Mid-year 2025 Report to the Service Delivery Committee of the Commission on Aging SOCIAL PROGRAMMING FOR FIVE COUNTY-OWNED SENIOR CENTERS

Please share a success from the first half of 2025.

Timothy began volunteering at the Washington Park Senior Center Dining Site in 2022. Having spent most of his adult life in a group home, he found himself feeling bored and somewhat isolated. He was seeking a place to connect with others. Volunteering gave him a sense of purpose, and he shared how rewarding it was to feel useful despite the challenges of living with disabilities. He found joy in serving others and quickly became a daily volunteer.

Earlier this year, Timothy began facing mobility challenges, which made some of his dining tasks difficult. At times, he struggled with balance and feared that his ability to volunteer and maintain the sense of purpose he had built would be taken from him. The center's staff worked closely with Timothy, offering accommodations that allowed him to safely continue performing the tasks he loved.

Timothy remains a cherished figure at the Washington Park Dining Site, always greeting everyone with his bright smile and infectious laughter.





Please share a challenge from the first half of 2025.

• The county contract covers about 55% of the operating costs for the senior centers, requiring SOA to fundraise to cover the shortfall. SOA raises over \$400,000 annually to support programming at these centers. Despite these efforts, less than 2% of philanthropic funding is directed toward older adults—a strikingly low figure. Compounding the issue this year, limited grant opportunities and a decline in private donations have made securing the necessary funds even more challenging.



Report on 2025 Performance Objectives

	ACTUAL	GOAL
Host programs/workshops throughout 2025 that encompass the Eight Dimensions of Wellness	44	90
Community outreach events in an effort to connect seniors to community resources	170	400
Create and disburse publications to participants and the community at large to promote the senior centers and its activities	22	20



Report on 2025 Performance Objectives

	ACTUAL	GOAL
Collaborate or partner with new organizations across the 5 senior centers	7	10
Increase the number of unduplicated participants by 4% as compared to previous year-end statistics.	3634	4% 4870
Host evidence-based classes across the 5 senior centers.	2	5



Senior Centers in action











Report on 2025 Performance Objectives

	ACTUAL	GOAL
Diner registration forms shall be completed initially and annually. Nutrition risk factors of participants shall be reviewed. Participants scoring a 5-9 on the DETERMine are considered "at risk" those scoring a 10 or more are considered "at high risk", nutritionally. Additionally, the Malnutrition Screening Tool (MST) a score of 2 or greater is considered at risk for Malnutrition. These scores will be reviewed when completed by each diner. Any diner considered at risk shall be given the Nutritional Intervention Handout and referred to any supports needed. Goal: To see a 5-8% improvement in meal site participant scores over the calendar year.	In Progress	
Increase awareness of Nutritional Problems that affect older adults	In Progress	
Increase the average number of monthly diners across the agency by 2.5%	1084	2.5% (716)
Increase the average number of congregate meals served by 2.5%	25,392	2.5% (56,735)











Funding Summary

Total Agency Budget:

\$2,091,400

ADS funding amount, and percentage of agency budget:

\$1,225,000 / 58.5%

Contract spending to date:

\$566,587



Please share one service improvement or planned change for the second half of 2025.

SOA will look for ways to expand the organizations program offerings, ensuring alignment with community needs and interest that are intentional, impactful and relevant.



Senior Centers in action







