



NUTRITION COUNCIL MEETING MINUTES

July 22, 2025

The Nutrition Council members convened virtually on MS Teams on July 22, 2025.

Members Present

Commissioner Cindy Van Vreede,
Chair
Jim Sampson
Jenice Kling
Trudy Ranallo
Barbara Robinson
Gloria Webster

Members Excused

InAdelle Crawford
Michelle Deshotels
Dwight Ivory
Amber Miller
Glenn Mattison
Edith Witten
Earlene Wilson

Members Excused Continued...

Karen Moe
Carrie Spears
Douglas Tadeyeske

Staff Present

Gaylyn Reske, *DHHS*
Lori O'Connor, *DHHS*
Ortrialla Paris, *DHHS*
Baily Knutson, *DHHS*

Attendees from the Public

Song Xiong Buck,
Milwaukee Christian Center
Commissioner Mark Behar

MINUTES

I. CALL TO ORDER AND ROLL CALL

Chair Cindy Van Vreede called the meeting to order at 1:33 p.m. Gaylyn Reske AAA Coordinator took roll; a quorum was not present.

II. REVIEW AND APPROVAL OF THE APRIL 22, 2025, NUTRITION COUNCIL MEETING MINUTES

The meeting Minutes was table until the next Nutrition Committee due to non-quorum.

III. UPDATE ON FLAVOR STATION PILOT

Senior Dining Program Coordinator Gaylyn Reske, RD, CD provided an update on The Flavor Stations pilot project at Washington Park, which began on July 7th, 2025, which aims to enhance the dining experience by offering a variety of Five

spices- Italian seasoning, cinnamon, red pepper flakes, granulated garlic, and granulated onion-are provided at each table, along with labeled jars and laminated cards detailing their flavor profiles and health benefits. Feedback is collected through paper evaluations and stickers. Initial feedback has been positive, with some requests for additional condiments. A significant challenge has been the time-consuming process of filling individual spice containers, leading to considerations of using bulk containers if the project expands. Overall, the project promotes healthier eating habits and adds variety to meals.

IV. CATERING BUDGET DISCUSSION, UPCOMING DINING SITE CHANGES

Gaylyn Reske reported that the nutrition program is experiencing financial challenges due to a significant reduction in funding. Consequently, four HACM dining sites- Arlington Court, Convent Hill, Lapham Park, and College Court-will close effective September 1st. Efforts will be made to ensure affected diners are connected to alternate dining sites and provided them with transportation options. Committee members offered feedback and suggestions on how they could support meal service during this transition.

V. NUTRITION ADVISORY COUNCIL MEMBER COMMENTS

Dan Lagerman praised the meals and requested real butter; Gaylyn Reske inquired about the baked cod. Trudy Ranallo highlighted the positive impact on individual's' lives.

VI. NUTRITION ADVISORY COUNCIL PUBLIC COMMENTS

There were discussions about increasing engagement with Asian and Hispanic communities through partnerships with local restaurants. Additionally, the idea of recognizing dine-out partners with certificates of appreciation was proposed.

Gaylyn Reske encouraged visits to Washington Park to try the flavor stations. Van Vreede suggested using the Milwaukee County Department on Aging website to access senior center meal menus and reservation information. Gaylyn noted that promotion of the program is strictly by word of mouth, with no advertising.

James Sampson inquired about an annual recognition for Dine Out partners who support older adults. Van Vreede suggested presenting a plaque with the County Executive's participation and providing recognition of the dinners.

Next meeting is October 28, 2025

VII. ADJOURNMENT

Meeting adjourned at 2:28 p.m.

Respectfully submitted,

Ortrialla Paris
Administrative Assistant

DRAFT