## **Bayside/Fox Point LX Club**

Ix club The Fox Point-Bayside LX Club is a place where seniors, 55 and older, in the North Shore can socialize and take part in activities such as playing cards, watching movies, bingo, entertainment, and more!

Village Hall, (414) 206-3915, 9075 N Regent Rd., Bayside, WI 53217

## **Brown Deer Senior Citizens Club**

The Brown Deer Senior Citizens Club is a social organization for Brown Deer residents 55 years and older. Membership is also open to non-residents. Meetings are held on the first and third Wednesdays of the month, starting at 1:15 p.m. at the Lois and Tom Dolan Community Center at 4355 W Bradley Road. Activities include:

Health Services
Legislative Activities
Service Programs
Senior Exercise
Senior Meal Program
Special Events
Tours and Travel

Annual dues are \$12 for residents and \$15 for non-residents. Dues are not currently being collected for the 2022 calendar year. If you are interested in joining the club, stop by one of the upcoming meetings!

With a rich history beginning in June of 1973, the Brown Deer Senior Citizens Club has operated under the Brown Deer Park and Recreation Department since its inception. There were 118 charter members and 7 committees to join. From league bowling to tour and travel along with a sunshine team to brighten your day, the club is still active in the Brown Deer community.

**The Franklin City Hall Community Room (9229 W. Loomis Road) hosts Senior Dining** — brought to you through the diligent work of the Franklin Senior Citizens and the Milwaukee County Department on Aging. To register or make a reservation call 414-427-7696.

# Glendale Senior Citizen's Club...open to seniors everywhere!

The Glendale Senior Citizen's Club was founded in 1973 and is open to all senior citizens in the area.

The club has speakers, lunches and picnics, day trips, theater outings, Brewers game trips, and several special interest groups (e.g., sheepshead, reading, bowling).

Annual dues are \$15. General meetings are held on the second Wednesday, September-May, in the club room in the basement of Glen Hills Middle School, 2600 West Mill Road. The phone number to the club is (414) 351-7160 x2138. There is no website for the club.

#### **Greendale Seniors**

The Greendale Senior Social Club is coordinated through the Greendale Park and Recreation Department and is open to seniors, ages 55 and older, from Greendale and surrounding areas. It is a tax supported entity of the Village of Greendale and Greendale Schools. The Greendale Senior Social Club strives to provide social and recreational activities to seniors. Activities include guest speakers, cards, movies, holiday celebrations, exercise, games, blood pressure screenings and games.

Meetings: Tuesdays and Fridays, 10:00 a.m. - 3:00 p.m.

St. Luke's Church – 6705 Northway

Annual Membership Dues: \$40 Greendale Residents, \$50 Non-Residents

#### **Greenfield Older Adults 55+**

The City of Greenfield Department of Parks and Recreation Active Older Adult Programs offer a wide variety of affordable leisure and recreation activities to keep you active in the community. Whether you are fully-retired, semi-retired, or still working, we offer something for everyone. We provide fitness opportunities, trips, special events, arts, social gatherings, luncheons, and services.

Gatherings include special events, themed activities, guest speakers and/or entertainment. A good opportunity to socialize with friends...old and new. Tickets may be limited due to COVID-19 restrictions which continue to change. Please call the office to find out if a luncheon is full before coming in to buy tickets. Gatherings are held in the Greenfield Community Center (7215 W. Cold Spring Rd), unless otherwise stated. For more information contact:

Morgan Kruger Greenfield Parks and Recreation, Recreation Program Coordinator (414) 329-5375, morgan.kruger@greenfieldwi.us

## **Shorewood Senior Resource Center**

The Senior Resource Center (SRC) promotes safe, healthy and enriching lifestyles for Shorewood residents age 60 and older. It serves as a connection point for senior services and programs and is actively working to make the community a better place to live for all ages.

Make us Your Resource for Resources

Our staff is available by telephone or in person to direct you to the best available resources to help meet your changing needs. We have the latest information to keep you up-to-date on important issues such as Medicare, Prescription D plans and staying active and safe in your home and community.

