



WELLNESS COMMITTEE MEETING SEPTEMBER 17, 2025

The Wellness Committee members convened virtually on Teams.

Members Present:

Maureen Conrad
Christy Sanhuber
Catherine Trecek
Mark Behar-*Commissioner*
Erika Villafuerte

Staff Present:

Kaisa Kerrigan-DHHS
Ortrialla Paris-DHHS
Carrie Vallejo-DHHS

Attendees from the Public

Darren Allen-*My Choice Wisconsin*

Members Excused:

Gloria Miller
John Griffith
Jim Pionte
Jim Sampson
Jacqueline Smith-*Chair*
Cindy Van Vreede

MINUTES

I. CALL TO ORDER AND ROLL CALL

Presiding Officer Maureen Conrad called the meeting to order at 1:39 p.m. and conducted the roll call; a quorum was not present.

II. REVIEW AND APPROVAL OF THE MARCH 19, 2025, MAY 21, 2025, SEPTEMBER 17, 2025, WELLNESS COMMITTEE MEETING MINUTES

III. Due to the lack of quorum, no formal decisions or actions have been taken during this time.

IV. ACTION / INFORMATIONAL / DISCUSSION ITEMS

A. **Discussion Item: Area Plan Wellness Goal:** Community Health Coordinator Kaisa Kerrigan and Program and Planning Coordinator Carrie Vallejo gave an update on the 2025-2027 Area Plan Wellness Goals. The proposed goals aim to increase collaboration among organizations offering evidence-based wellness programs, with an emphasis on meeting the health and wellness needs of discreet target minority groups. The plan includes community engagement, needs assessments, and alignment with CLAS (Culturally and Linguistically Appropriate Services) standards. By 2025, the team plans to identify target population groups and develop a

survey process. By 2027, they aim to complete the assessment, analyze results, and issue recommendations to improve equitable service delivery. The power point presentation is available to all participants.

B. Informational Item: Falls Prevention Week: Maureen Conrad provided a brief report. In recognition of National Falls Prevention Week, two Free Falls Resource Fairs will be held to promote home and community safety. The first event, originally scheduled at Hart Park Senior Center, will now take place at Wauwatosa City Hall on September 23, 2025. The second will be held at Franklin City Hall on September 25, 2025. Both events will include fall risk screenings, hearing test, and interactive stations on safety topics such as home environment, medications, footwear, vision, and exercise. Staff participation is encouraged. The Power Point Presentation is provided.

C. Informational Item: Social Isolation and Loneliness Grant Project: Findings and Results, Kaisa Kerrigan presented an overview of the RX Social Connect project, which aimed to reduce loneliness among older adults in Milwaukee County. Pharmacy staff screened patients aged 60+ for loneliness and referred high -risk individuals to mental health providers. Follow-up assessments addressed risk factors such as living alone, transportation, memory issues, and limited technology access. The project used a “social prescribing” model to connect individuals with community resources. Kaisa Kerrigan stated that the grant did end on March 31st, and they are not actively administering these screenings right now. The Power Point Presentation is provided.

D. Action Item: Revisit 2026 Wellness Committee meetings change: This Action Item was not discussed.

V. 2025 WELLNESS COMMITTEE MEETING DATES

VIRTUAL OPTION AVAILABLE FOR ALL MEETING

- November 19, 2025, at 1:30-3:00 p.m. In-Person, LGBT Community Center, 315 W. Court St, Milwaukee, WI 53212

VI. WELLNESS COMMITTEE MEMBERS & GUEST- UPDATES ON RESOURCES AND OPPORTUNITIES FOR OLDER ADULTS

My Choice Wisconsin Darren Allen gave a brief report on the Family Care Program. The program, active for over 20 years, supports adults 18 and older with disabilities and older adults by helping them remain in their homes and communities. It began in Milwaukee County and became a nonprofit in 2016. It is now owned by Molina Healthcare. Most participants in Milwaukee is older adults.

The organization remains active in community outreach and is available to provide further information.

Kaisa Kerrigan provided an update on Jennifer Lefebber's resignation, effective Friday, September 26.

VII. ADJOURNMENT

VIII. Meeting adjourned at 3:14 P.M.

Respectfully submitted,

Ortrialla Paris
Administrative Assistant