



Milwaukee County

Marcia Coggs Human
Services Center
1220 W. Vliet St.
Milwaukee, WI 53205

Meeting Agenda Commission on Aging

John Griffith
Chair; Commission on Aging

Amber Miller
Vice Chair; Commission on Aging
Chair, Service Delivery Committee

Janice Wilberg, Ph.D.
Secretary; Commission on Aging
Chair; Advisory Committee

Elliot Moeser Ph.D
Legislative Officer, Commission on Aging
Chair; Advocacy Committee

Gloria Pitchford-Nicholas, Ed.D.
Chair, Senior Centers Select Committee

Gloria Miller
Chair, Wellness Committee

*Lily Alvarado - Ronald Byington - Richmond Izard - Cherie
Swanson*

Wednesday, May 18, 2022

1:30 PM

This meeting is recorded and live-streamed
(Virtual and Audio) in

and on a Teleconference phone:

(414) 436-3530 US, Milwaukee

Conference ID: 748 787 246#

Wellness Committee Meeting

I. Call to Order and Introductions (Gloria Miller)

II. Approval March 16, 2022 meeting minutes

[HRA22-191](#) Wellness Committee Minutes 03.16.22 Meeting

Attachments: [Wellness Committee Minutes 031622 Meeting](#)

- III. Information Item: Wellness Workshops Update (Jennifer Lefebber)
 - a. Stand Up and Move More
- IV. Discussion Items
 - a. Title IIID ARPA Funding
 - i. EBPP Facilitator Training
 - ii. Promotional Campaign
 - iii. Workshop Supplies
 - b. National Senior Health & Fitness Day
 - c. MKE Wellness Symposium
- V. Wellness Committee Members & Guests – Updates on Resources and Opportunities for Older Adults
- VI. Wellness Committee Meeting Dates
September 21, November 16
Meetings take place at 1:30pm and will be virtual until further notice.
- VII. VII. Adjournment

Public comments will be taken on each agenda item at the discretion of the Chair.

ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, 278-3932 (voice) or 711 (TRS) upon receipt of this notice.