



<https://www.patconnaughtonfoundation.org>

### **Our Mission**

The Pat Connaughton Foundation exists to inspire and motivate young athletes to put their dreams into action—whatever their dreams may be.

Captained by Milwaukee Bucks champion Pat Connaughton, the organization is focused on making a positive impact in the hearts, minds, and futures of young athletes by making the sport of basketball accessible to kids across the world.

Through three keys of Courts, Clinics and Character, PCF offers an unrivaled experience that teaches translatable life skills such as work-ethic, teamwork, leadership, accountability, discipline and how to develop a competitive edge on and off the court. Because basketball is so much more than a game. It's a way of life.

### **Why We Do It**

The goal of the Pat Connaughton Foundation is to inspire and motivate young athletes to put their dreams into action—whatever their dreams may be. Every member of our team, whether serving on the board or volunteering on the court, must be willing to share their time, talents and energy to inspire young athletes to develop a positive mindset and belief in themselves.

We teach basketball and all the components that go into it (dribbling, passing, shooting). But our main focus and message is on hard work, teamwork, leadership, accountability, discipline, how to win in the face of adversity, healthy habits, and more. Through three keys of Clinics, Courts, and Character, PCF offers an unrivaled experience.

With encouragement from elite basketball players and coaches, young athletes gain confidence and develop the tools they need to achieve their dreams—whatever their dreams may be. Through PCF, young athletes build character, confidence, and a strong foundation for success that will help them now and throughout the rest of their lives.

### **Why Courts Matter**

A basketball court is more than a place to shoot hoops. It's where kids of all ages and backgrounds come together to play sports and learn valuable life lessons.

Research proves that kids who are active in sports are less likely to drop out of school, use illegal substances, and engage in violence. With youth athletes often defaulting to coaches and trainers as their primary source for motivation and skill-building, it becomes a natural progression for them to learn life skills from those same mentors. More than just a game, organized sports help young athletes develop key attributes like character, discipline, and teamwork.

#ConnaughtonCourts is about giving back to the community and paying it forward to the next generation of student athletes. With access to a #ConnaughtonCourt, the school or recreation center is able to extend its programming to outside athletic groups, and kids from all walks of life are given the opportunity to pursue their biggest dreams.