



Milwaukee County

Marcia Coggs Human
Services Center
1220 W. Vliet St.
Milwaukee, WI 53205

Meeting Agenda Commission on Aging

Richmond Izard
Chair; Commission on Aging

Sharon Abston-Coleman, Ph.D.
Vice Chair; Commission on Aging

John Griffith
Secretary; Commission on Aging

Bettie Rodgers, J.D.
Chair, Advisory Council

Shirley Sharp
Chair, Advocacy Committee

Gloria Miller
Chair, Wellness Committee

County Supervisor Jason Haas

*Sharon Abston-Coleman, Ph.D. - Ronald Byington - Gloria
Pitchford-Nicholas, Ed.D. - John Griffith - Amber Miller - Elliot
Moeser, Ph.D. - Janice Wilberg, Ph.D.*

Wednesday, January 20, 2021

1:30 PM

This meeting is (Virtual and Audio) in MS Teams
Teleconference phone: (414) 436-3530 U.S.
Conference ID 356 642 895#

Wellness Committee Meeting

A Call to Order and Introductions (Gloria Miller)

B Approval November 18, 2020 meeting minutes

[HRA21-28](#)

Minutes from the November 18, 2020, Wellness Committee meeting

Attachments: [HRA21-26 Wellness Committee Mtg Mins. November 2020 Meeting.pdf](#)

C Informational Item: Wellness Workshop Highlight (Jennifer Lefebber)

a. Living Well With Chronic Conditions

D Informational Item: Life Span Wise Winter Series (Sara Richie)

[HRA21-30](#) Life Span Wise Winter Series Flyer

Attachments: [HRA21-30 WiseWisconsin Series.pdf](#)

E Discussion Items:

a. Sharing Results of Wellness Committee Survey (Bekki Schmitt)

b. Setting 2021 Objectives for Wellness Committee (Gloria Miller)

F Wellness Committee Members & Guests – Update on Resources and Opportunities for Older Adults**G Wellness Committee Meeting Dates**

a. Wednesday, March 17 at 1:30pm

H Adjournment

Public comments will be taken on each agenda item at the discretion of the Chair.

ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, 278-3932 (Voice) or 711 (TRS) upon receipt of this notice.