

2022 DHHS Aging Unit Vendor Report



Evidence-Based Health & Wellness Programs

Together with our community partners, we offer wellness and prevention programs that promote healthy aging in areas including caregiving, chronic conditions, falls prevention, bladder & bowel health, physical activity, sedentary reduction and brain health. Most programs serve all adults 18+, however, some programs are for specific ages and genders.



Please share a success from the first six months of 2022.

- The ARPA funding we received this year has enabled us to extend the offer to cover training costs for all interested in becoming a facilitator for any of the evidence-based programs. The first half of the year saw 12 new facilitators trained in 3 of the programs.



Please share a challenge from the first six months of 2022.

- Filling workshops continues to be a challenge, as well as finding people interested in getting trained in some of the programs (ie. Healthy Living with Diabetes, Healthy Living with Chronic Pain, Powerful Tools for Caregivers)



Please tell us about your plans for the rest of the year.

- Continue to recruit community partners to take the facilitator trainings
- Ad campaign to promote the Stepping On falls prevention program in communities of color and underserved communities, which includes a mailer to specific zip codes, as well as print ads in community newspapers
- Connect with additional organizations in communities of color to expand the evidence-based programs



Progress on 2022 Performance Objectives

	Satisfactory Progress?
Increase # of completed workshops	25 completed to date
Increase # of clients served	251 served to date
Increase # of newly trained program facilitators	12 trained to date



Funding Summary:

Evidence Based Practices Programming

- Total Agency Budget=\$78,000
- ADS funding amount, and percentage of agency budget=\$78,000 (100%)
- Contract spending=\$78,000

