

Katharina Maria Hren

Education:

University of Wisconsin-Milwaukee (1986-1996)

Bachelor's Degree (Magna Cum Laude): Double Major in Comparative Literature and German with Scandinavian Studies certificate

Master of Arts Degree in Foreign Language and Literature (French, Spanish, German, Norwegian – emphasis on Modern Critical Theory and Philosophy)

Awarded one year of graduate study (all expenses paid) - Freie Universitaet Berlin (1992-93)

Alverno College (2013-2016)

Master of Science Degree in Community Psychology

Work Experience:

Clinical Supervisor/Outpatient Psychotherapist (August 2016 to present)
Alternatives in Psychological Consultation
6737 W. Washington St., Suite 1300
West Allis, WI 53214

Trauma Informed Yoga & Mindfulness Provider/Float Provider/Team Lead/Internal Consultant (December 2015 to May 2023)
Summit Wellness, Inc.
Milwaukee County Comprehensive Community Services Program
440 W. Vliet St.
Milwaukee, WI 53212

Milwaukee Turners/Turner Hall
Executive Director (December 2007 to November 2018)
1034 N. Vel Phillips Ave
Milwaukee, WI 53203

Milwaukee Public Theatre
Financial Administrator (January 2001 to May 2015)
Curriculum Development and Yoga Instruction (2013 to 2015)
626 E. Kilbourn Ave, #802
Milwaukee, WI 53202

Tamarack Waldorf School
German Teacher for grades 1 through 8 (2002 to 2008)

Waldorf School of Milwaukee
German Teacher for grades 1 through 5/6 combined (2 years)

Carroll University

German Lecturer (1996 to 2001 - 5 years)

I was responsible for teaching all German classes that pertained to the German minor program.

Goethe House WI

Executive Director (1996 to 2008 - 12 years)

Also ran German language summer camps for 11 years.

Volunteering Experience:

OmTownYogis Advisory Board 2015 to 2020

Secretary of the ISSTD (International Society for the Study of Trauma & Dissociation) Vicarious Trauma Special Interest Group 2018 to 2020

Board Member of Milwaukee County CAMPAC (Cultural Artistic and Musical Programming Advisory Council) 2019 to present

Other Volunteering/Teaching Experience:

Victory Garden Initiative (2013), Sikh Temple Oak Creek (2013 to 2014), Running Rebels (2013 to 2015), St. Catherine Residence for Women (2012), Meta House (2011), Milwaukee Secure Detention Facility (2012 to 2015), Urban Ecology Center – Washington Park (2012 to 2014), COA Goldin Center (2013), Holton Youth and Family Center (2013), Neighborhood House (2014), SaintA's (2015), Urban Ecology Center – Menomonee Valley (2014), Marshall Sherrer Correctional Center (2016), Felmers Chaney Correctional Center (2016), WI Master Naturalist Training (2019).