

# Milwaukee County Commission on Aging Aging Services Director's Report – May 2024

#### Administration

- Continued planning for focus groups and public input on the AAA plan with the Advisory Council.
- Printed and began distribution of the 2024 Area Aging Plan Survey.
- Finalized new brochures for AAA Supportive Services, Nutrition, and Caregiver Support programs.
- Began budget discussions with DHHS and AAA team.
- Hosted Older Americans Month & Mental Health Awareness month celebration at Wilson Senior Center with Behavioral Health Services.
- Welcomed Mike Bonk as new Deputy Administrator of DHHS-ADS.

### Advocacy

- Coordinated Milwaukee County delegation to Madison for the Wisconsin Aging Action Network 2024 Aging Action Day at the capitol.
- Held 2024 Senior Leadership Program over three days.
- As member of WAAN Leadership Team, continued planning for spring indistrict advocacy events across Wisconsin in partnership with Aging and Disability Professional Association of Wisconsin (ADPAW).
- Received continued SHIP funding for Medicare/SeniorCare outreach.
- Hosted 2 Advanced Care Planning workshops with Legal Action of WI.
- Hosted 2 Medicare 101 workshops in Franklin and Milwaukee.

## **Social Support Services**

- Planned SAGE Care initiative with LGBT Center of Milwaukee.
- Prepared the Senior Center Programming in Milwaukee County Senior Centers Request for Proposal.
- EMPLOY MKE began attendance at senior center outreach events.
- Responded to suspension of Senior Companions and Foster Grandparent programs at the Social Development Commission.

## **Transportation**

- Continued to meet with Paratransit Taxi Task Force to support alternative on-demand transportation.
- Hired new ADS Transportation Coordinator.
- Submitted 2024 Older Adults Transportation Service contract for signature.



#### **Senior Centers**

- Worked with DHHS Contract Administration to release the RFP for Programming in the five Milwaukee County senior centers.
- Supported Senior Centers Committee meetings.
- Met with County Administration regarding the potential long-term implementation of the Senior Center Committee's re-envisioning initiative.

#### **Nutrition Services**

- Opened newest **Dine Out restaurant location at Ruby J's** on Lisbon Avenue.
- Began design specification process for the remodel of Clinton Rose senior center kitchen remodeling project.
- Grobschmidt/South Milwaukee senior meal site reopened.

#### **Health & Wellness**

- Hosted Senior Health and Nutrition Day at all Milwaukee County Senior Centers.
- Launched the Heart Health blood pressure screening initiative at Clinton Rose Senior center with the American Heart Association.
- Awarded WI-DHS ARPA grant to address social isolation and loneliness through a loneliness screen administered by pharmacists.
- Received No-Cost Extension of the USAging Aging and Disabilities
   Vaccination Collaborative grant until April of 2025.
- Hosted 11 Health & Wellness workshops including Boost Your Brain and Memory, Steppin' On, and Walk with Ease.

## **Caregiver Support**

- Worked collaboratively with ERAS Senior Network and Life Navigators to develop projects that will utilize OAA APRA funds for short term project to support older adult caregivers and LGBT caregivers/care recipients.
- Presented on Caregiver Support and other Aging Services to the Quarterly Consultation Meeting with Hanan, International Institute WI, and Lutheran Social Services to ensure professionals working with refugee residents of Milwaukee County are aware of available services.
- Participated at the Honoring the Heartbeat Mental Health & Wellness
   PowWow and the DHHS Social Wealth for Mental Health Resource Fair.
- Completed **Powerful Tools for Caregivers Class Leader Training** provide programs in Spanish and English.
- Second Caregiver Support Specialist position approved.



- Caregiver Support team attended the Aging, Disability, and Independent Living conference hosted by WI-DHS in LaCrosse. Caregiver Support Coordinator assisted during the session entitled "Wisconsin's Aging, Disability, and Independent Living Network: The Heart of the National Strategy to Support Family Caregivers".
- To date, the new ADS Caregiver Support Program has enrolled 81 families
  to receive funds through the National Family Caregiver Support Program
  and Alzheimer's Family and Caregiver Support Program in 2024. In
  addition, program staff have had 140 contacts with caregivers who are not
  participating in the grant programs in order to provide them with resources
  and referrals for services.

#### **Outreach**

- Senior Health and Fitness Day:
  - o Wednesday, May 29th 10am-2pm at all Milwaukee County Senior Centers
- Medicare Presentations:
  - Monday, June 3, 10:00 11:30 a.m., Franklin Public Library 9151 W. Loomis Rd., Franklin
- Sign up for the Dementia Friendly Milwaukee Newsletter
- Sign up to receive the Milwaukee County ADRC Resource Report
- Sign up to receive Aging Advocacy Alerts