



End of Year 2025 Report Service Delivery Committee of the Commission on Aging

Life Navigators Support for Older Adult Caregivers of Persons with Intellectual or Developmental Disabilities, and Older Adults with Intellectual or Developmental Disabilities





Please share a success from the second half of 2025.

BETSY

Betsy and her father Don have worked with Liza, their Family Support Coordinator through Life Navigators, since August of 2025. Don is working on a firm Futures Plan for Betsy who has Down Syndrome. At the end of 2025, Don and Betsy were able to “test out” their plan when Don was unexpectedly hospitalized. Supports were able to be quickly mobilized for Betsy, ensuring her safety and ability to continue to engage in her daily tasks and social events. Betsy was so happy to still be able to attend her outing to see A Christmas Carol with her friends from Women’s Group while knowing her dad was being cared for. Don was able to take the needed time to focus on his own health while knowing Betsy was being cared for and enjoying herself.



Please share a challenge from the second half of 2025.

Tom

Tom came to Life Navigators when his cousin, his only natural support, was no longer able to provide much needed advocacy and assistance to him. The Life Navigators Family Support team has been working with Tom to help ensure he can continue to live in his apartment and work at the part time job he enjoys. While Tom is connected to a Long Term Care program, it has required hours of advocacy from the Life Navigators team for the system to even begin to provide the needed supports to maintain his independence. Because financial management is difficult for Tom, and no financial management support had been put in place, some of his benefits were recently at risk of being terminated. Life Navigators is continuing to provide advocacy, intervention and reassurance to prevent this from happening and ensure other necessary services are being put in place to prevent a recurrence.



Report on 2025 Performance Objectives

	ACTUAL	GOAL
Objective 1a -Life Navigators will serve up to 30 families in 2025	59	30
1b -Up to 30 families will be served in the monthly group, Coffee Connections, and community training sessions.	44	30
1c – 600 Case Management Hours will be provided	1243	600
Objective 2 85% of the clients served will show improvement in Quality of Life.	92%	85%





Report on 2025 Performance Objectives

	ACTUAL	GOAL
Objective 3 Group education programming will be presented 10 times per contract year	24	10
Objective 4 80% of clients will increase their awareness of community-based services.	85%	80%



Funding Summary

- Total Agency Budget
 - \$3,125,000
- ADS funding amount, and percentage of agency budget
 - \$55,000 – 1.8% of agency budget
- Contract spending
 - III-B 100% (\$6,150 of \$6,150)
 - III-E ARPA 100% (\$15,000 of \$15,000)
 - III-E 100% (\$33,850 of \$33,850)



Please share one service improvement or planned change for the beginning of half of 2026.

As we highlighted in past presentations, we have had an influx of interest in standby/successor guardianship. More often, families do not have individuals to serve as guardian in the future for their loved one when they are no longer able to. With this growth, we now have a number of families that have named Life Navigators as the standby or successor guardian. Our 2026 goal is to create a structure that best serves these families, both supporting them now while they are still the main support for their loved one and in the future when that is no longer possible. While this includes the typical Futures Planning and Support this program provides, there is an additional layer to making sure we also have a good picture of what future needs may be and what the hopes and dreams are of the individual themselves along with their family



Thank You!

