



Milwaukee County

Marcia Coggs Human
Services Center
1220 W. Vliet St.
Milwaukee, WI 53205

Meeting Agenda

Commission on Aging

Barbara Wyatt Sibley
Chair; Commission on Aging

Fred Knueppel
Vice Chair; Commission on Aging
Chair, Advocacy Committee

Elizabeth Meyer-Arnold, R.N., M.S.
Chair, Wellness Committee

Bettie Rodgers, J.D.
Chair, Advisory Council

Jordan Luhr
Chair, Service Delivery Committee

Gladys Carroll-Weathersby - Maria Castrejon-Pérez
Patsy Delgado - Cesar Pabon - Ronald Byington -
Charles Vang - Pastor Johnny C. White, Jr.

Gwen T. Jackson
Commissioner Emeritus

Thursday, August 16, 2018

1:30 PM

Wilson Park Senior Center
Lower Level, Dining Room
2601 W. Howard Ave., Milwaukee, WI

Wellness Committee

- 1 **Call to Order and Introductions - Beth Meyer-Arnold, Chair**
- 2 [HRA18-121](#) Review and Approval of June 21, 2018 Wellness Committee meeting minutes

Attachments: [HRA 18-121 June 21 2018 WC Minutes](#)
- 3 [HRA18-120](#) Informational Item: Presentation on Evidence-Based Programs, Prevention Campaign & Ageism by Betsy Abramson, Executive Director & Michelle Comeau, Director of Leader Development, Wisconsin Institute for Healthy Aging

HelpYourselfToBetterHealth Campaign Flyer
Attachments: [HRA 18-120 HelpYourselfToBetterHealth Campaign Flyer](#)

4 Wellness Committee Member & Guests - Update on Resources and Opportunities for Older Adults

Public comments will be taken on each agenda item at the discretion of the Chair.

ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, 278-3932 (Voice) or 711 (TRS) upon receipt of this notice.