

2024 Report to the
Service Delivery Committee of the
Commission on Aging

Life Navigators

Family Support for Aging and Persons
with Developmental Disabilities





Milwaukee County Aging & Disabilities Services
Supporting Those with the Greatest Needs
Life Navigators Family Support



Thank you for making a direct impact!



Please share a success from the first half of 2024.

Holly is an individual with an intellectual disability who initially got connected to us via self-advocacy events. Her grandmother is her primary caregiver but has struggled with getting appropriate support and services in place for Holly. By connecting her to our events, we have been able to give Grandma some respite while also helping them both connect with formal services such as DVR, Social Security, and Long Term Care. Holly and her grandmother are continuing to work with Life Navigators' staff to put in place a plan for the future that will prevent crisis and maintain Holly's independence when Grandma is no longer able to assist



Please share a challenge from the first half of 2024.

- Karen – Karen is a woman in her 50's who has both an intellectual disability as well as challenges with mental health. Her father, Dan, is her primary caregiver. For many years, Dan has struggled with getting Karen appropriate services because there is little to no coordination between the disability and mental health service realms. Life Navigators staff is assisting in navigating the systems and identifying appropriate supports but also runs into challenges due to the system divide.



Report on Mid-year 2024 Performance Objectives

Objectives	Goal/Actual
<p>Objective 1a - Life Navigators will serve up to 30 families in 2024</p> <p>1b - Up to 30 families will be served in the monthly group, Coffee Connections, and community training sessions.</p>	<p>Goal - 30 Actual – 35</p> <p>Goal 30 Actual – 30 Unduplicated</p>
<p>Objective 2 - 85% of the clients served will show improvement in Quality of Life.</p>	<p>** 2023 surveys showed 91% of clients showed improvement</p>
<p>Objective 3 - Group education programming will be presented 10 times per contract year</p>	<p>7 Group Educational Programs have been presented so far in 2024 **In addition, 11 educational groups have been provided specifically for individuals with disabilities</p>
<p>Objective 4 80% of clients will increase their awareness of community-based services.</p>	<p>**2023 surveys showed 85% increased their awareness</p>

Funding Summary

- Total Agency Budget
 - \$2,465,000
- ADS funding amount, and percentage of agency budget
 - \$65,000 – 2.6% of agency budget
- Contract spending
 - As of 6.30.2024:

• III-B	100% (\$6,150 of \$6,150)
• III-E	0% (\$0 of \$33,850)
• III-E ARPA	90% (\$22,467 of \$25,000)



Please share one service improvement or planned change for 2024

When helping families plan for the future of their loved one, one of the biggest barriers we can face is the lack of affordable legal resources. Life Navigators will be looking to identify additional legal resources for families.

Many families put off guardianship because they can not afford an attorney to help them through the process. As a result, individuals may be left vulnerable and without support when their caregiver is gone. David's story is just one example.



