



# Milwaukee County

Marcia Coggs Human  
Services Center  
1220 W. Vliet St.  
Milwaukee, WI 53205

## Meeting Agenda Commission on Aging

*Janice Wilberg, Ph.D*  
*Chair; Commission on Aging*  
*Chair, Advisory Council*

*Amber Miller*  
*Vice Chair; Commission on Aging*  
*Chair, Service Delivery Committee*

*Terrence Regan Moore, Sr.*  
*Secretary, Commission on Aging*

*Elliot Moeser Ph.D*  
*Legislative Officer, Commission on Aging*  
*Chair; Advocacy Committee*

*Sequanna Taylor*  
*County Supervisor*

*Eugene Guskowski, AIA*  
*Chair, Select Committee on Senior Centers*

*Gloria Miller*  
*Chair, Wellness Committee*

*Ronald Byington - John Griffith - Jon Gaines, MBA, CPA - Paula  
Penebaker, B.S. - Cherie Swanson - Cindy Van Vreede*

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Wednesday, May 17, 2023

1:30 PM

In-Person Meeting: Wauwatosa Health  
Department 7725 W. North Avenue, Wauwatosa

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### WELLNESS COMMITTEE MEETING

#### AGENDA

- I. Call to Order and Introductions (Gloria Miller)
- II. Review and Approval of the March 15, 2023 Wellness Committee meeting minutes

[HRA23-93](#)

Wellness Committee Minutes March 15, 2023

Attachments: [Wellness Committee Minutes March 15, 2023](#)

- III. **Information Item: Wellness Workshops Update (Jennifer Lefeber)**
  - a. **Healthy Living with Diabetes**
- IV. **Information Item: Living Well With Chronic Conditions Programs (Jennifer McAlister and Shai Wise, Alzheimer's Association - WI Chapter)**
- V. **Information Item: Milwaukee County Area Agency on Aging (Dan Idzikowski, Aging Service Director)**
- VI. **Discussion Items**
  - a. **Mailed Toolkit/Telephone Workshops - Strategies for reaching homebound participants**
- VII. **Upcoming Wellness Committee 2023 Meeting Dates**
  - a. **September 20 at 1:30-3:00pm (Virtual)**
  - b. **November 15 at 1:30-3:00pm (Wilson Park Senior Center, 2601 W. Howard Ave. Milwaukee)**
- VIII. **Wellness Committee Members & Guests – Updates on Resources and Opportunities for Older Adults**
- IX. **Adjournment**

**ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, 278-3932 (voice) or 711 (TRS) upon receipt of this notice.**