

2022 DHHS Aging Unit Vendor Report



Milwaukee Christian Center

Southeast Asian Nutrition & Community Outreach Site

- Since the 1990's, the Milwaukee Christian Center has targeted Milwaukee Southeast Asian Hmong and Lao older adults. Since 2018 MCC began working with newly resettled refugee older adults from Myanmar, all of whom demonstrate the "greatest economic and social need". In addition to Milwaukee Hmong, Lao and Burmese older adults, MCC's Older Adults Center also welcomes participants, ages 60+, of all ethnicities and backgrounds from across Milwaukee County.
- MCC's Nutrition and Community Outreach Site provides a core program that meets participants' nutritional needs, in addition addressing their health, socialization, educational and access to services.
- Ensuring continuity with participants during COVID-19 are met through -
 1. Providing a "grab & go" or delivered meal five days a week
 2. Wellness checks are conducted weekly via phone and home visits
 3. Distributing weekly resources such as - Arts & Crafts activities, Health & Nutrition Education, Community Resource Connections, Self-guided low impact exercise handouts and Supportive services (toiletries, socks, masks, fresh produce etc.)
 4. Posting instructional exercise videos online and/or one-on-one virtual exercise sessions.
 5. Partner hosting virtual ESL/Citizenship Preparation classes



Please share a success from the first six months of 2022.

Success –

- To improve mobility amongst our older adults, we secured an intern from Marquette University's Exercise Science Program to pilot one-on-one virtual exercise sessions once a week. She also created exercise videos that were posted online for our older adults use.
- In addition to promoting mobility through virtual exercise, we have been able to increase fellowship and socialization for 2-3 older adults per instance to exercise or walk in the park and/or go to the farmer's market when the weather is nice outdoors.



Please share a challenge from the first six months of 2022.

Challenges –

- Launching large group virtual classes continues to be a challenge due to the unfamiliarity and/or deficiency of technical savvy amongst our limited English speaking diners who, for the most part, have little to no prior formal education.
- Re-opening for in-person congregate dining. We do not have enough space indoors to accommodate 6 feet social distancing policy with the number of diners we currently have enrolled.
- Inflation along with supply chain issues has drastically increased the cost of food and disposables for “grab & go” lunches, ultimately raising our fundraising goals.



Please tell us about your plans for the rest of the year.

- MCC plans on continuing to provide healthy “curb-side” meals, along with our efforts in providing community outreach that targets the Southeast Asian older adults population in the county of Milwaukee.
- Our ultimate goal is to resume onsite dining and recreational activities by October 1st.



Progress on 2021 Performance Objectives

	Satisfactory Progress?
% of responding surveyed participants will state they are healthier because they take part in the center's fitness center, exercise classes, and/or health programming and screenings offered.	92%
% of the responding surveyed participants will state they are happier and more satisfied with their life because they come to the Senior Center.	93.3 %
% of responding surveyed participants will indicate a high level of customer satisfaction with the senior center and would recommend the senior center to a friend or family member.	100%



Funding Summary:

Milwaukee Christian Center

- Total Agency Budget
 - \$5,760,741
- MCDA funding amount, and percentage of agency budget
 - \$103,550 or 1.08%
- Contract spending
 - \$54,818 or 52.94%



