



## Family Living: Helping Families Thrive

Family Living programs respond to local needs through education and partnerships that support stability and well-being of families and strengthens our community. Our professional development programs enhance knowledge and skill levels of staff serving families in community-based organizations, home visitation programs, social service agencies, early childhood education and health care.

The Nutrition Education program provides interactive education to income eligible seniors, families and youth at no cost. Nutrition lessons help learners make healthier food choices, keep foods safe, and balance food intake with activity.

- Nutrition Education Program for eligible seniors, families and youth
- Training and technical assistance for home visitation programs
- PACE (Poverty Awareness for Community Engagement) workshops
- Ages & Stages Questionnaire childhood development screening training for family support workers
- Community Changes Circles (dialogue, action planning & implementation)



## 4-H Youth Development: Building Tomorrow's Leaders

4-H Youth Development programs help Milwaukee's youth develop the skills and self-confidence needed to succeed in today's competitive world. Pre-college programs focus on science, engineering, and technology to lay the groundwork for success in the new economy. Youth develop skills through hands-on, practical, research-based, fun activities. Through these activities, they also explore their cultural heritage, learn entrepreneurship and develop pride in their accomplishments.

- Community, Afterschool and Summer 4-H Clubs
- Science Engineering Math and Technology (STEM) Projects
- County Fair
- Summer Camp
- Pre-college Exploration
- Nature in the Parks & Nature Center Exploration
- African Diaspora (High School Program)



## Horticulture & Urban Agriculture: Gardening for Sustenance, Health, and Profit

Did you know that gardeners eat twice as many vegetables and get twice as much exercise as non-gardeners? Or that the value of your home increases 15-25% with attractive landscaping? In Milwaukee County, Extension rents gardens to urban residents who need space to raise vegetables and fruit to feed their families, donate to food pantries and sell at farmers markets. Extension also helps homeowners learn to manage their landscapes in ways that save money, protect the environment, feed their families and add value to their property.

- Master Gardener Training & Community Service
- Horticulture Helpline
- Garden Plot Rental
- Accessible Gardening-People with Disabilities
- Urban Apiculture (Beekeeping) Institute
- 21st Century Landscaping/Rain Gardens
- Natural Lands Education & Management



## Community, Nature Economic Develop Enhancing Commu

Whether you run a small nonprofit or are interested in volunteering to our Community, Natural Resource educators have resources to offer. The assets by: offering organizational development services to nonprofit organizations on conducting elections and open meetings and helping local governments and citizens residents about environmental practice

- Diversity Leadership
- Organizational Development
- Strategic Planning
- Natural Resources Education
- Citizen-Based Water Quality Monitoring
- Environmentally Friendly Yard
- Stormwater Education for Municipalities

## About Milwaukee County Cooperative Extension (MCCE)

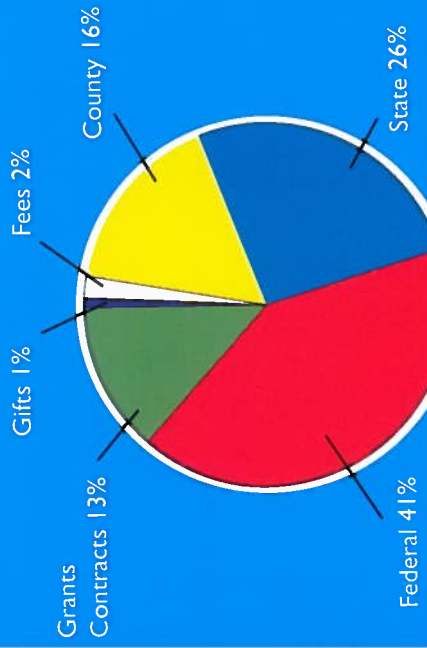
Each year MCCE serves approximately 75,000 people where they live and work instead of in the classroom, through our 30 programs in: Family Living, Horticulture/Urban Agriculture, Youth Development and/ or Community, Natural Resources & Economic Development (CNRED). Many of these programs are offered for free or at a minimal costs.

Residents (children, youth, adults, and seniors), community groups, the private and government sectors of Milwaukee County are connected to university knowledge through an array of the university system's resources by skilled educators and trained volunteers.

## Milwaukee County Cooperative Extension Funding Sources -- 2012 Budget

County	\$337,632
State Base	\$548,837
Federal Base	\$842,369.90
Grants-Contracts	\$277,204
Gifts	\$19,496
Fees	\$46,293

**Total: \$2,071,833**



## Program Participant Comments

“The trainings I’ve attended have helped me build and gain home visitation skills that have allowed me to make/establish trusting relationships with families. In addition the training has raised my self-confidence.”

*Palou*  
Public Health Nurse  
City of Milwaukee Health Department

“I’m learning how to change some of my old recipes to make them healthier. Now, I will use less salt and butter and fat.”

*Joan*  
WNEP Senior Housing  
St. Francis

“Me gusta mucho el programa porque me enseño a como concinar más saludable para mi famili ojalá que sigan más programas como este.”

*Zulema*  
Milwaukee

“[Through community gardening] I was able to have a garden; my yard was not big enough for one. We met new people, shared fresh vegetables and turned an otherwise unused space into something positive for the community.”

*Rachel*  
Milwaukee

“It is very helpful in providing info to keep plants or provide the appropriate remedy for insects or disease on plants.”

*Luan*  
Milwaukee

**MCCE welcomes financial donations of any size.**

**Your donation is tax deductible.**

**Check should be made payable to:**

**Milwaukee County Cooperative Extension**

## MCCE: A Partnership of U.W. Extension - Cooperative Extension and Milwaukee County Government

In partnership with Milwaukee county government and the University System of Wisconsin, the mission of the Milwaukee County Cooperative Extension (MCCE) is to facilitate people's use of university knowledge to make informed decisions that enrich their lives and enhance their communities.



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