



Milwaukee County

Marcia Coggs Human
Services Center
1220 W. Vliet St.
Milwaukee, WI 53205

Meeting Agenda Commission on Aging

Janice Wilberg, Ph.D.
Chair

Terrence Regan Moore, Sr.
Vice-Chair

Gloria Miller
Secretary
Chair, Wellness Committee

Eugene Guskowski, AIA
Legislative Officer
Chair, Senior Center Committee

Brian Peters
Chair, Advocacy Committee

Denise Callaway
Chair, Advisory Council

Cindy Van Vreede
Chair, Nutrition Council

Amber Miller
Chair, Service Delivery Committee

Sequanna Taylor
County Supervisor

George Banda
Mark P. Behar, PA-C, MPAS
Stephenson Crocker, BA, J.D,
Paula Pennebaker
Cherie Swenson

Wednesday, March 20, 2024

1:30 PM

This meeting is recorded and Live Streamed
(Virtual and Audio) In and on a Teleconference
Phone (312) 626-6799 U.S. Meeting ID: 860 6920
6661 Passcode: 890751

Wellness Committee Meeting

AGENDA

- I. CALL TO ORDER AND ROLL
- II. REVIEW AND APPROVAL OF THE NOVEMBER 15, 2023 & JANUARY 17, 2024 WELLNESS COMMITTEE MEETING MINUTES

[HRA24-58](#)

Minutes from the November 15, 2023 & January 17, 2024 Wellness Committee Meeting

Attachments: [HRA24-58 Wellness Committee Meeting Minutes November 15, 2023](#)
[HRA24-58 Wellness Committee Meeting Minutes January 17 2024](#)

III. INFORMATIONAL ITEM: WELLNESS WORKSHOPS UPDATE

a. Gente Fuerte (Strong Bodies)

IV. INFORMATION ITEM: STRATEGIES FOR ENGAGING AFRICAN AMERICANS IN EBPP

V. INFORMATION ITEM: WISCONSIN INSTITUTE FOR HEALTHY AGING

VI. UPCOMING WELLNESS COMMITTEE MEETING DATES

a. May 15 at 1:30-3:30 (Greendale Public Library)

b. September 18 at 1:30-3:30 (Virtual)

c. November 20 at 1:30-3:30 (West Allis Senior Center)

VII. Wellness Committee Members & Guests – Updates on Resources and Opportunities for Older Adults

VIII. ADJOURNMENT

ADA Accommodation Requests: ADA Accommodation requests should be filed with the Milwaukee County Office for Persons with Disabilities, (414) 278-3932 (Voice) or 711 (TRS) upon receipt of this notice. Commission on Aging meetings are recorded and open to the public. The Chair will take public comments on each agenda item at his discretion.