Shorewood Memory Cafe'

The Memory Café is a fun social opportunity for those living with memory loss along with their families and care partners. The Memory Café is meeting at Metro Market (4075 N Oakland Avenue) on the second Friday of the month, 10:30 - 11:30 am. For information about activities or our caregiver support group, contact 414-847-2727 or email src@shorewoodwi.gov.

For further information, please email Elizabeth Price, call 414-847-2727, or by writing her at the following address:

Elizabeth Price Shorewood Senior Resource Center 2010 E. Shorewood Blvd. Shorewood, WI 53211

### **South Milwaukee Grobschmidt Senior Center**

The seniors living in the south shore area had their wishes and prayers answered when the South Milwaukee Senior Center was opened and dedicated in February of 1982. All senior adults are invited and encouraged to attend this luncheon program. Participants need to be at least 60 years of age.

2424 15th Avenue South Milwaukee, WI 53172 Sandy Quinlan, Senior Center Director Email Sandy Quinlan Phone: 414-768-8045

Hours: Monday through Friday, 9 am to 4 pm

## **Wauwatosa Active Older Adults**

Ages 50+ One membership for both Civic Center Club and Hart Park Center. Take advantage of what both programs have to offer.

Activities include but not limited to: Cards (bridge, sheepshead and rummy), Friday lunches at the Club, daily lunch program at Center, Speaker and Special Events, Friday Afternoon at the Movies, Trips, Book Discussion, Exercise classes!!!

Civic Center Club: 7725 W. North Avenue 1st Floor Meeting Room Tuesdays, 9:00am-3:00pm Wednesdays, 11:00am-3:00pm Fridays, 9:00am-3:00pm

Phone: (414) 479-8900 ext. 5789

Hart Park Center: 7300 W Chestnut St

Hart Park, Muellner Bldg Mon – Thur: 8:00am-4:00pm Fridays, 8:00am-2:00pm Phone: (414) 471-8495

# **West Allis Senior Center**

The West Allis Senior Center programs include over 30 classes offered each week along with many special other events and guest speakers each month. A variety of classes and activities are offered each week to inspire creativity and help adults over 55 strengthen their artistic skills or develop new ones, including:

Card Making, Stamping, & Paper Crafts-Monday mornings, Fiber Arts/Crafting-Tuesday afternoons Knitting and Crocheting-Wednesday afternoons, Karaoke -Tuesday mornings, Quilting Group-Tuesday afternoons, Stained Glass Class-Wednesday afternoons

The West Allis Senior Center also offers adults over 55 many health and wellness programs including an Arthritis Exercise Class three times a week.

The Senior Center's fitness program has treadmills, recumbent bicycles, Keiser pneumatic weight equipment and Nu-Step machines. Members must receive authorization from their physicians to use this equipment. An orientation is provided to ensure safe use of the fitness center. We also offer fun, relaxing games and fitness classes to help seniors stay connected and active, including:

Air Hockey, Arthritis Exercise-Monday, Wednesday & Friday mornings, Chair Yoga- Tuesday & Thursday (ZOOM) mornings, Computer Games, Dartball-Thursday afternoons, Dominoes-Tuesday afternoons Movies-Tuesday afternoons, Pocket Billiards, Scrabble-Monday afternoons, Sheepshead- Wednesday & Friday afternoons, Wii® bowling-Tuesday & Thursday afternoons

The West Allis Senior Center provides a state of the art computer lab staffed with helpful, patient volunteers who are glad to help members enhance their computer skills. Members can explore social media, digital photography and videography, email and online services, and Windows operating systems in our lab.

Annual memberships are \$20 for West Allis-West Milwaukee residents, and \$25 for non-residents.

The West Allis Senior Center supports the nutritional needs of seniors through several programs. The West Allis Senior Center is a meal site for the Milwaukee County Senior Dining Program (PDF). In addition, we offer free bread and baked goods for our members through the generous donations of Food for the Hungry, which provides these items to supplement seniors' nutritional needs. The Senior Center is also supports the Hunger Task Force's Stockbox program.

Sharon Roy Senior Center Coordinator 7001 W National Avenue West Allis, WI 53214 Phone: 414-302-8700

HOURS Monday through Friday 9 a.m. to 4:30 p.m.