# MENTAL HEALTH OUTPATIENT (MHOP) Health and Human Needs Committee July 17, 2013

#### **Access Clinic**

The Access Clinic is a behavioral health clinic that provides services to uninsured adults in Milwaukee County. As a bridge to the community for mental health services, the clinic offers crisis intervention, assessment, and/or referrals to the community. Individuals have their clinical needs assessed and receive a referral for services, whether for therapy, medication assessment, or both. In 2011, the Access Clinic was re-designed to provide referrals for outpatient therapy thru the Mental Health Outpatient (MHOP) provider network, reduce wait times, and increase customer services. Now all individuals who present for services at the clinic receive an assessment with a clinician the same day. In 2012, 6,552 individuals received services at the clinic, which was a 34% increase from 2011.

## **Medication Evaluation/Psychiatry Services**

Through a purchase of service contract with the Medical College of Wisconsin (MCW) and Outreach Community Health Center, the Behavioral Health Division (BHD) ensures access to psychiatry services for individuals identified at the Access Clinic in need of a medication assessment and evaluation. These services are provided at two locations in the county: one in Wauwatosa (MCW) and the other on the north side at Outreach.

## Mental Health Outpatient (MHOP)

Outpatient mental health service delivered at agencies within the fee-for-service network of WIser Choice within the Community Services Branch. There are 8 agencies providing treatment services in MHOP and all carry dual certification in DHS 35 (mental health outpatient) and DHS 75.13 (substance abuse outpatient). These are therapy services for individuals identified at the Access Clinic in need of mental health treatment services.

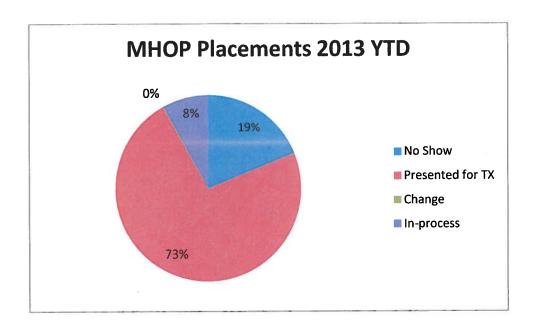
## **Key Points**

- Reduction was for MHOP only and has no service or fiscal impact at the Access Clinic or the psychiatry services.
- Reduction was made to ensure adequate funding within the fee-for-service network was sustained for the entire 2013 calendar year.
- Reduction in MHOP aligns the therapy with industry standards for care for outpatient mental health treatment.
- 4 units per week (1 hour) are available as either and individual or group therapy episode.
- Exceptions are always considered if an individual needs more than the initial approval.
- Increased outpatient hours or referral to Day Treatment, if clinically appropriate, will be reviewed and approved on a case by case basis.
- Fiscal review of MHOP spending occurs and will continue to occur every two weeks.

## **Current MHOP**

Placements 2013 YTD

Count of C_ID	Column Labels							Grand
Row Labels	Jan	Feb	Mar	Apr	May	Jun	Jul	Total
		1			1			2
APC - Lisbon Ave.	22	13	19	9	14	2	1	80
APC - W Oklahoma Ave.	19	7	15	5	15	11	6	78
Bridge Health Clinics -								
Virginia	21	15	17	24	33	8	2	120
Fokus Family Services	22	13	14	14	19	2	3	87
Guest House	13	12	11	10	12	6	1	65
HHC - Burleigh	22	26	19	45	15	7	5	139
HHC - Howell Ave	21	13	12	17	9	2		74
HHC - S. 60th St	6	10	7	7	8	2		40
La Causa - AODA	19	7	14	24	14	3	2	83
Meta - Weil	5	6	2	6	5	3		27
UCC - S. 6th St.					5		1	6
<b>Grand Total</b>	170	123	130	161	150	46	21	801



Admissions 2013 YTD 628 of those 43 from December 2012 Placements

341 individuals authorized and continuing to receive services post June 13, 2013. The number of encounters totaled 665 for these individuals or an average of 2 encounters each within the last month.

Initial plan was to serve 250 individuals annually with the budget allocation.