



# Milwaukee County

Marcia Coggs Human  
Services Center  
1220 W. Vliet St.  
Milwaukee, WI 53205

## Meeting Agenda

### Commission on Aging

*Janice Wilberg, Ph.D.*  
*Chair*

*Terrence Regan Moore, Sr.*  
*Vice-Chair*

*Brian Peters*  
*Legislative Officer*  
*Chair, Advocacy Committee*

*Gloria Miller*  
*Secretary*  
*Chair, Wellness Committee*

*Denise Callaway*  
*Chair, Advisory Council*

*Cindy Van Vreede*  
*Chair, Nutrition Council*

*Eugene Guskowski, AIA*  
*Chair, Senior Center Committee*

*Amber Miller*  
*Chair, Service Delivery Committee*

*Sequanna Taylor*  
*County Supervisor*

*George Banda*  
*Mark P. Behar, PA-C, MPAS*  
*Stephenson Crocker, BA, J.D.*  
*Marni King*  
*Paula Pennebaker*  
*Jacqueline Smith*

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Wednesday, November 20, 2024

1:30 PM

In-Person

West Allis Senior Center

7001 W. National Ave.

West Allis, WI 53214

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### IN-Person Wellness Committee Meeting

#### I. CALL TO ORDER AND ROLL: Gloria Miller (1:30 p.m.)

**II. REVIEW AND APPROVAL OF SEPTEMBER 18, 2024,  
WELLNESS COMMITTEE MEETING MINUTES (Action Item) (1:35 p.m.)**

[HRA24-214](#) Minutes from the September 20, 2024, Wellness Committee Meeting

Attachments: [HRA24-214 9-18-2024 Wellness Meeting Minutes-FINAL.pdf](#)

**III. ACTION / INFORMATIONAL / DISCUSSION ITEMS (1:45 p.m.)**

**A. Informational Item: Wellness Workshop Highlights- Powerful Tools for Caregivers (Kayla Steinke, Caregiver Support Coordinator)**

**B. Informational Item: Social Isolation and Loneliness Pharmacy Project (Kaisa Kerrigan, Community Health Coordinator)**

**C. Informational Item: 2025-2027 Area Aging Plan Goals (Jennifer Lefeber, Health & Wellness Programs Coordinator)**

**D. Discussion Item: Advocacy for 2025 (Jennifer Lefeber & Kaisa Kerrigan)**

**IV. 2025 WELLNESS COMMITTEE MEETING DATES (2:45 P.M.)**

- January 15, 2025, at 1:30-3:00pm Virtual, Teams Meeting
- March 19, 2025, at 1:30-3:00pm Virtual, Teams Meeting
- May 21, 2025, at 1:30-3:00pm In-Person, location TBD
- September 17, 2025 at 1:30-3:00pm Virtual, Teams Meeting
- November 19, 2025 at 1:30-3:00pm In-Person, location TBD

**V. WELLNESS COMMITTEE MEMBERS & GUEST -UPDATES ON RESOURCES AND OPPORTUNITIES FOR OLDER ADULTS (2:50 P.M.)**

**VI. ADJOURNMENT (3 P.M.)**

**ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, (414) 278-3932 (Voice) or 711 (TRS) upon receipt of this notice.**

**Commission on Aging meetings are recorded and open to the public. The Chair will take public comments on each agenda item at her/his discretion.**

