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5 **A RESOLUTION**

6
7 Recognizing the valuable role parks and recreation plays in community health and
8 wellness and designating July as Park and Recreation Month in Milwaukee County
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11 WHEREAS parks and recreation are an integral part of communities throughout
12 the country, including Milwaukee County; and
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14 WHEREAS, Milwaukee County maintains more than 15,000 acres spread across
15 150 parks, beaches, natural areas, parkways, pools and trails; and
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17 WHEREAS, access to public parks and open spaces help Milwaukee County
18 achieve its vision of racial equity and driving change to become the healthiest county in
19 Wisconsin (File No. 19-397 and 20-174); and
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21 WHEREAS parks and recreation promotes health and wellness by improving the
22 physical and mental health of residents who visit parks; and
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24 WHEREAS parks and recreation promotes time spent in nature, which positively
25 impacts mental health by increasing cognitive performance and well-being, and
26 alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and
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28 WHEREAS parks and recreation encourages physical activities by providing
29 space for popular sports, hiking trails, swimming pools and many other activities
30 designed to promote active lifestyles; and
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32 WHEREAS, parks and recreation is essential and adaptable infrastructure that
33 makes our communities resilient in the face of natural disasters and climate change;
34 and
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36 WHEREAS, Milwaukee County adopted File No. 20-174 in April 2020, creating
37 Chapter 108 of the Milwaukee County Code of General Ordinances with the stated goal
38 of achieving racial equity in order to make Milwaukee County the healthiest county in
39 Wisconsin and with the mission of enhancing the quality of life in Milwaukee County
40 through great public service; and
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42 WHEREAS, our parks and natural recreation areas ensure the ecological beauty
43 of our community and provide a place for children and adults to connect with nature and
44 recreate outdoors; and
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46 WHEREAS, the U.S. House of Representatives has designated July as National
47 Parks and Recreation Month in recognition of the importance of parks and recreation
48 facilities nationwide; and

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50 WHEREAS, the Committee on Parks and Culture, at its meeting of June 16,
51 2023, recommended adoption of File No. 23-646 (vote 4-0); now, therefore,

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53 BE IT RESOLVED, the Milwaukee County Board of Supervisors hereby
54 recognizes the valuable role Parks and Recreation plays in in community wellness and
55 designates July as Park and Recreation Month in Milwaukee County.

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58 06/16/23
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