

# Presentation on the Behavioral Health Division's Wraparound Milwaukee Program for the Milwaukee County Health and Human Needs Committee

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## What is Wraparound Milwaukee

- A publically operated system of care providing comprehensive behavioral health services and supports to children and adolescents with serious emotional and mental health needs and their families
- It was developed in 1995 as part of a re-design of the Childrens Mental Health System in Milwaukee and under a \$15 million federal SAMHSA grant
- The impetus was the overutilization of institutional care i.e. psychiatric hospitalization, residential treatment and juvenile correctional placements which was causing budgetary issues for Milwaukee County and after studies showed poor outcomes and high recidivism rates for youth leaving these facilities

## Structure of Wraparound Milwaukee

- Wraparound Milwaukee is organized as a special managed care entity under the 1915a provision of the Social Security Act which allows it to function as a type of HMO for a specific Medicaid eligible population (youth with serious emotional disturbance) within a specific geographical area (Milwaukee County)
- There are currently about 900 enrolled youth/families( 650 in Court-Ordered Wrap./250 in REACH)
- 2009 Winner of Harvard University's – Kennedy School of Government as the "Best Innovation in American Government"

## Eligibility for Wraparound Milwaukee

- Youth must meet the State eligibility definition under the Medicaid Program
  - DSM-IV diagnosis
  - Functional or psychiatric impairment
  - Condition that is likely to persist for a year or more
  - Involvement in two or more child serving systems i.e. mental health, Child Welfare, Juvenile Justice or special education
  - At immediate risk of institutionalization in a residential treatment center, psychiatric hospital or juvenile correctional facility

## Funding of Wraparound Milwaukee

- It differs from Family Care in that it pools funds across multiple systems – not just Medicaid
- Medicaid is the single biggest funder providing \$20 million in capitated payments and \$7 million in fee-for-service payments (for mobile crisis and crisis stabilization services)
- Child Welfare contributes about \$10 million in case rate funding for Child Welfare youth and Delinquency/Court services about \$9.8 million in fixed funding for delinquent youth

## Funding of Wraparound Milwaukee – cont'd

- Using the pooled funds, Wraparound Milwaukee is the single payor for all services for enrolled youth including their mental health and substance abuse needs, support services i.e. mentors, employment, housing, parent aide, etc. and all placement costs i.e. foster care, group care, residential treatment, psychiatric inpatient care, etc
- The advantages to pooling funds in this manner is that they are “de-categorized” and can be flexibly spent to better meet the needs of youth and families
- While in Wraparound Milwaukee, the youth is enrolled in the Wraparound Milwaukee HMO and exempted out of their regular HMO for their behavioral health needs
- The 1915a and actuarial basis for the capitation rate are reviewed annually by the Dept of Health and must be approved annually by the Center for Medicaid/Medicare Services (CMS)



## Philosophy of the Wraparound Approach

- Strength-based--Build on Strengths vs. Deficits
- Individualized
- Family directed
- Community-based
- Collaborative—"One Family One Plan"
- Holistic (treating the child in the context of the family)
- Unconditional



## Components of the Delivery System

- Care Coordination
- Child & Family Team
- Family Advocates—Support/Advocate for Families
- Provider Network with comprehensive benefit plan
- Mobile Crisis—24/7 Availability
- Single IT system—All Providers on One System
- QA/QI/Evaluation

## Wraparound Milwaukee's Comprehensive Service Array

### Behavioral & Clinical Services

- Crisis intervention
- Individual therapy
- Intensive in-home therapy
- Evaluation
- Substance abuse therapy – individual and group
- Medication management
- Day treatment
- Special therapy i.e. behavioral management team

### Placement Services

- Acute hospitalization
- Foster home and treatment foster home
- Group home care
- Residential treatment
- Crisis/residential, group care, treatment foster care
- Supported independent living

### Other Supportive

- Camps
- After school
- Suspension accountability
- Transportation
- Interpretive services
- Equine therapy
- Consultation with other professionals

### Supportive Services

- Mentors
- Crisis I-I stabilizer
- Tutor
- Parent/family aide
- Life coach – independent living
- Employment preparation and placement
- Job – internship
- Other

### Respite

- Crisis/planned respite
- Residential respite

### Service Coordination

- Care Coordination

### Discretionary

- Flex Funds
- Clothing
- Food/groceries
- Housing assistance
- Child care
- Furniture, appliances
- YMCA membership
- Educational expenses

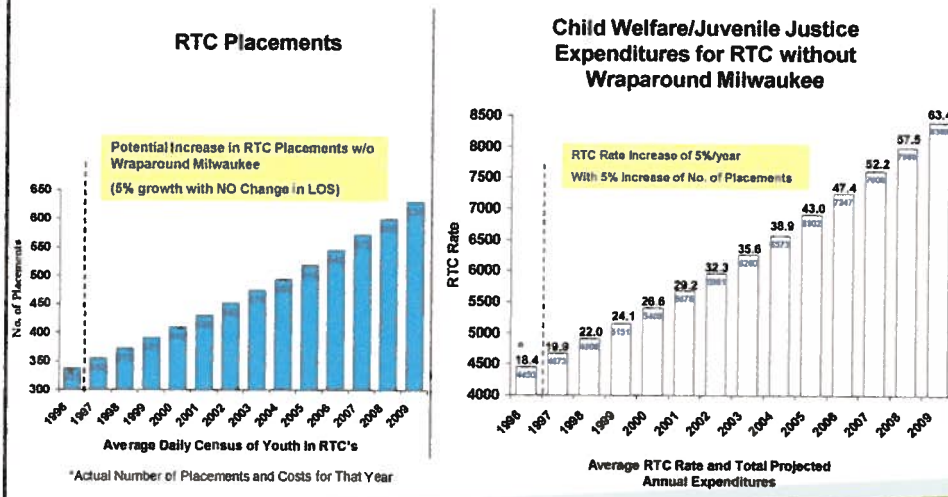
## Outcomes for the System and Youth Served in Wraparound Milwaukee

- Financial – average service cost per month for a child in Wraparound Milwaukee is \$3700 per month versus nearly \$9000 per month in a residential treatment center, over \$8000 in a juvenile correctional facility and over \$10,000 for a six day stay in a psychiatric hospital
- Programmatically – average daily population of Milwaukee County youth in residential treatment centers dropped from 375 to 80 youth, large drop in commitments of Milwaukee County youth to the Division of Corrections helped reduce need for beds at state facilities, reduction in psychiatric beds from over 250 in 1995 to less than 60 today

## Outcomes for the System and Youth Served in Wraparound Milwaukee – cont'd

- Clinically – improved functioning of youth at home and in school based nationally named normed instruments like the CBCL (Achenbach) administered at enrollment and discharge
- Recidivism – most recent study of 669 delinquent youth enrolled in Wraparound Milwaukee for a period of 15 months showed a 15.2% rate of re-offending. Among over 200 high risk youth i.e. juvenile sex offenders, etc. the rate was even lower at 6.7%
- Child Permanency – about 80% of youth achieved permanency i.e. return to parents, relations, adoptive resources or subsidized guardianship

## Residential Treatment Placements & Costs Without Wraparound Milwaukee





## Looking Forward

- Wraparound Milwaukee has initiated new federal Healthy Transition Initiative (HTI) Grant to improve transitioning of youth with serious emotional/mental health needs, 16 ½ - 24 years of age , to adulthood
  - Medical Home Model for foster care youth – new Medicaid initiative
  - Adult Wraparound Model and CMS's Innovation Challenge Grant
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