



**Nutrition Advisory Council  
Meeting Minutes  
September 11, 2024**

Nutrition Advisory Council members convened virtually on Wednesday, September 11, 2024. Members and attendees joined the virtual meeting, which was hosted on Microsoft Teams by video and conference call.

**Members Present:**

Sally Lindner – Co Chair  
Jim Sampson – Mke LGBT  
Douglas Tadeyeske - Kelly  
Gloria Webster – Washington Park  
Edith Whitten – Elks Lodge

**Milwaukee County Staff Present:**

Debra Horton - DHHS  
Bailey Knutson - DHHS  
Lorie O'Connor - DHHS  
Gaylyn Reske - DHHS

**Members Excused:**

Commissioner Cindy Van Vreede, Chair  
Jenice Kling – West Allis  
Dan Lagerman - Franklin  
Jeff Majchrzak – South Milwaukee

**MINUTES**

**I. CALL TO ORDER**

Co-Chair Sally Lindner welcomed the meeting attendees. The meeting was called to order at 1:30 p.m. DHHS - Aging Unit, Gaylyn Reske, Senior Meal Coordinator, took roll call.

**II. INFORMATION ITEM: Introduction to Area Agency on Aging – Area Plan Community Feedback Process and Results (Action Item) Carrie Koss Vallejo, Program and Planning Coordinator (1:40 p.m.)**

***Carrie Koss Vallejo, Program and Planning Coordinator was excused from today's meeting.***

**III. INFORMATION ITEM: Review of 2022 – 2024 Nutritional Goals and Outcomes of Area Plan (2:00 p.m.)**

**Goal 1**

- Increase service to residents of color and increase opportunities for Minority Business Enterprises by partnering with locally owned restaurants and organizations in neighborhoods of color.

**Goal 2**

- Understand the prevalence of malnutrition among participants within the home delivered meal program and provide in-home nutrition counseling to those determined at nutritional risk.

**Goal 3**

- Reduce the prevalence of nutritional risk among congregate dining participants, with specific emphasis on communities of color, by developing new community partnerships or programs that will provide in-person or virtual nutritional education and demonstrations at meal sites.

**IV. DISCUSSION ITEM: Nutrition Goals for 2025 -2028 Area Plan (2:15 p.m.)**

Gaylyn Reske reviewed the 2022-2024 Nutrition Advisory Council goals for the current Area Agency on Aging Plan with the Council to view their progress with the goals to decide, create, and draft what the following Area Agency on Aging goals should be for the 2025- 2027 Area Aging Plan Goals for the Nutrition Advisory Council. Gaylyn explained the process for creating the Area Agency on Aging Plan Goals. Today, they will brainstorm new goals for the new area aging plan and review the goals at the October's meeting.

**V. ADJOURN:**

**MOTION:** Adjourn the meeting.

**ACTION:** Unanimous (Tadeyeske, Sampson)

Respectfully Submitted,

Debra Horton  
Secretarial Assistant