022-24 Area Aging Plan, and these goals focus on increased outreach to communities of color and virtual offerings. In addition, the program facilitator funded through this contract assists with an annual MKE Wellness Symposium that brings together agencies and community partners working in the field of healthy aging. This Symposium strengthens the network of healthy aging providers in Milwaukee County and provides additional ideas to improve healthy aging for Milwaukee County residents.

ALIGNMENT TO STRATEGIC PLAN

This item is aligned to Milwaukee County's strategic plan given its particular emphasis on increasing the number of County contracts awarded to minority and women-owned businesses and investing "upstream" to address root causes of health disparities. The courses are directly in keeping with the Milwaukee County Department of Health and Human Services' strategy which targets population health and systems change.

RECOMMENDATION

It is recommended that the Milwaukee County Board of Supervisors authorize the Director, Department of Health and Human Services, to execute a professional service contract with Jennifer Lefeber at a total cost of \$78,000 from January 1, 2023 through December 31, 2023 to provide services to Milwaukee County's older adult residents.

FISCAL EFFECT

Funding for this service has been included in the DHHS 2023 Budget. This program is supported by funding from Title III-D of the Older Americans Act intended to support healthy lifestyles and promote healthy behaviors.

TERMS

This contract will be in place from January 1, 2023 to December 31, 2023.

VIRTUAL MEETING INVITES

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PREPARED BY:

Carrie Koss Vallejo, Program and Planning Coordinator, DHHS Aging and Disabilities Services

APPROVED BY:

Shakita LaGrant-McClain
Shakita LaGrant-McClain, DHHS Director

ATTACHMENTS:

None

cc: County Executive David Crowley

Sup. Liz Sumner, Chair, Finance Committee

Sup. Shawn Rolland, Chair, Health Equity, Human Needs, and Strategic Planning

Mary Jo Meyers, Chief of Staff, County Executive's Office

Kelly Bablitch, Chief of Staff, Milwaukee County Board of Supervisors

Janelle M. Jensen, Legislative Services Division Manager, Office of the County

Steve Cady, Research Director, Comptroller's Office

Lottie Maxwell-Mitchell, Fiscal & Management Analyst, DAS