







<u>Wisconsin Nutrition Education Program – 2012 Summary</u>

The Wisconsin Nutrition Education Program (WNEP) is the largest community based nutrition education program in Milwaukee County. By utilizing nearly \$700,000 in federal funds, it provides essential education to over 5,000 participants each year.

The two primary programs within WNEP, the Expanded Food and Nutrition Education Program (EFNEP) and the Supplemental Nutrition Assistance Program – Education (SNAP-Ed), provide limited resource families and individuals with not only the opportunity to learn about nutrition, but also the tools to apply their new skills and knowledge in their everyday life.

Our sessions are conducted in a hands-on and interactive style in a learner-centered environment. Topics include healthy eating, physical activity, food safety, meal planning and budgeting. Classes are available in English, Spanish and Hmong at no cost to eligible audiences.

SNAP-ED Program Info

- 4,841 program participants
- 113 Community Agency Partners:
 - City of Milwaukee public, charter and choice schools
 - Culture-based organizations
 - Drug and alcohol rehabilitation programs
 - Faith-based organizations
 - Family and youth-serving organizations
 - Milwaukee County libraries
 - Milwaukee County senior centers
 - Milwaukee County suburban schools
 - Programs serving those with disabilities
 - Public health centers
 - Social service/community resource agencies
 - Transitional living programs
 - o WIC sites

Program Contact Information

Milwaukee County Cooperative Extension 9501 W Watertown Plank Rd, Bldg. A Wauwatosa, WI 53226-3552 http://milwaukee.uwex.edu

Jeannie E. Berry-Matos

Nutrition Program Administrator

Phone: 414-256-4680

jeannie.berrymatos@ces.uwex.edu



EFNEP Program

- 441 parents of infants 18 yr. olds completed the 8 session nutrition education series
- Program Partners:
 - AJA Enterprise Site
 - Bay View Community Center
 - o Core! El Centro
 - Day Care Services for Children
 - Guadalupe CDC Head Start
 - Guadalupe Jo's Head Start
 - Guadalupe Murguia Head Start
 - Horizon House
 - Kagel School
 - Latina Resource Center
 - Longfellow School Parents
 - Maximus
 - Martin Luther King Center
 - Mental Health America WI
 - Meta House
 - Mill Road Library
 - Milwaukee Women's Center
 - Seeds of Health
 - Social Development Commission Head Start
 - South 61st Street Head Start
 - Walker Resource Parent Center

University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. An EEO/AA employer, University of Wisconsin Extension provides equal opportunities in employment and programming, including Title IX and American with Disabilities (ADA) requirements.