



# Milwaukee County

Marcia Coggs Human  
Services Center  
1220 W. Vliet St.  
Milwaukee, WI 53205

## Meeting Agenda Commission on Aging

*Janice Wilberg, Ph.D*  
*Chair; Commission on Aging*  
*Chair, Advisory Council*

*Amber Miller*  
*Vice Chair; Commission on Aging*  
*Chair, Service Delivery Committee*

*Terrence Regan Moore, Sr.*  
*Secretary, Commission on Aging*

*Elliot Moeser Ph.D*  
*Legislative Officer, Commission on Aging*  
*Chair; Advocacy Committee*

*Sequanna Taylor*  
*County Supervisor*

*Eugene Guskowski, AIA*  
*Chair, Senior Center Committee*

*Gloria Miller*  
*Chair, Wellness Committee*

*Denise Callaway*  
*Chair, Advisory Council*

*John Griffith - Jon Gaines, MBA, CPA - Sandra Pasch, MSN -*  
*Paula Pennebaker, B.S. - Cherie Swanson - Cindy Van Vreede*

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Wednesday, March 15, 2023

1:30 PM

This meeting is recorded and Live Streamed  
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Phone (312) 626-6799 U.S.  
Meeting ID : 738 222 8003 Pass Code: 43519

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### Wellness Committee Meeting

### AGENDA

- I. Call to Order and Roll
- II. Action Item: Review and approval of the January 18, 2023, Wellness Committee meeting minutes

[HRA23-65](#)

Wellness Committee Minutes January 18, 2023

Attachments: [Wellness Committee Minutes January 18, 2023](#)

- III. **Informational Item: Wellness Workshops Update, Jennifer Lefeber, Evidence-Based Prevention Program Coordinator**
- a) **Walk with Ease**
- IV. **Informational Item: Walk with Ease Programming in the West Allis, Sharon Roy, Administrative Support Specialist, West Allis Senior Center**
- V. **Discussion Items:**
- a) **Demographic and Zip Code analysis of Evidence Based Behavioral Programming (EBBP) Participation**
- b) **Title IIID American Rescue Plan Act (ARPA) Spending For Year 2023**
- I. **Facilitator Training and Support**
- II. **Evidence Based Behavioral Programming (EBPP) Workshop Supplies**
- III. **Promotion of Evidence Based Prevention Programs**
- VI. **Upcoming Wellness Committee 2023 Meeting Dates:**
- a) **May 17 (In-person, Wauwatosa City Hall, 7725 W. North Ave., Wauwatosa)**
- b) **September 20 (Virtual)**
- c) **November 15 (In-Person Meeting, Wilson Park Senior Center, 2601 W. Howard Ave., Milwaukee)**
- VII. **Wellness Committee Members and Guests: Updates on Resources and opportunities for Older Adults**
- VIII. **Adjournment: (3 p.m.)**

**ADA Accommodation Requests:** ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, (414) 278-3932 (Voice) or 711 (TRS) upon receipt of this notice. Commission on Aging meetings are recorded and open to the public. The Chair will take public comments on each agenda item at his discretion.