



Milwaukee County

Marcia Coggs Human
Services Center
1220 W. Vliet St.
Milwaukee, WI 53205

Meeting Agenda Commission on Aging

John Griffith
Chair; Commission on Aging

Amber Miller
Vice Chair; Commission on Aging
Chair, Service Delivery Committee

Janice Wilberg, Ph.D.
Secretary; Commission on Aging
Chair; Advisory Committee

Elliot Moeser Ph.D
Legislative Officer, Commission on Aging
Chair; Advocacy Committee

Gloria Pitchford-Nicholas, Ed.D.
Chair, Senior Centers Select Committee

Gloria Miller
Chair, Wellness Committee

Sequanna Taylor
County Supervisor

Ronald Byington - Jon Gaines, MBA, CPA - Terrence Regan
Moore, Sr. - Cherie Swanson - Cindy Van Vreede

Wednesday, November 16, 2022

1:30 PM

This meeting is recorded and Live Streamed
(Virtual and Audio)

In and on a Teleconference Phone
(414) 436-3530 U.S., Milwaukee

Phone Conference ID: 186 883 66#

Wellness Committee Meeting

- I. Call to Order and Introductions (Commissioner Gloria Miller)
- II. Review and Approval of the September 21, 2022, Wellness Committee meeting minutes

[HRA22-311](#) Minutes from the September 21, 2022, Wellness Committee meeting.

Attachments: [HRA22-311 Wellness Committee Minutes 092122 Meeting.pdf](#)

- III. **Information Item: Wellness Workshops Update (Jennifer Lefeber)**
 - a. **Healthy Living with Chronic Pain**
- IV. **Information Item: Health Care Partnerships with Stepping On (Kim Lombard, Froedtert Hospital)**
- V. **Discussion Items:**
 - a. **Expanding Evidence-Based Prevention Programs**
 - i. **Host Sites**
 - ii. **Trained Facilitators**
 - iii. **Workshop Participants**
 - iv. **Wellness Committee Engagement**
- VI. **Wellness Committee 2023 Meeting Dates**
- VII. **Wellness Committee Members & Guests – Updates on Resources and Opportunities for Older Adults**
- VIII. **Adjournment**

Public comments will be taken on each agenda item at the discretion of the Chair.

ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, (414) 278-3932 (voice) or 711 (TRS) upon receipt of this notice.