# Monica T. Deluhery, Psy.D.

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### WORK EXPERIENCE

### Craig Yabuki Mental Health Walk-In Clinic

April 2024-current

Milwaukee, Wisconsin

- Part-time Therapist
  - o Provide crisis intervention to children and adolescents experiencing acute mental health issues.

#### Wauwatosa School District

September 2020 – current

Wauwatosa, Wisconsin

- Substitute Teacher
  - o Long-term and short-term substitute teaching in elementary, middle school, and high school classes.

# **EDUCATION**

# The Chicago School of Professional Psychology

2002-2008

Chicago, Illinois

- Master of Arts degree June 2005
  - Dissertation defended July 2006
- Psy.D, child/adolescent track August 2008

Miami University 1998-2002

Oxford, Ohio

• B.A.- Psychology

### **CERTIFICATION & LICENSURE**

Wisconsin Psychology License

May 2010 - Current

### POST-DOCTORAL FELLOWSHIP, INTERNSHIP & PRACTICA

# Childynamics, LLC

Wauwatosa, WI

September 2008 - July 2009

- Post-doctoral Fellowship 40 hours/week
  - o Provided individual, group, and family therapy to underserved children ages 4-13 referred to the agency due to behavioral and emotional difficulties at home and school.
  - Case management including attending collateral, school, and treatment team meetings.
  - o Supervisor: Isabella Sardis, Ph.D.

# **South Campus Therapeutic Day School**

June 2007-July 2008

Palatine, Illinois

- Pre-doctoral Internship, 40 hours/week
  - o APPIC-accredited 2,000-hour child and adolescent focused internship
  - O Provided individual, group, and family therapy to children and adolescents referred to the therapeutic day school by their local school district due to behavioral or emotional difficulties
  - o Supervisor: Beth Becker, M.Ed, Psy.D.

Erie House September 2006-June 2007

Chicago, Illinois

- Advanced Therapy Practicum, 24 hours/week
  - o Administered individual, group, and family therapy to primarily Latinx children ages 2-17
  - o Provided semi-formal supervision of diagnostic practicum students
  - o Supervisor: John Benitez, Ph.D.

The Wellness House August 2005-June 2006

Hinsdale, Illinois

• Therapy Practicum, 15 hours/week

- O Co-facilitated child and adolescent therapy groups whose parents were currently diagnosed with or had passed away from cancer. Also co-facilitated adult group for those diagnosed with cancer
- o Supervisor: Michael Williams, Psy.D.

### Children's Research Triangle

November 2005 - July 2006

Chicago, Illinois

• Therapy Practicum, 8 hours/week

- o Provided individual and family therapy to children and adolescents with prenatal substance exposure and diverse biopsychosocial concerns
- O Participated in ongoing research, including locating grants, literature reviews, and manuscript creation
- o Supervisor: Christine Schmidt, Psy.D.

### Children's Research Triangle

August 2004-June 2005

Chicago, Illinois

- Diagnostic Practicum, 20 hours/ week
  - O Assessed children and adolescents with prenatal substance exposure and wrote psychological reports detailing biopsychosocial issues
  - o Supervisor: Christine Schmidt, Psy.D.

#### **PRESENTATIONS**

Deluhery, M., (2007, January) *Complex Trauma in the School Setting*. Presentation at the South Campus Therapeutic Day School to school staff, Palatine, IL.

Deluhery, M., (2007, October) *Increasing Your Child's Self-Esteem*. Presentation at the South Campus Therapeutic Day School to parent support group, Palatine, IL.

Nealon-Woods, M., Gonzalvo (Deluhery), M., Friend, J., & Crea, L. (2004, June). *Social-Emotional Development – 0-3 Years*, Presentation at Carole Robertson Learning Center, Chicago, IL.

Gonzalvo (Deluhery), M., Friend, J., & Savoia, A. (2003, October) *Mental Health Issues pertaining to the Homeless Population*. Presented at The Chicago School of Professional Psychology, Chicago, IL.

### **VOLUNTEER EXPERIENCE**

# Milwaukee County Federated Library System

January 2022-present

Milwaukee, Wisconsin

- library board trustee
  - O Supports the provision of resources and services to empower the capabilities of Milwaukee County member libraries to deliver relevant and innovative library services to all Milwaukee County residents.

### Wauwatosa Public Library

July 2020-present

Wauwatosa, Wisconsin

- library board trustee
  - o Works in conjunction with library staff, the Common Council, and Mayor to plan, fund, and implement high quality library services in Wauwatosa.

### McKinley Elementary School - Wauwatosa School District

September 2014-June 2022

Wauwatosa, Wisconsin

- Volunteer
  - o Lost-and-Found Volunteer Manager (2014-2021), Room Parent (2014-2021), Library Volunteer (weekly, 2015-2021), Art Room Volunteer (bi-monthly, 2016-2021)

Milwaukee, Wisconsin

- Volunteer Mentor
  - Weekly academic supporter and mentor as a behavioral reassignment school for 6th, 7th, and 8th graders with behavioral or learning challenges.

# **PERSONAL**

- Married to Matthew, Children Maleah and Miles
- Interests include cooking, domestic and international travel, reading, yoga, attending live concerts and sports
- Participated as a Fall 2023 voyager for the study abroad program, Semester at Sea