



NUTRITION ADVISORY COUNCIL MEETING MINUTES APRIL 23, 2024

The Nutrition Advisory Council members convened virtually on April 23, 2024. Members and attendees joined the virtual meeting, which was hosted on Microsoft Teams by video and conference call.

Members Present:

Commissioner Cindy Van Vreede, Chair
Jenice Kling – Kelly Park
Dan Lagerman - Franklin
Sally Linder – Indian Council
Jeffrey Majchrzak – South Milwaukee
Douglas Tadeyeske - Kelly
Gloria Webster – Washington Park

Staff Present:

Debra Horton, DHHS
Bailey Knutson, DHHS
Vonda Nyang, DHHS
Lorie O'Connor, DHHS
Gaylyn Reske, DHHS

Attendees from the Public

Michelle Drouillard (Goodwill)

Members Excused:

Linda Demarais - Wilson Park
Jim Sampson – Mke LGBT

MINUTES

I. CALL TO ORDER AND ROLL CALL

Chair Cindy Van Vreede welcomed the meeting attendees. The meeting was called to order at 1:30 p.m. DHHS – Aging Unit, Gaylyn Reske, Senior Meal Coordinator, took roll call.

II. REVIEW AND APPROVAL OF THE NUTRITION ADVISORY COUNCIL MEETING MINUTES FROM JANUARY 23, 2024, and APRIL 23, 2024.

Due to a non-quorum of members Nutrition Advisory Council minutes are tabled until the next meeting on July 23, 2024.

MOTION: To accept the January 23, 2024, Nutrition Advisory Council meeting minutes.

ACTION: Motion prevailed by unanimous consent (Moved, Second)

III. ACTION/ INFORMATIONAL/ DISCUSSION ITEMS

A. Action Item: Election of Nutrition Advisory Council Co-Chair, Chair Cindy Van Vreede

- Gaylyn Reske informed the group that we need to nominate and vote on a Nutrition Advisory Council Co-chair. The position is a two-year term. Duties of the co-chair would take the place of Chair Cindy Van Vreede if she is unable to attend a meeting for any reason in her absent. That person would lead the meeting. Please consider nominating a fellow member or yourself for the co-chair position. Make a difference by playing an active role in advocating for essential nutritional support and services for the seniors in our community.

B. Discussion/ Action Item: Request by Goodwill Industries to raise suggested contribution rate from \$3.00 to \$4.00.

- Gaylyn Reske led the discussion with the group that there has been a request by our Meals on Wheels vendor Goodwill to consider raising the suggested contribution rate from \$3.00 to \$4.00 per meal, and in order to provide more program income for our Senior nutrition budgets, that kind of request needs to be approved by the Nutrition Council and then, pending that approval would go to the Commission on Aging for further discussion and approval.
It is just a suggested contribution, people you know, contribute what they can, whether it is monetary or with their time and talents, by volunteering in the program.

IV. "Senior Dining Program Coordinator Report" Gaylyn Reske, RDN, CDN (Informational)

- Gaylyn Reske gave a few updates. The first one is a new dine out restaurant ***Ruby Jays*** joining the program on May 7th, it is located 4734 West Lisbon Avenue, Milwaukee, WI.
They will be serving four different menu choices:
Soup & Sandwich
Chicken & Rice Bowl
Entrée & 2 Sides (Choose One) Meatballs & Gravy
Smothered Chicken, Sides (Choose two) Mashed Potatoes & Gravy, Mixed Vegetables, Green Beans & Dinner Roll.
- We do have two breakfast options, Rise and Grind Café, which is open on Monday mornings, and Orenda Café which is open on Wednesday mornings and just a reminder you do not need a reservation to eat at the Dine Out restaurants.

- As of May 1st, the Congregate Dining Sites that are serviced by Davians will be returning back to providing chocolate milk as a milk option.
- Gaylyn mention in the meeting that Lorie O'Connor created a flyer with a QR code to received feedback from diners regarding if they had any comments/concerns about the meal program or meal options they can use the QR code, email, or text message. For example, if a diner is at a meal site, they see the flyer and if they have a smartphone, they can enter their comments/concerns experience or meal options right there at the meal site. Traditionally, we will have to do annual survey to put that information out about the comments of the meal program. Now we can get that feedback right away. Those comments are coming directly to us in the senior dining program.
- Hart Park Senior Center is being remodeled and their last day of service was March 15th, and their anticipated to be under construction through October.
Most of the diners have gone to Washington Park Senior Center and Elks Lodge.
- Lastly, due to staffing issues, South Milwaukee had to close temporarily while we did not have the staff to maintain the senior dining program, but it was closed for about 6 days. They are reopened today for in-person dining.

V. NUTRTION ADVISORY COUNCIL MEMBER COMMENTS

No new business from the members

VI. NUTRTION ADVISORY COUNCIL PUBLIC COMMENTS

No Comments from Public

VII. ADJOURNMENT: Meeting adjourned at **2:00 p.m.**

Motion to Adjourn (Lagerman /Tadeyeske Second).

The next Nutrition Advisory Council meeting is scheduled for July 23, 2024, at 1:30 p.m. a virtual meeting.

Respectfully submitted,

Debra Horton
Secretarial Assistant