## I Wish I Would Have Known.... The Building Blocks for Dementia Caregiving

A 4-Part Virtual Education Series 12:00-1:00 p.m.



**Understanding Alzheimer's & Dementia January 11, 2022** 

Learn about the difference between Alzheimer's and dementia, stages, risk factors and more.

**Register** 



Effective Communication Strategies
January 18, 2022

Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

<u>Register</u>



Understanding and Responding to Dementia-Related Behavior

**January 25, 2022** 

Learn about some of the common triggers for behaviors associated with dementia, how to assess the person's needs, and how to intervene effectively.

**Register** 



Describe, Investigate, Create and Evaluate: The DICE Approach to Dementia Care

**February 1, 2022** 

Learn how to utilize evidence-based and environmental strategies to identify and develop a plan to address behaviors and psychological symptoms associated with dementia.

**Register** 





