



# Milwaukee County

Marcia Coggs Human  
Services Center  
1220 W. Vliet St.  
Milwaukee, WI 53205

## Meeting Agenda Commission on Aging

*Janice Wilberg, Ph.D*  
*Chair; Commission on Aging*  
*Chair, Advisory Council*

*Amber Miller*  
*Vice Chair; Commission on Aging*  
*Chair, Service Delivery Committee*

*Terrence Regan Moore, Sr.*  
*Secretary, Commission on Aging*

*Elliot Moeser Ph.D*  
*Legislative Officer, Commission on Aging*  
*Chair; Advocacy Committee*

*Sequanna Taylor*  
*County Supervisor*

*Eugene Guskowski, AIA*  
*Chair, Senior Center Committee*

*Gloria Miller*  
*Chair, Wellness Committee*

*Denise Callaway*  
*Chair, Advisory Council*

*George Banda - John Griffith - Jon Gaines, MBA, CPA - Paula  
Penebaker, B.S. - Brian Peters - Cherie Swanson - Cindy Van  
Vreede*

---

Wednesday, November 15, 2023

1:30 PM

Wilson Senior Center  
2601 W Howard Ave.  
Milwaukee, WI 53221

---

### Wellness Committee Meeting

### AGENDA

- I. CALL TO ORDER AND ROLL
- II. REVIEW AND APPROVAL OF THE SEPTEMBER 20, 2023 WELLNESS COMMITTEE MEETING MINUTES

[HRA23-215](#) Wellness Committee Meeting Minutes September 20, 2023

Attachments: [HRA23-215 Wellness Committee Meeting Minutes September 20 2023](#)

**III. INFORMATION ITEM: Wellness Workshops Update (Jennifer Lefeber)**

**a. Savvy Caregiver and Powerful Tools for Caregivers**

**IV. INFORMATION ITEM: NATIONAL FAMILY CAREGIVER MONTH (Kayla Steinke, Caregiver Support Coordinator, Milwaukee County)**

**V. DISCUSSION ITEMS:**

**i. Building Wellness Committee Membership – Who is not at the table that should be?**

**VI. UPCOMING WELLNESS COMMITTEE MEETING DATES**

**a. 2024 Meeting Dates and Locations**

**VII. WELLNESS COMMITTEE MEMBERS & GUESTS – UPDATES ON RESOURCES AND OPPORTUNITIES FOR OLDER ADULTS**

**VIII. ADJOURNMENT**

**ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, (414) 278-3932 (Voice) or 711 (TRS) upon receipt of this notice. Commission on Aging meetings are recorded and open to the public. The Chair will take public comments on each agenda item at his discretion.**