

Second half 2023 Report to the  
Service Delivery Committee of the  
Commission on Aging  
Muslim Community Health Center  
Nutrition





# Please share a success from 2023.

Tell us a story of a client who benefited from your service, or a programmatic development that was well received

MCHC had some gaming and exercise days that made a difference along with sewing classes (people concentrating and using more brain function). The games were also kid-friendly so interaction with grandchildren was beneficial. Sewing classes allowed women to learn new things as well as enjoy activities at the center.



# Please share a challenge from 2023.

- Tell us about a challenge and how you addressed it. It can be something that you were able to overcome, or not.
- MCHC received feedback at the center as what seniors would like to do in addition to some exercises or other classes. We noticed that they preferred things like word building.
- MCHC wanted to increase membership and make sure more people join classes, but many senior women felt the center was a male's club (since mostly males were attending), so we started to introduce classes that target women audience like sewing.



# Report on 2023 Performance Objectives

	Goal/Actual
Objective 1-Increase the number of members (membership decreased after Covid-19 )	120/80
Objective 2- Bring in members through some increased and new programs (activities conducted per month 6-7)	84/72
Objective 3- We reach out to all those different members who had requested new change with food venders and different programs like going to field trips	120/80



# Funding Summary

- Total Agency Budget-  
\$20,000
- ADS funding amount, and  
percentage of agency  
budget
- Contract spending



# Please share one service improvement or planned change for 2024.

-MCHC is planning is trying to increase the space for seniors to bring additional services to them.

We wanted to conduct a small game room area for them to exercise, play games, and entertain.

-Senior Buddy program with school aged kids/teenagers (with consent from parents)

