

2024 Report to the  
Service Delivery Committee of the  
Commission on Aging  
Jewish Family Services  
Late Life Counseling



# Please share a success from the first half of 2024.

- There was a client through LLC who had never found counseling to be helpful, despite many attempts with different clinicians and modalities. She was struggling with both depression and anxiety following an injury that had rendered her homebound. She felt trapped and alone. Despite not being optimistic, we were able to significantly reduce her depressive symptoms and determine that some of the anxiety was based around other mental health concerns outside the scope of the program. We worked together to come up with some referrals for this issue and the client was set to begin working on these at the time of discharge, this time with an optimistic point of view.





# Please share a challenge from the first half of 2024.

- I have been working with a client who went through a severe depressive episode after losing several family members consecutively, with the last being extremely unexpected. This client challenged every technique, exercise and topic, to the point that sessions would almost come to a standstill. However, with good rapport building, she was able to engage and open up more during sessions. This has allowed her to address things that were causing her distress and to approach how to handle her emotions when they became overwhelming. She has seen some improvement in depression symptoms and is due to discharge from the program soon.



# Report on Mid-year 2024 Performance Objectives

	Goal/Actual
Objective 1 – Provide for a minimum of 44 unduplicated eligible Milwaukee County residents annually.	48
Objective 2 – Improvement in PGWB score	Of participants with 2 instruments completed, 73% improved or maintained functioning.
Objective 3 - Gather feedback by administering CSQ-8	75-90% feedback 5 questions 90%, 2 questions 85%, 1 question 75%



# Funding Summary

- Total Agency Budgeted Revenue: \$6,163,324
- ADS Funding Amount: \$30,000
- ADS % of Agency Budget: .05%
- Contract Actual Spending 2024 Calendar Year to Date (January 2024 to June 2024): \$33,819



# **Please share one service improvement or planned change for the second half of 2024.**

One service improvement for the second half of 2024 will be to improve outreach to the community. We currently reach out to 2 organizations per year. We will attempt to reach out to 4 for the year. This will improve on better access to the community and referrals.

