



Milwaukee County

Marcia Coggs Human
Services Center
1220 W. Vliet St.
Milwaukee, WI 53205

Meeting Agenda Commission on Aging

Janice Wilberg, Ph.D
Chair; Commission on Aging
Chair, Advisory Council

Amber Miller
Vice Chair; Commission on Aging
Chair, Service Delivery Committee

Terrence Regan Moore, Sr.
Secretary, Commission on Aging

Elliot Moeser Ph.D
Legislative Officer, Commission on Aging
Chair; Advocacy Committee

Sequanna Taylor
County Supervisor

Eugene Guskowski, AIA
Chair, Select Committee on Senior Centers

Gloria Miller
Chair, Wellness Committee

*Ronald Byington - John Griffith - Jon Gaines, MBA, CPA - Paula
Penebaker, B.S. - Cherie Swanson - Cindy Van Vreede*

Wednesday, March 15, 2023

1:30 PM

This meeting is recorded and Live Streamed
(Virtual and Audio) In and on a Teleconference
Phone (312) 626-6799 U.S.

Meeting ID : 738 222 8003 Pass Code: 43519

Wellness Committee Meeting

AGENDA

- I. Call to Order and Roll
- II. Action Item: Review and approval of the January 18, 2023, Wellness Committee meeting minutes

[HRA23-65](#) Wellness Committee Minutes January 18, 2023

Attachments: [Wellness Committee Minutes January 18, 2023](#)

**III. Informational Item: Wellness Workshops Update, Jennifer Lefeber,
Evidence-Based Prevention Program Coordinator**

a) Walk with Ease

**IV. Informational Item: Walk with Ease Programming in the West Allis, Sharon
Roy, Administrative Support Specialist, West Allis Senior Center**

V. Discussion Items:

**a) Demographic and Zip Code analysis of Evidence Based
Behavioral Programming (EBBP) Participation**

**b) Title IIID American Rescue Plan Act (ARPA) Spending For Year
2023**

I. Facilitator Training and Support

**II. Evidence Based Behavioral Programming (EBPP) Workshop
Supplies**

III. Promotion of Evidence Based Prevention Programs

VI. Upcoming Wellness Committee 2023 Meeting Dates:

**a) May 17 (In-person, Wauwatosa City Hall, 7725 W. North Ave.,
Wauwatosa)**

b) September 20 (Virtual)

**c) November 15 (In-Person Meeting, Wilson Park Senior Center,
2601 W.
Howard Ave., Milwaukee)**

**VII. Wellness Committee Members and Guests: Updates on Resources and
opportunities for Older Adults**

VIII. Adjournment: (3 p.m.)

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