COUNTY OF MILWAUKEE

Inter-Office Communication

Date: November 13, 2024

To: Marcelia Nicholson, Chairwoman, Milwaukee County Board of Supervisors

From: Shakita LaGrant-McClain, Director, Department of Health and Human Services

Subject: A report from the Director, Department of Health and Human Services,

requesting authorization to execute a 2025 professional services contract totaling \$19,500 with Jennifer Lefeber to coordinate and facilitate Evidence-

Based Disease Prevention and Health Promotion Programs (EBPP)

File Type: Action Report

REQUEST

The Director, Department of Health and Human Services (DHHS) is requesting authorization to execute a \$19,500 contract with Jennifer Lefeber to coordinate and facilitate Evidence-Based Prevention Programs (EBPP) for older adults in Milwaukee County.

POLICY

Per Wisconsin Statutes, the Director of the Department of Health and Human Services is requesting authorization to execute this contract consistent with Milwaukee County procurement standards.

Wisconsin State Statutes:	59.52(31)
Milwaukee County General Ordinances	Ch. 32.40

BACKGROUND

Title III-D of the Older Americans Act supports evidence-based programs that are research-based and equip older adults with learning strategies for disease prevention and healthy aging. Milwaukee County's programs are overseen by Jennifer Lefeber, who trains and supports volunteers to directly lead programs, and coordinates with the Wisconsin Institute of Health Aging.

Evidence-Based Programs supported by this contract include programming that encourage activity, support caregivers, develop skills for older adults to self-manage chronic conditions including diabetes, heart disease, chronic pain, and bladder and bowel leakage. Courses last between six to eight weeks and are led by trained volunteers supported by Ms. Lefeber.

This year, the focus of these programs has been to expand the network of trained facilitators that lead and conduct these programs and to recommit to in-person events that advocate and market healthy behaviors for older adults as well as increase the reach of these programs within underserved communities particularly within the African American Community. Ms. Lefeber has been involved in organizing a variety of events including: the MKE Wellness Symposium and Falls Prevention Resource Fairs as well as community projects including the LEAF Grant and the Living Well with Chronic Conditions with the HOPE Ambassadors.

These workshops are promoted through neighborhood level advertising, programming guides at the locations which offer them, through the Wisconsin Institute for Healthy Aging, social media, outreach events, and an up-to-date list is available on the Older Adults Services page of the Milwaukee County website.

ALIGNMENT TO STRATEGIC PLAN

This item is aligned to Milwaukee County's strategic plan given its particular emphasis on increasing the number of County contracts awarded to minority and women-owned businesses and investing "upstream" to address root causes of health disparities. The courses are directly in keeping with the Milwaukee County Department of Health and Human Services' strategy which targets population health and systems change.

FISCAL EFFECT

Funding for this service has been included in the DHHS 2025 Budget. This program is supported by funding from Title III-D of the Older Americans Act intended to support healthy lifestyles and promote healthy behaviors.

TERMS

This contract will be in place from January 1, 2025 to December 31, 2025.

VIRTUAL MEETING INVITES

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PREPARED BY:

Carrie Koss Vallejo, Program and Planning Coordinator, DHHS Aging and Disabilities Services

Shakita LaGrant-McClain

APPROVED BY:

Shakita LaGrant-McClain, DHHS Director

ATTACHMENTS:

None

cc: County Executive David Crowley

Sup. Willie Johnson Jr., Chair, Finance Committee

Sup. Shawn Rolland, Chair, Health Equity, Human Needs, & Strategic Planning Committee

Liz Sumner, Comptroller, Office of the Comptroller

Mary Jo Meyers, Chief of Staff, County Executive's Office

Kelly Bablitch, Chief of Staff, Milwaukee County Board of Supervisors

Joseph Lamers, Director, Office of Strategy, Budget and Performance

Steve Cady, Research & Policy Director, Office of the Comptroller

Madeline Fruehe, Budget & Management Analyst, SBP