

MILWAUKEE COUNTY COMMISSION ON AGING

Aging Services Director's Report – April 2026

Administration

- Updated the **Aging website** for easier navigation and access to newsletters.
- Participated in the Milwaukee County **Age Friendly Communities** Steering Committee meetings.
- Celebrated the **retirement of Jill Knight** after 31 years of service to the AAA.
- Continued to meet with County IT Services and US Bank representatives to develop an **electronic payment system** for OAA program contributions.

Advocacy

- Attended **Reframing Aging Advisory Council** meeting.
- Selected participants and prepared for **Senior Leadership program**.
- Onboarded new **Medicare Outreach Specialist Antonio Jones**.
- Presented three community **Medicare 101** presentations.

Transportation

- Attended **Wisconsin Association of Mobility Managers** conference.
- Supported transportation policy deliberations at the **Age Friendly Communities Steering Committee** meeting.
- Attended **MobiliSE Transit Advocacy Policy** committee and summit.
- Presented transportation options at **Wilson Senior center** advisory.

Senior Centers

- Developed new **FabLab equipment list** for Clinton Rose crafting area.
- Held two site visits at **short term alternatives** for former **McGovern participants**.
- **Remodeling of the Clinton Rose Senior Center** first floor is complete and will now move to the 2nd floor including **arts, crafts, dance, and fitness**.

Nutrition Services

- **An Ox Café** on 7411 W. Hampton Avenue focused on southeast Asian cuisine will join the Senior Dine-Out program at the end of April.

Health & Wellness

- Purchased **Si Yo Puedo (SYP) Controlar Mi Diabetes** license from Texas AgriLife to provide Spanish Language Evidence Based diabetes course.



- Attended **Wisconsin Owns Wellbeing** regional meeting on developing proactive health strategies.
- Co-chaired quarterly **Milwaukee County Falls Prevention Coalition**.
- Met with Milwaukee County Behavioral Health to explore path forward to continuing program addressing older adult **loneliness and social isolation**.
- Hosted **10 Health & Wellness** workshops including **Gente Fuerte**.

Caregiver Support

- Caregiver Support Team participated in a variety of community outreach and education events:
 - Pastors Summit Brunch: Brain Health and Caregiver Support
 - Wisconsin Alzheimer's Institute Breaking the Silence Community Event
 - Thriving While Caring: Practical Tools for Dementia Caregivers at Brentwood Church of Christ
 - Mama Joe Project Community Engagement Forum
 - Care the Cancer Caregiver event at MCW Center for Cancer Discovery
- Caregiver Support staff received training from the ADRC I&A Team to be able to directly enter referrals for Meals on Wheels, OATS, and Options Counseling into PeerPlace to support No Wrong Door efforts across ADS.
- Submitted 2025 Fiscal Report for Alzheimer's Family and Caregiver Support Program to WI DHS.
- Kayla Steinke invited to speak at the USAging Answers on Aging national conference in May. Kayla will be presenting on caregiver coalition building.
- Established caregiver support grants with **119 households in 2026**.

Senior Companions Program

- Submitted FFY 2027 Americorps Senior Companions renewal application.
- Received WI-DHS support match grant for \$85,000+

Health and Wellness Workshops:

New wellness workshops in April. Transportation available through OATS. SIGN UP NEAR YOU!

Boost Your Brain: 8-week program with a holistic approach to improving brain health.

Wednesdays, April 1 - May 20, 9:30 - 11:00am

Inspection Conference Room, Franklin City Hall, 9229 W Loomis Rd, Franklin

To register, call: 414-425-9101

Fridays, April 10 - May 30, 9:00-10:30am

Wauwatosa Hart Park Senior Center, 7300 W Chestnut St, Wauwatosa **To register call: 414-731-0891**



Healthy Living with Diabetes: 6-week workshop for adults with pre-diabetes or type 2 diabetes. Learn more about healthy eating, stress management, exercise and relaxation.

Tuesdays, April 14 - May 19, 11:00am - 1:30pm

Clinton Rose Senior Center, 3045 N Dr MLK Dr, Milwaukee **To register call:** 262-427-8530

Stepping On: 7 week Falls Prevention and Balance Training course for older adults.

Wednesdays, April 8 - May 20, 9:30 - 11:30am

Location: Hart Park Senior Center, 7300 Chestnut Street, Wauwatosa **To register call:** [414-479-8936](tel:414-479-8936)

Wednesdays, April 8 - May 20, 1:00 - 3:00pm

Oak Creek Civic Center (8040 S 6th St, Oak Creek) **To register call:** 414-766-7950

Wednesdays, 4/15/26 - 5/27/26, 10:30a - 12:30p

Location: Aurora West Allis Medical Center (8901 W Lincoln Avenue, West Allis)

To register call: [414-328-6633](tel:414-328-6633)

Tuesdays, April 21 - June 9, 9:15 - 11:15am

Froedert Community Conference Room 3 (8700 W Watertown Plank Rd, Wauwatosa)

To register call: 414-777-7700

Free with a \$20 refundable deposit

Thursdays, April 23 - June 4, 1:30 - 3:00pm

Aurora Sinai Medical Center (945 N 12th St, Milwaukee) **To register call:** 414-219-5241

Mind Over Matter (MOM)

This program is designed to help older women prevent or improve their bladder and/or bowel incontinence. Classes meet every other week for a total of 3 sessions.

Fridays, April 10 - May 8, 9:00 - 11:00am

Oak Creek Health Department (8040 S. 6th Street, Oak Creek) **Call to Register:** [\(414\) 766-7963](tel:414-766-7963)

Gente Fuerte (En Espanol): Este programa de entrenamiento de fuerza progresivo no solo te ayudará a aumentar tu fuerza y mejorar tu salud en general. El programa se reúne durante 10 a 12 semanas.

Tuesdays and Thursdays, April 7 - June 11, 5:00 - 6:15pm

CORE El Centro (310 W Bruce St, Milwaukee)

Community Outreach Opportunities

April 21 23, 2026: **Advancing Resilience: A Falls Prevention Summit** (Virtual)

April 25, 2026: **Care for the Cancer Caregiver** at MCW Ctr for Cancer Discovery

April 27, 2025: **Transit is for Everyone** MobilISE Spring Summit at Zoofari Conf Center.



Medicare Outreach Specialist will hold office hours on the 1st floor of Coggs building to assist residents with Medicare questions. **2nd and 4th Wednesdays of the month February through September 2026.**

Appointments are available by calling **414-289-MEDI (6334)** or emailing: **medicareoutreach@milwaukeecountywi.gov.**

- [Sign up for the Dementia Friendly Milwaukee Newsletter](#)
- [Sign up to receive the Milwaukee County ADRC Resource Report](#)
- [Sign up to receive Aging Advocacy Alerts](#)