# **In-person!**

# **2023 Summer Caregiver Workshop Series**

Learning and living well, together!

Come together with fellow caregivers and community members to build community, while learning tips to care for yourself and your loved one!

#### ESTATE PLANNING FOR CAREGIVERS

Thursday, May 18 | 10:30 a.m. | Lunch to be served Calvary Baptist Church | 2959 N. Teutonia Ave. | Milwaukee

#### AVOIDING CRISIS: PLANNING AHEAD FOR CAREGIVING AND AGING

Thursday, June 22 | 10:30 a.m. | Lunch to be served Ebenezer Church | 3132 N. Dr. Martin Luther King Jr. Drive | Milwaukee

### MILWAUKEE COUNTY AGING & DISABILITIES SERVICES

Saturday, July 29 | 9:30 a.m. | Breakfast refreshments available

Calvary Baptist Church | 2959 N. Teutonia Ave. | Milwaukee

Registration: <u>https://go.wisc.edu/dyl1oz</u> or scan the QR code.

If you are unable to register online, contact Gail Morgan at gdmorgan3@wisc.edu or call (414) 219-5124.





1220 West Vliet Street, Suite 300 Milwaukee, WI 53205 (414) 289-6874 county.milwaukee.gov/aging



Wisconsin Alzheimer's Institute UNIVERSITY OF WISCONSIN SCHOOL OF MEDICINE AND PUBLIC HEALTH Regional Milwaukee Office

1020 N. 12th Street #4180 Milwaukee, WI 53233 (414) 219-7901 wai.wisc.edu/Milwaukee Join Attorney **Stephanie Jo Shelton** of Malm & LaFave, S.C. to learn more about legal and will planning for caregivers and their loved ones. Lunch will be served during the event.

# AVOIDING CRISIS: PLANNING AHEAD FOR CAREGIVING AND AGING Thursday, June 22 | 10:30 a.m. to 12:30 p.m.

Join Milwaukee County Caregiver Support Coordinator **Kayla Steinke** to learn about steps you can take to prepare yourself and your loved ones as you age! By planning ahead, you may be able to avoid some of the financial, social, and health challenges that could arise. Then you can focus on the joys and opportunities that come while aging! Lunch will be served during the event.

# MILWAUKEE COUNTY AGING & DISABILITIES SERVICES Saturday, July 29 | 9:30 a.m. to 11:30 a.m.

Living life to the fullest is important at any age! **Milwaukee County Aging & Disabilities Services** is committed to connecting older adults and individuals with disabilities to programs to enhance their quality of life. Learn about critical supports such as burial assistance, financial navigation, transportation, senior dining, and more! Breakfast refreshments will be available.

#### Registration: https://go.wisc.edu/dyl1oz or

scan the QR code. If you are unable to register online, contact Gail Morgan at gdmorgan3@wisc.edu or call (414) 219-5124.





MILWAUKEE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES AGING & DISABILITIES SERVICES

1220 West Vliet Street, Suite 300 Milwaukee, WI 53205 (414) 289-6874 county.milwaukee.gov/aging



Wisconsin Alzheimer's Institute UNIVERSITY OF WISCONSIN SCHOOL OF MEDICINE AND PUBLIC HEALTH

Regional Milwaukee Office

1020 N. 12th Street #4180 Milwaukee, WI 53233 (414) 219-7901 wai.wisc.edu/Milwaukee