



# Milwaukee County

Marcia P. Coggis Health  
and Human Services  
Center  
1230 W. Cherry St.,  
Milwaukee, WI 53205

## Meeting Agenda

### Commission on Aging

*Commissioner Janice Wilberg, Ph.D. Chair*  
*Commissioner Terrence Regan Moore, Sr., Vice-Chair*  
*Commissioner Brian Peters. Legislative Officer; Chair, Advocacy  
Committee*  
*Commissioner Gloria Miller, Secretary*  
*Commissioner Amber Miller, at Large Executive Committee;  
Co-Chair, Service Delivery Committee*  
*Commissioner Denise Callaway, Chair, Advisory Council*  
*Commissioner Cindy Van Vreede, Chair, Nutrition Council*  
*Commissioner Eugene Guskowski, B.S., MArch; Chair, Senior  
Center Committee*  
*Commissioner George Banda, Co-Chair, Service Delivery  
Committee*  
*Commissioner Jacqueline Smith, Chair, Wellness Committee*  
*Commissioner Sequanna Taylor, County Supervisor*  
*Commissioner Mark P. Behar, PA-C, MPAS*  
*Commissioner Marni King*  
*Commissioner Paula Penebaker*  
*Commissioner Crocker Stephenson*

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Wednesday, November 19, 2025

1:30 PM

LGBT Community Center  
315 W. Court Street  
Milwaukee, WI 53212

JOIN VIA TEAMS

Click Link Above

Phone: 414-436-3530

Phone conference ID: 427 165 426#

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### Wellness Committee Meeting

- I. CALL TO ORDER AND ROLL, CHAIR JACQUELINE SMITH (1:30 P.M.)
- II. REVIEW AND APPROVAL OF MARCH 19, 2025, MAY 21, 2025, and SEPTEMBER 17, 2025 WELLNESS COMMITTEE MEETING MINUTES (Action Item) (1:45 P.M.)

[HRA25-249](#) May 21, 2025, Wellness Committee Meeting Minutes

Attachments: [HRA25-249 Sept 17 2025 Draft of WELLNESS COMMITTEE MEETING](#)

[HRA25-249 2025-03-19 Wellness Committee Minutes](#)

[HRA25-249 2025-05-21 Wellness Committee Minutes](#)

**III. ACTION / INFORMATIONAL / DISCUSSION ITEMS (1:50 p.m.)**

**A. Informational Item: Introduction of new Wellness Committee Member, Julia Means**

**B. Informational Item: Importance of Aging and Heart Health and Updated Blood Pressure Guidelines, Zachary Wilks-Metrou, American Heart Association**

**C. Informational Item: Senior Center Blood Pressure Hub and Heart Health Initiative Update, Community Health Coordinator Kaisa Kerrigan**

**D. Discussion Item: 2026 Wellness Committee Meeting Locations, Chair Jacqueline Smith**

**IV. 2026 WELLNESS COMMITTEE MEETING DATES (2:45)**

- January 21, 2026, from 1:30-3:00pm (TBD)
- March 18, 2026, from 1:30-3:00pm (TBD)
- May 20, 2026, from 1:30-3:00pm (TBD)
- September 16, 2026, from 1:30-3:00pm (TBD)
- November 18, 2026, from 1:30-3:00pm (TBD)

**V. WELLNESS COMMITTEE MEMBERS & GUEST - UPDATES ON RESOURCES AND OPPORTUNITIES FOR OLDER ADULTS (2:50 p.m.)****VI. ADJOURNMENT (3:00 P.M.)**

**ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, (414) 278-3932 (Voice) or 711 (TRS) upon receipt of this notice.**

**Commission on Aging meetings are recorded and open to the public. The Chair will take public comments on each agenda item at her/his discretion.**