

Milwaukee County

Marcia Coggs Human Services Center 1220 W. Vliet St. Milwaukee, WI 53205

Meeting Agenda Commission on Aging

Janice Wilberg, Ph.D. Chair

Terrence Regan Moore, Sr. Vice-Chair

Brian Peters Legislative Officer Chair, Advocacy Committee

Gloria Miller Secretary Chair, Wellness Committee

Denise Callaway Chair, Advisory Council

Cindy Van Vreede Chair, Nutrition Council

Eugene Guszkowski, AIA Chair, Senior Center Committee

Amber Miller Chair, Service Delivery Committee

> Sequanna Taylor County Supervisor

George Banda Mark P. Behar, PA-C, MPAS Stephenson Crocker, BA, J.D, Marni King Paula Penebaker Jacqueline Smith

Wednesday, January 15, 2025

1:30 PM

This meeting is recorded and Live Streamed (Virtual and Audio)

In and on a Teleconference (Call In) Phone: (414) 436-3530 Phone Conference ID: 590 358 206

https://gcc02.safelinks.protection.outlook.com/ap/t-59584e83/?url=https%3A%2F%2Fteams.micr

Wellness Committee Meeting

- I. CALL TO ORDER AND ROLL (1:30 P.M.)
- II. REVIEW AND APPROVAL OF NOVEMBER 20, 2024, WELLNESS COMMITTEE MEETING MINUTES (Action Item) (1:35 P.M.)

HRA25-16 Minutes from the November 20, 2024, Wellness Committee Meeting

<u>Attachments:</u> HRA25-16 Social Isolation & Loneliness in Older Adults WellnessCommittee 2I HRA25-16 11-20-2024 Wellness Committee Meeting Min

- III. ACTION / INFORMATIONAL / DISCUSSION ITEMS (1:45 P.M.)
 - A. Informational Item: Wellness Programs Highlight: Title IIID Funding Guidelines & 2025 Facilitator Trainings for Evidence-Based Programs, Jennifer Lefeber, Health & Wellness Coordinator
 - B. Informational Item: Advocacy & Evidence-Based Prevention Programs, Emily Petersen, AAA Advocacy and Policy Manager
 - C. Discussion Item: Q&A, Emily Petersen, AAA Advocacy and Policy Manager
- IV. Discussion Item: Q&A, Emily Petersen, AAA Advocacy & Policy Manager
- V. 2025 WELLNESS COMMITTEE MEETING DATES (2:45 P.M.)
 - March 19, 2025, at 1:30-3 p.m. In-Person, Coggs, 1220 W Vliet St, Milwaukee, WI 53202
 - May 21, 2025, at 1:30-3 p.m. In-Person, Juniper Court, 3209 S Lake Dr, St Francis, WI 53235
 - September 17, 2025, at 1:30-3 p.m. In-Person, location TBD
 - November 19, 2025, at 1:30-3 p.m. In-Person, LGBT Community Center, 315 W Court St, Milwaukee, WI 53212
- VI. WELLNESS COMMITTEE MEMBERS AND GUEST UPDATES ON RESOURCES AND OPPORTUNITIES FOR OLDER ADULTS (2:50 P.M.)

VII. ADJOURNMENT (3 P.M.)

ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, (414) 278-3932 (Voice) or 711 (TRS) upon receipt of this notice.

Wellness Committee meetings are recorded and open to the public. The Chair will take public comments on each agenda item at her/his discretion.